

GAMHPA

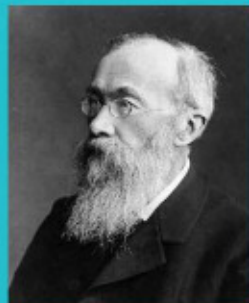
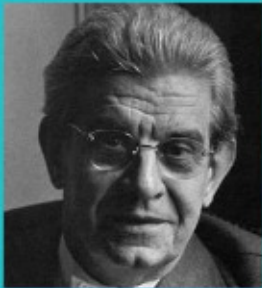
NEWSLETTER

*Your Source for
Mental Health News*

*Glendale Area
Mental Health
Professionals
Association*

*Summer 2023
Volume 31, Issue 3
Circulation 2,350*

Can You Correctly Name These Famous Figures in Mental Health?



Answers can be found on Page 14.

Highlights

- Virtual Game Night
- Virtual Networking
- Your Professional Image
- Telehealth with Children
- Electronic Client Payments
- TED Talks
- Mobile Apps

Sections

News	3
Features	6
Briefs	10
Classifieds	15
Policies	24



**Glendale Area Mental Health Professionals Association
Presents**

Virtual Game Night

**September 14, November 9
Thursdays, 7:30-9:30 p.m.**

**Come play with us at the GAMHPA Jackbox Game Night!
This is a free event on Zoom.**

**This event is open to all mental health professionals, interns, and associates.
You do not have to be a member to attend.**

**Pre-Registration is REQUIRED
and closes on the Monday night before each event.**

**To join us, go to www.GAMHPA.org.
Upon registration, a Zoom login will be e-mailed to you.**

Virtual game night will be capped to 12 participants so register early!

**If registration is already full and you would like to be added to the waitlist,
e-mail Lauren Worley at laurenworleylcsw@gmail.com.**

For questions, contact our Virtual Game Night hosts:

**Lauren Worley, LCSW
laurenworleylcsw@gmail.com
(626) 314-7477
GAMHPA Member**

**Cadyn Cathers, PsyD
cadyn@affirmativecouch.com
(323) 545-4114
GAMHPA Member**

GAMHPA Continuing Education

Pre-recorded CEUs

From our annual conferences, we offer recorded video workshops granting CEUs toward BBS licensure renewal. Watch a video of your choice for a hour, complete the course evaluation and attestation (free for members, non-members \$30 fee), then receive your certificate.

www.shrinksync.com/gamhpa-conference-2023.html

Available 2023 topics:

- Chronic Pain (1.0 BBS CEU)*
- EMDR (1.0 BBS CEU)*
- Lifespan Psychological & Neuropsychological Assessment (1.0 BBS CEU)*
- Somatic Therapy & The Community Resiliency Model (1.0 BBS CEU)*



June 2023 Virtual Networking Event

GAMHPA Networking

In June, GAMHPA hosted its sixteenth virtual networking event. In attendance, 22 participants introduced themselves, described their services, and got more acquainted.

Our virtual networking events are free. Membership is not required to join us. Everyone is welcome, including students, associates, allied professionals, and organizations.

Photo above, top row: Scott Harris, Jim De Santis, Cadyn Cathers, Mervin Maier

Second row: Melissa Dellens, Vanessa Castillo, Whitney Huhmann, Jacki Schreiber

Third row: Ben Esch, Brace Bacon, Dennis Koba, Amelia Painter

Fourth row: Jeremy Treat, Abby McCarrel, Melania Palor, Xingxing Wan

Fifth row: Kimberly Wong, Emily Sculthorpe, Regina Hernandez, Sydney Scanlon

Events

Virtual Game Night

Thursdays, 7:30-9:30 p.m.

September 14
November 9

Virtual Networking Events

Wednesdays, 12-1:30 p.m.

August 9
October 11
December 13

All are welcome, including clinicians, interns, students, associates, organizations, and allied professionals.

Reserve ahead at (818) 551-1714 or JJDeSantis@aol.com, and we will send you Zoom login information. Virtual events are free.

Registration closes the Monday night before each event.

Upon registration, you will be able to forward your promotional materials for advance distribution to attendees.



GAMHPA Mission

GAMHPA was founded in 1992 by a few local area mental health professionals in private practice. Within several years, the organization grew to over 100 members.

Our mission is to advance professional development through networking, continuing education, and public awareness.

We offer equal membership to all licensed mental health professionals, reflecting how clinicians actually cross-refer to each other based on expertise rather than discipline.

We are an interest group only and do not make referrals to the community. We are not a profit-making organization.

GAMHPA Welcomes . . .

Please welcome our newest GAMHPA members:

- Brass Tacks Recovery
- Dina DeSanctis, L.M.F.T.
- Lauren Franks, Psy.D.
- Robin Gans, Psy.D.
- Leigh Huggins, A.M.F.T.
- Mervin Maier, L.M.F.T.
- Kiel McFarland, Psy.D.
- Malia Reynolds, A.M.F.T.
- May Ross, A.C.S.W.
- Maureen Tyra, L.C.S.W.
- Natalie White, L.M.F.T.

GAMHPA membership dues have not increased in twenty years. Dues are just \$60 for licensed professionals, \$35 for students, interns, associates and allied professionals, and \$125 for group practices and organizations. Join online at www.gamhpa.org.

GAMHPA Listserv

GAMHPA member listserv

As a free, exclusive benefit of GAMHPA membership, you are entitled to participate in our active and supportive listserv, an internet discussion group.

The listserv is a rapid and effective method to communicate with colleagues. When you post your message to the listserv, it is sent out to 143 subscriber member. Anyone in the listserv may respond publicly to the community as a whole or privately only to the sender.

The listserv accepts messages seeking or offering:

- Office rental space
- Jobs & internships
- Groups & workshops
- Clinical & ethical questions
- Case consultation
- Sharing of techniques
- Events & activities
- Specialized resources

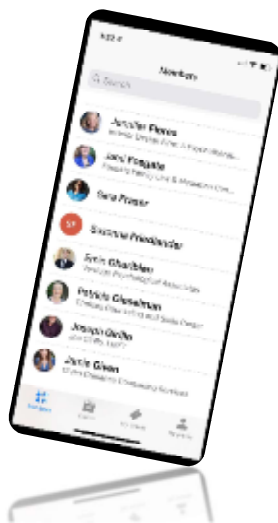
To be added to the listserv, contact our moderator at lynnemazpeitia@yahoo.com.

GAMHPA Mobile App

Free benefit of membership

Our smartphone app lets you search for specialists by diagnoses treated, modalities offered, age-range seen, insurance accepted, and second languages available.

From the Apple Store or Google Play Store, download “Wild Apricot for Members.” Enter your GAMHPA username (e-mail) and password to login. It’s that easy!



GAMHPA Virtual Game Night

GAMHPA members Cadyn Cathers and Lauren Worley have been hosting a series of fun game nights over Zoom, open to all mental health professionals, interns, and associates.

Above is a screenshot from our most recent event in July.

Photo above, clockwise from upper left: Melissa Dellens, Cadyn Cathers, Lauren Worley, Jill Lummus, Maureen Tyra

Future virtual game nights Thursday, 7:30-9:30 PM

- September 14
- November 9

Registration: www.GAMHPA.org

Questions:

Lauren Worley, L.C.S.W.
laurenworleylcsw@gmail.com

Cadyn Cathers, Psy.D.
cadyn@affirmativecouch.com

Member Benefits

Members receive a number of exclusive benefits. Members are listed in the annual membership directory that is distributed to the local professional mental health community and posted on our website. They also have access to our internet discussion group.

Members can present a talk or publish an article on a professional topic. They receive reduced rates for newsletter advertising and continuing education. Members are automatically entered in a drawing for free newsletter advertising, below. New members can submit a brief professional biography for publication in the newsletter.

Winners Of Free Advertising

In each newsletter, we randomly select six members, each awarded the opportunity to submit a display advertisement in the newsletter at no charge. This benefit can be used anytime in the next 12 months. Contact the editor to submit your ad. Congratulations go to the following winners:

- Blanca Bradley, LCSW
Center for Discovery
- Diane Eisenman, LMFT
- Cynthia Greenberg-Dunlop, AMFT
- Dale Rose, LMFT
- Chris Tickner, PhD, LMFT

Feature Article

How to introduce yourself online and in person: Creating a professional image

Lynne Azpeitia, L.M.F.T.

Currently, with so many video meetings, presentations, and events, most therapists are having to introduce themselves frequently. Generate more client referrals, job offers, and speaking opportunities by making a positive impression when you introduce yourself, online or in-person, by including the right information. Be sure to only say things that fit for you, your clients, and your practice—and always within legal and ethical guidelines.

Tip 1: Help the listener contact you later.

When you introduce yourself, include all the information a person might need to find or contact you with a referral, business opportunity, or follow-up question:

- Your full name and license status or professional designation
- Where you work: private practice, name of agency or organization
- City where your agency/organization/practice is located, even if you are only seeing clients virtually
- Clients you work with or specialties
- Your pronouns, if it fits for you or your community.

Samples:

Hi, I'm Ana Chavez, LMFT, AAMFT Approved Supervisor. I'm based in West LA where I have a private practice working in-person and remotely with clients. I work with individuals and couples and specialize in work-related stress, anxiety, and relationship issues.

Michael Weinstein, LMFT, CAMFT Certified Supervisor. In my Santa Monica private practice. I provide remote therapy sessions to clients throughout the state of California and specialize in anger management and couples in conflict. They're my favorite clients to work with.

Sandra Ho, LCSW. At the Gender Health Center in Los Angeles. In-person and virtually, I counsel children and adults who are exploring gender identity and/or sexual orientation issues and those who are trans/gender diverse. My pronouns are she, her, ella.

Tip 2: Introduce yourself.

Whenever you ask a question verbally in an online group of more than five or an in-person event, first state your full name and professional designation.

Don't hurry saying your name to get to your question, take your time. State your name each time you ask a question. Repetition of this kind is good! Optionally, include your location after your professional designation

Samples:

Said aloud: "Shuri Moore, LMFT [slight pause], my question is . . ."

Said aloud: "Shuri Moore, LMFT, Santa Monica [slight pause], my question is . . ."

As you are stating your name, this is the moment when everyone's attention is on you. Utilize it. Whether online or in-person, hearing your name makes it easy for the speaker, moderator, or person monitoring the chat to quickly pair your name with your face. Audience members appreciate knowing your full name, too.

Tip 3: Type your information.

After you introduce yourself, type your name and contact information into the chat box in a Zoom or other group video call.

Include your full name, professional designation, place you work, location, website, e-mail, phone number, and pronouns if that fits for you.

Add three or four words about who you work with. List no more than 3 or 4 words or initials (like EMDR, SE, TRM, etc.), or people will ignore it.

In the chat at the end of your contact info you can also add something about how to contact you. Contact through e-mail or text is best.

(Article continues on Page 7.)

(Article continues from Page 6.)

Sample (typed into chat box):

Shuri Moore, LMFT, Santa Monica and Online, ShuriMoore.com, ShuriMore@gmail.com, 310.123.4567 text/VM, GenZ & Millennial women. Pronouns she, her, hers.



Lynne Azpeitia, L.M.F.T.

Tip 4: Stand up.

Whenever you are at an in-person event and introducing yourself or asking a question from your seat, stand up.

Even if they bring a microphone to you, standing up allows people to see you, hear you, and take in your information better. Don't start talking until you are fully standing up to give people a moment to shift their attention to you so they don't miss the beginning of what you say.

Tip 5: Give your professional name.

For professional events, make sure your screen name is your full name, not just your first name or nickname.

In summary

The more times your full name is seen and your message is heard, the more that people will remember you. Take advantage of every opportunity. Make the most of your introductions to fill your practice and further your career.

Lynne Azpeitia, L.M.F.T., GAMHPA Board Member and AAMFT Approved Supervisor, is in private practice in Santa Monica where she works with couples and gifted, talented, and creative adults across the lifespan. Lynne has been doing business and clinical coaching with mental health professionals for more than 15 years, helping them develop even more successful careers and practices. To learn more about her in-person and online services, workshops, or monthly no-cost Online Networking & Practice Development Lunch visit www.Gifted-Adults.com or www.LAPracticeDevelopment.com.

Feature Article

Telehealth therapy for children

Rosalie Finer, Ph.D., and
Azine Graff, Psy.D.

Introduction

COVID-19 has shifted the way that we do therapy across all ages. Although telehealth is broadly defined as services provided utilizing technology, for the purposes of this article we will be specifically addressing video conferencing sessions.

While as clinicians a number of us may have anticipated challenges, especially with regard to working with children and families, in fact there have been a number of benefits which have emerged. As with any advancement, there are a number of aspects we want to keep in mind in determining the utilization of telehealth services.

1. Expanding accessibility for families

Parents, especially those with young children, often experience challenges in scheduling and traveling to sessions due to the demands of life, parenting, and other factors. At times, these challenges not only interfere with attending individual appointments, but may be barriers to accessing services at all. This may result in needs being left unmet and potential worsening of the issues for which the family is seeking support. With increased accessibility to telehealth services, this allows many families to not only address therapeutic needs

but also often provides opportunity for parent-child quality time that would have otherwise been spent traveling to the office.

2. Online therapy--A different experience than online schooling

The COVID-19 pandemic created several challenging and stressful experiences for families. One experience that sticks out for parents and children alike is the online school experience. Many parents share how their child struggled to pay attention during class time or to willingly engage online. We have seen in our work, however, that the challenges that existed for children during online schooling often have not translated to telehealth therapy sessions. They often occur one-on-one and are engaging and collaborative. School learning, on the other hand, is often passive on the child's part and requires working independently on assignments with limited support.

3. Increased comfort for children and parents

Rather than having families enter an unfamiliar office space that impacts how they engage with one another, online therapy has allowed children and parents to feel at more ease in sharing their daily experiences because it takes place in the comfort of their own home. This modality allows the therapist to enter into the more naturalistic dynamics between parents and children as

they normally occur within the environment in which they live. This allows us as therapists to have a more accurate picture of client experiences and challenges. In fact, it has been a wonderful, eye-opening experience for parents, children, and therapists alike.

4. Increased parental involvement and support

With the entrance of telehealth, parents have found greater flexibility in their schedules to engage in therapy services even when they are off-site. As a result, parents have found it easier to collaborate and follow through with strategies. With greater parental involvement, the impact of therapy further extends beyond one hour a week because it enables parents to develop and then generalize the skills to support their child.

How to address limitations to therapy

1. Technology for client

In deciding if telehealth is a good fit for a potential client/parent, it is important to consider a number of pragmatic variables before getting started. Clients/parents should consider where their sessions can take place when needing a private space (e.g., when parents are in need of sessions without their children present) and consider their

(Article continues on page 9.)

(Article continued from page 8.)

accessibility to a stable internet connection. Also, it may be helpful to remind families that their privacy may be compromised by other technologies (e.g., Alexa, Siri) that may "listen in" on conversations, so that they can choose to turn off those devices.

2. Technology and therapists

While the COVID-19 pandemic has forced providers to engage in online services to some degree, it is important to review how each individual practice is meeting their discipline's ethical and legal standards for telehealth (e.g., HIPAA compliant platform). As we usher clients into this service, we want to support them early on in preparing for implementation of this therapy modality within their home. It can be useful to orient parents and children about what to expect, remind them of the limitations of this modality, and review procedures if technical problems arise during a session (e.g., contacting them via phone if the video platform is not accessible to both parties, ensuring that a consent form is signed for an emergency contact).

3. Interventions via telehealth

Often therapists and parents alike believe that play therapy or traditional forms of therapy may be limited via telehealth, but in fact children and therapists continue to effectively utilize play and even expand the way in which they play via video sessions. Therapists and children are able to share their screens in certain situations, which

allows for play and drawing together. Additionally, therapists can schedule sessions at times in which support is most needed to provide hands-on interventions to families (e.g., scheduling sessions to address challenges around homework time).

In Conclusion

For some therapists, telehealth can feel especially challenging, and they may struggle with utilizing their skills. However, like with any innovation, positive impact on the therapy process and outcomes may often emerge. Telehealth offers unique ways to engage with clients, getting to know them deeply within their own environment and developing rich familiarity while creating ease of access.

Telehealth can offer a range of benefits to support our child clients and their families to prevent and address mental health issues. As with any form of therapy, it can be helpful for the therapist to consider the utility of this practice for themselves. Often therapists can benefit from additional training and consultation in the use of this practice for their population. As always, the unique needs of each client must be considered in determining the application of telehealth to address therapeutic needs.



Azine Graff, Psy.D. Rosalie Finer, Ph.D.

GAMHPA members, Azine Graff, Psy.D., and Rosalie Finer, Ph.D., are co-founders of Harmony in Parenting, specializing in evaluation and treatment of children and parents. They can be reached at (818) 810-7079 or www.harmonyinparenting.com.

Brief Survey

Electronic Payments

In July, GAMHPA conducted a poll on our listserv, asking: *"If you accept credit card [electronic] payment from clients, what service(s) are you currently using to process these payments?"* We received 45 responses from 143 members polled.

Number using each method:

17 use Zelle
17 use Venmo
12 use a EHR integrated service
10 use Square
9 use Ivy Pay
9 use PayPal
8 use Stripe
4 use a merchant service
1 uses Apple Cash

Number of methods that therapists use:

19 use 1 method only
9 use 2 methods
6 use 3 methods
6 use 4 methods
0 use more than 4 methods

Brief Mobile App

NOCD

Category: Health & Fitness
Rating 4-4.8 Stars
Downloads: 100K
Ages: 17+
Size: 83.1 Mb
Platforms: Android & Apple

The NOCD app offers information on 18 subtypes of OCD,

treatment options, and between-session exercises to track obsessive thoughts and practice exposure. Includes a community news & social media feed.

One caution: this app does tend to push using their in-house licensed therapists who provide video exposure and response prevention sessions.

What is a mobile app?

A mobile app is a type of software program with limited function developed to run on small wireless devices, such as a smartphone, smartwatch, or tablet computer, and performs tasks more quickly than a full software program or website.

Brief TED Talk

The three secrets of resilient people

Lucy Hone, PhD
TEDx Christchurch, NZ
Aug 2019
Duration 15:52 5M views

Resilience researcher, Dr. Lucy Hone, disclosing her own personal experience with catastrophic parental bereavement, explains three core skills of people who can thrive after an adverse event.

Resilient people:

1. Realize suffering is an inherent part of life.
2. Choose carefully where to focus their attention.
3. Evaluate whether their actions are helpful or harmful to their own mental state.

What is a TED Talk?

TED Conferences are described as "the ultimate brain spa." A non-profit organization dedicated to disseminating important ideas on a variety of topics, TED records experts in many fields---such as technology, entertainment, design, business, science, and global affairs---and posts the 4,000+ free, short, powerful, searchable videos in more than 100 languages at TED.com.

Links On Mental Health

AI is changing every aspect of psychology. Here's what to watch for

<https://www.apa.org/monitor/2023/07/psychology-embracing-ai>

Why most therapists are not legally compliant

<https://www.simplepractice.com/blog/most-therapists-arent-legally-compliant/>

Banishing therapist burnout: Reclaim your lost energy

<https://www.psychologytoday.com/us/blog/the-clarity-of-therapy/202306/banishing-therapist-burnout-reclaim-your-lost-energy>

People in psychological distress most often turn to primary care

<https://pro.psycom.net/assessment-diagnosis-adherence/depression/people-in-psychological-distress-most-often-turn-to-primary-care>

KFF survey of consumer experiences with health insurance

<https://www.kff.org/private-insurance/poll-finding/kff-survey-of-consumer-experiences-with-health-insurance/>

Long COVID 'brain fog' confounds doctors, but new research offers hope

<https://www.medscape.com/viewarticle/993981>

Headspace laid off scores of therapists. Their patients don't know where they went

<https://www.latimes.com/business/story/2023-07-07/santa-monicas-headspace-health-laid-off-therapists-patients-dont-know-where-they-went>



Glendale Sanitarium, opened in 1905, occupying the former Glendale Hotel, a 75-room 1880's Victorian, on what is now Broadway, Glendale, CA.

15 CEs for mental health professional

request a free taste of council
training for your agency by
emailing
sydney@centerforcouncil.org



COURSE CONTENT

Participants will spend 15 hours developing their understanding of, fluency with and capacity to engage in and facilitate council, **a dialogic practice of authentic expression and attentive, mindful listening**,

so as to integrate this methodology into professional settings and personal practice. This training workshop covers the history, fundamentals and nuances of the forms and modalities of council, as well as the pedagogy, intentions and language used to introduce the practice to others.

In addition to a grounding in the basic procedures and tools of council, broader applications to a variety of scenarios will be explored, along with the benefits of skillful embodiment of compassion in working with patients, interacting with colleagues and to benefit personal wellbeing and balance.

Center for Council's
Council Training 1
June 10-11
9AM-4PM
Los Angeles, CA USA
Cost: \$549

Center for Council's
Council Training 1
September 30-October 1
9AM-4PM
Los Angeles, CA USA
Cost: \$549

This workshop will be led by Center for Council Executive Director Jared Seide, author of *Where Compassion Begins* and certified council trainer with over two decades of experience leading award-winning council programs for schools, businesses, healthcare organizations, elder care facilities, prisons, law enforcement organizations and community based organizations, as well as trainings and retreats focusing on compassion, reconciliation and community-building throughout the U.S., Poland, Rwanda, France, Colombia and Bosnia-Herzegovina.

15 CE credits are available for instructional time and course activities and does not include breaks or mealtime. Course completion certificates will be awarded upon request via email and will be sent within five business days.

ABOUT US

Center for Council (CAMFT approval number 1000178) delivers programs and trainings that promote communication, enhance well-being, build community and foster compassion. Utilizing science-based methodologies, we offer a wide range of programming that integrates compassion-based skills and practices that engender greater self-awareness and self-regulation and that cultivate skillful communication, leading to more authentic, positive relationships with self, others and the environments in which we live and work. This course meets the qualifications for 15 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Center for Council is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs. Center for Council maintains responsibility for this program/course and its content. For more information or special needs, email us: contact@centerforcouncil.org.

Learning objectives for CT1 include: identifying and describing methodologies for regulating breath and stress and creating a container for reflection on personal motivation; explaining the five elements and four intentions of council practice; identifying the four planes of awareness and demonstrating the ability to assess one's own physical, mental, emotional, and energetic states; distinguishing the basic, fishbowl and spiral formats of council; identifying the physiological differences between sympathetic and parasympathetic nervous system activation; demonstrating two or more techniques for interrupting the stress response and augmenting the parasympathetic response; creating a council center and explaining the value of council talking pieces; forming council prompts and articulating the four factors that make for a successful prompt; distinguishing three or more critical elements of council practice and effective facilitation; identifying two or more factors that encourage appropriate disclosure and vulnerability; identifying 6-8 formats for council and explaining how these are utilized in varied settings; and identifying two or more valuable take-aways from the workshop.



Refund Policy: Fees are fully refundable within seven days from the purchase date and can be transferred and applied to another training offered by Center for Council up until 30 days before the original event date. Fees are non-refundable and non-transferable if canceled within 30 days of the training. To request a cancellation or transfer please contact us. Requests will be processed within ten business days. If Center for Council cancels, participants will have the option to transfer fees or receive a full refund for the cost of the training. **Grievance Policy:** Grievances shall be submitted by email to contact@centerforcouncil.org and will receive a response from staff within five business days.

**Skill-Building
Summer
Therapy Groups
& Camps for
Girls, Teens &
Young Adults!**

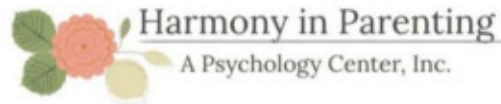


And Summer Professional Training Options Online and In-Person!

institute for *girls'* development[®]

626-585-8075 ext. 108 InstituteForGirlsDevelopment.com Pasadena, CA

Melissa J Johnson PhD (PSY 13102)



Consultations & Trainings

We at Harmony in Parenting invite you to join our individual or group consultations for professionals working with young children and parents.

Visit our website or call for more information!

(818) 810-7079

www.HarmonyinParenting.com

Growing through Connection

Therapy Services for Adults, Parents, and Children

by Rosalie Finer, Ph.D. (PSY10877) and Azine Graff, Psy.D. (PSY24847)

Expand your client care options with Prosper Hypnotherapy.

Join forces with a compassionate, certified hypnotherapist to further support your clients' therapeutic treatment.

AREAS HYPNOTHERAPY CAN ASSIST:

Anxiety and Stress	Sleep Issues
Fears and Phobias	Guilt and Shame
Self-transformation	Motivation
Pain Management	Burnout



Whitney Huhmann, C.Ht
CERTIFIED HYPNOTHERAPIST

prosperhypnotherapy.com

Can You Correctly Name These Famous Figures in Mental Health?



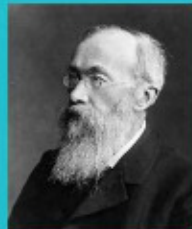
Jacques Lacan
Reinterpretation of Freud



Carol Gilligan
Women's Development



Carl Whitaker
Experiential Family Therapy



Wilhelm Wundt
Psychology as an
Independent Discipline

Above are Answers to the Quiz on Page 1

**Your quarter-page
display ad
placed right here...**

X

**...could have reached 2,350
of your best referrers
for just \$30.**

Classified Advertising

EMPLOYMENT

POST-DOCTORAL TRAINING POSITIONS. Framework Associates, in North Hollywood, is a group practice currently accepting applications for our post-doctoral training program for the 2023-2024 academic year. Additional information about our program can be found at:

<https://frameworkpsych.com/epostdoc>. To apply, e-mail the following to Elisa Leal, Psy.D., at EL@FrameworkPsych.com: cover letter, CV, two letters of recommendation from past or current supervisors, de-identified progress note as an example of your clinical writing. [5/23.]

POSTDOCTORAL FELLOWSHIP. Reiss-Davis Child Study Center, a service of Vista Del Mar, located in West Los Angeles, is accepting applications for its clinical training program. The Psychodynamic Child Diagnostic and Psychotherapy Program offers an APPIC Postdoctoral Fellowship that meets APPIC standards for individuals who have been awarded a Ph.D. or Psy.D. degree and now wish to develop a specialty in working with children, adolescents, and their families. The 24-month paid program begins each year in mid- September and augments clinical work with

didactic seminars and intensive supervision while meeting CA licensure requirements. For application and additional information about the fellowship program, e-mail Simcha Saiek, Psy.D., at simchasaiek@vistadelmar.org or call at (310) 204-1666 ext. 356. [5/23.]

POST-DOCTORAL INTERN. Aspire Therapy Center is hiring a post-doctoral intern to help with test administration, scoring, and report writing. An ideal candidate would have knowledge and experience with testing including but not limited to the WAIS-IV, WIAT-IV, WMS-IV, and D-KEFS. Additionally, someone willing to test at any of our testing locations would be preferred: South Pasadena, Sierra Madre, and Claremont. However, this can be flexible. If you are interested in this position, please e-mail Melissa McMullin, Psy.D., at melissa@aspiretherapycenter.com. [6/23.]

PRE-LICENSED AND LICENSED THERAPISTS. The Institute for Girls' Development and Flourish Therapy & Wellness Center (serving all ages and genders) are hiring full-time positions for pre-licensed and licensed therapists to join our team of collaborative, compassionate clinicians. We promote excellence in psychotherapeutic and assessment services as well as community programs for girls, young adults, gender expansive individuals, and families. Check out our current openings. Visit www.instituteforgirlsdevelopment.com/employment/. [4/22]

GAMHPA Board

Mary Ann Aronsohn, L.M.F.T.
Continuing Education Chair
(626) 441-5131
m.aronsohn@att.net

Lynne Azpeitia, L.M.F.T.
Listserv Moderator
(310) 828-7121
lynnemazpeitia@yahoo.com

Cadyn Cathers, Psy.D.
Game Night Co-Host
(323) 545-4114
cadyn@affirmativecouch.com

Silva Depanian, L.M.F.T.
Newsletter Co-Editor
(818) 396-6376
silvadepanian@gmail.com

James De Santis, Ph.D.
President
(818) 551-1714
jjdesantis@aol.com

David Ibrahim, L.M.F.T.
Member At Large
(323) 533-8805
dd1ibrahim@icloud.com

Daria Stepanian, L.M.F.T.
Treasurer, Social Media Chair
(818) 430-3476
dariastepanian@gmail.com

Rachel Thomasian, L.M.F.T.
Continuing Education Credits
(818) 599-1234
rachelthomasian@gmail.com

Mariam Vanounts, Psy.D., L.M.F.T.
Member at Large
(818) 406-7979
marvanounts@hotmail.com

Kimberly C. Wong, L.C.S.W.
Program Chair
(626) 260-1356
kimberlycwonglcsw@gmail.com

Lauren Worley, L.C.S.W.
Game Night Co-Host
(626) 314-7477
laurenworleylcsw@gmail.com

PSYCHOLOGICAL ASSOCIATE. Seeking post-doctoral psychological associate to work in Pasadena private practice in Pasadena, conducting depth-oriented individual and couples/relationship therapy with adults. Position is part-time, flexible hours, and the associate can conduct sessions either entirely virtual/remote or in a hybrid model with some clients seen in-person at the office. More information is available at www.RyanWitherspoon.com. Ryan G. Witherspoon, Ph.D., Clinical Psychologist, Lic. # PSY32022, (626) 559-0939, ryan@ryanwitherspoon.com. [5/23.]

PSYCHOLOGICAL ASSOCIATE. Seeking a psychological associate to join a private practice on the eastside of LA (Silverlake, Eagle Rock) to conduct individual and couples therapy with adults. Hours are flexible, an interest in CBT is preferred but not required, and potential candidates can be Masters or Doctoral level but should want to transition to private practice once licensed. More information can be found at www.drpeterkarinen.com. Applicants can e-mail CV and cover letter to drpeterkarinen@gmail.com. Peter B. Karinen, PsyD, Lic # PSY32383, (323) 332-1198. [5/23.]

PSYCHOLOGICAL ASSOCIATE. If you want to work with small children (ages 2.6 to 7.7 years) conducting assessments, a private practice has an opening for a PA to administer the WPPSI-IV and occasional WISC-V. The locations are in Lancaster,

Ventura, and Hemet with mileage stipend and per assessment pay. Days are Tuesdays, Thursdays, Fridays, and Saturdays from 9-2. If you are interested and want more information, please contact Kara Cross, Ph.D., at drcross@mac.com. [5/23.]

PSYCHOLOGISTS AND ASSOCIATES. Crossroads Institute for Psychotherapy and Assessment, a private practice in downtown Los Angeles, is seeking full-time licensed psychologists and post-doctoral psychological associates. We focus on providing integrative psychotherapy to children and adults, as well as a full range of psychological assessment for all ages, psychiatric care, and bio- and neurofeedback. Both telehealth, in-office, and blended arrangements can be made. If interested, please e-mail Jillian Pexa, Psy.D., at j.pexa@crossroads-psych.com. [6/23.]

PSYCHOTHERAPIST. West Coast Counseling and Group Therapy Center in Encino is hiring for multiple positions either licensed or unlicensed individual therapist and group therapist for part-time, in-office and telehealth. For more information, visit www.wcccla.com. Send resume to wccadmin@wcccla.com. [6/23.]

THERAPIST. Center for Healthy Sex in West Los Angeles has open therapist positions, both in-person & remote, full-time & part-time. If you are interested in learning and applying sex therapy and sex/love addiction treatment models with a dynamic team, this is a great opportunity. We provide

coaching, individual, couple, and group therapies via telehealth and in-person. We appreciate the value of teamwork and are known for excellent clinical services for over 16 years. Our philosophical ideals about psychological, emotional, relational, and sexual health motivate us to operate with conscious and open communication. To learn more, please e-mail your resume and cover letter to Gabe Littman at gabe@centerforhealthysex.com. [12/22]

THERAPISTS. Avedian Counseling Center is now hiring both licensed and prelicensed therapists. The position is 20+ hours weekly and is ideal for someone who does not have their own private practice and is not working for another group practice. Call Anita Avedian for more information at (818) 426-2495 or go to www.AvedianCounselingCenter.com. To apply, send your resume to anita@anitaavedian.com. [12/22]

GROUPS

ADDICTION MANAGEMENT & RECOVERY GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com

ADOLESCENT DBT SKILLS MULTI-FAMILY TELEHEALTH GROUP. Sierra Madre. Patricia Gieselman, L.M.F.T., Lic. # 25498. Call (626) 470-9834 or e-mail info@choices.care.

ANGER MANAGEMENT CO-ED ADULT TELEHEALTH GROUP. Glendale & Sherman Oaks. Anita Avedian, L.M.F.T., Lic. # 38403. Call (818) 990-0999 or e-mail anita@anitaavedian.com.

ANGER MANAGEMENT MENS TELEHEALTH GROUP. Glendale & Sherman Oaks. Anita Avedian, L.M.F.T., Lic. # 38403. Call (818) 990-0999 or e-mail anita@anitaavedian.com.

ANGER MANAGEMENT TEENS TELEHEALTH GROUP. Glendale & Sherman Oaks. Anita Avedian, L.M.F.T., Lic. # 38403. Call (818) 990-0999 or e-mail anita@anitaavedian.com.

ANGER MANAGEMENT TELEHEALTH GROUP. Pasadena. Silva Depanian, L.M.F.T., Lic. # 00121864. Call (818) 396-6376 or e-mail silvadepanian@gmail.com.

ANGER MANAGEMENT WOMENS TELEHEALTH GROUP. Glendale & Sherman Oaks. Anita Avedian, L.M.F.T., Lic. # 38403. Call (818) 990-0999 or e-mail anita@anitaavedian.com.

CAREGIVER SUPPORT TELEHEALTH GROUP. Glendale. James J. De Santis, Ph.D., Lic. # 10315. Call (818) 551-1714 or e-mail jjdesantis@aol.com.

CO-ED GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

CHILDREN'S SOCIAL-EMOTIONAL SKILLS TELEHEALTH GROUPS (ages 3-5, 7-11). Encino. Small virtual groups designed for children struggling with shyness, anxiety, or ADHD to improve relationships with friends and family members. Groups are both educational and experiential, allowing a child to practice newly developing skills in a safe, supportive environment. Compliments individual or family psychotherapy for your clients. Groups cost is \$200 for 4 weeks. Please contact Azine Graff, Psy.D., Lic. # 24847, or Rosalie Finer, Ph.D., Lic. # 10877, at (818) 810-7079 or visit our website at www.HarmonyinParenting.com.

CO-ED INTERPERSONAL PROCESS TELEHEALTH GROUP. Process-oriented growth group for intense, high achievers who want more out of life—to find lasting intimacy, achieve career satisfaction, and expand friendships. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. James J. De Santis, Ph.D., Lic. # 10315. Call (818) 551-1714 or e-mail jjdesantis@aol.com.

CO-PARENTING HIGH-CONFLICT COURT & VOL TELEHEALTH GROUP. South Pasadena. Mary Ann Aronsohn, L.M.F.T., Lic. # 24791. Call (626) 441-5131 or e-mail m.aronsohn@protonmail.com.

COMMUNICATION SKILLS & MEDITATION GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

DBT SKILLS ADULTS TELEHEALTH GROUP. Sierra Madre. Patricia Gieselman, L.M.F.T., Lic. # 25498. Call (626) 470-9834 or e-mail info@choices.care.

DIVORCE AND SEPARATION SUPPORT TELEHEALTH GROUP. For men and women either contemplating, going through, or recovering from separation or divorce. Addresses communication with an estranged spouse, coping with the legal process, optimizing your relationship with your children, co-parenting, developing a new home life, dating, building a new community of friends, maintaining productivity at work, and achieving personal well-being. Complements concurrent individual or conjoint psychotherapy. James J. De Santis, Ph.D., Lic. # 10315. Call (818) 551-1714 or e-mail jjdesantis@aol.com.

DIVORCE CLASS. The Law Collaborative hosts free family law classes on second Saturday and fourth Wednesday of every month, as a free service to the community. Attorney answers questions and concerns of attendees regarding divorce, child support, child custody, and alimony. Extremely beneficial to people currently affected by divorce in any way. If you would like more information on this topic, please contact Courtney at (818) 348-6700 or courtney@thelawcollaborative.com.

DIVORCE SUPPORT TELEHEALTH GROUP. Studio City. Ellen M. Butterfield, L.M.F.T., Lic. # 33531. Call (818) 458-3344 or e-mail fiddlertoo@gmail.com, ellen@studiocitytherapy.com.

FAMILY & RELATIONAL DYNAMICS GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

GAY MENS INTERPERSONAL PROCESS TELEHEALTH GROUP. Glendale. James J. De Santis, Ph.D., Lic. # 10315. Call (818) 551-1714 or e-mail jjdesantis@aol.com.

GROUP THERAPY. The Institute for Girls' Development offers a wide variety of therapy groups for children, teens, and young adults! Some of these groups include: Be Body Positive—a group that helps middle schoolers develop resources and a renewed energy to maintain positivity and take care of one's body; Beautiful Shades—a group that provides teens of color a safe space for exploring their experiences within the dominant white culture; Rainbow Grit—a group for LGBTQAI+ teens that is designed to provide connection, support, and positive coping skills; Explore Your Path—a group that offers a supportive environment to prepare for and process the exciting and challenging transitions that accompany young adulthood; and more! See our full list of Group Therapy options for youth, teens, and young adults at www.instituteforgirlsdevelopment.com/our-services/group-therapy/

INTERNAL CONFLICT GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

MEN & SHAME TELEHEALTH GROUP. Pasadena. Christopher Tickner, Ph.D., L.M.F.T., Lic. # 42576. Call (818) 995-1875 or e-mail cticksoma@gmail.com, Info@BodyMindPsych.com.

MENS PROCESS TELEHEALTH GROUP. South Pasadena. Jason Wildman, L.C.S.W., SEP, Lic. # 77520. Call (917) 715-6664 or e-mail wildman.lcsw@gmail.com.

MENS PROCESS TELEHEALTH GROUP. Pasadena. Christopher Tickner, Ph.D., L.M.F.T., Lic. # 42576. Call (818) 995-1875 or e-mail cticksoma@gmail.com, Info@BodyMindPsych.com.

MENS SUPPORT TELEHEALTH GROUP. Growth and insight oriented group addresses male-female relationships, work and career, self-care, and personal fulfillment in life. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. James J. De Santis, Ph.D., Lic. # 10315. Call (818) 551-1714 or e-mail jjdesantis@aol.com.

MINDFULNESS & STRESS MANAGEMENT TELEHEALTH GROUP. Glendale. Martin Hsia, Psy.D., Lic. # 22978. Call (818) 547-2623 or e-mail martinhsia@gmail.com, mhsia@cbtsoocal.com.

MOTHERS STRESS & ANXIETY TELEHEALTH GROUP. Encino. Rosalie Finer, Ph.D., Lic. # 10877. Call (818) 824-9915 or e-mail rosalie@grefin.com, rosalie@hipsfv.com.

MOTHERS SUPPORT TELEHEALTH GROUP. (Mothers of Children Ages Birth to 5). Supporting new mothers of children birth to 5 years of age in finding their inner wisdom and putting it into practice. This 4-week group will explore parenting values, support building compassion for self/child, help redefine parenting values with intention, and implement their learning. Groups cost is \$200 for 4 weeks. Please contact Azine Graff, Psy.D., Lic. # 24847, or Rosalie Finer, Ph.D., Lic. # 10877, at (818) 810-7079 or visit www.HarmonyinParenting.com.

MULTI-FAMILY GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

NARCISSISTIC ABUSE SUPPORT TELEHEALTH GROUP. Pasadena. Bren M. Chasse, L.M.F.T., Lic. # 94662. Call (626) 765-9944 or e-mail bchassemft@gmail.com, bchasse@anchorpsychotherapy.com.

PARENTING GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

PARENTING TEENS GROUP. Pasadena. Gregory T. Arata, L.M.F.T., Lic. # 00125055. Call (323) 419-1730 or e-mail gregoryaratatherapy@gmail.com, gregoryarata@gmail.com.

PARENTING TELEHEATH GROUP. Montrose. Amoret Kaufman, L.M.F.T., Lic. # 00105150. Call (818) 651-6161 or e-mail amoret@amoretcounseling.com amoret@sbcglobal.net.

PARENTS WITH AD/HD CHILDREN TELEHEATH GROUP. Montrose. Amoret Kaufman, L.M.F.T., Lic. # 00105150. Call (818) 651-6161 or e-mail amoret@amoretcounseling.com amoret@sbcglobal.net.

PARENTS WITH AD/HD TELEHEATH GROUP. Montrose. Amoret Kaufman, L.M.F.T., Lic. # 00105150. Call (818) 651-6161 or e-mail amoret@amoretcounseling.com amoret@sbcglobal.net.

PARENTING WITH GENTLENESS AGES 3-5 & 6-10 TELEHEALTH GROUP. Encino. Small groups designed for parents of children struggling to manage their emotions, feel confident, engage with others, and make friends. This 4-week virtual group gives parents knowledge and tools to help in supporting their child and building their skills. Groups cost is \$200 for 4 weeks. Please contact Azine Graff, Psy.D., Lic. # 24847, or Rosalie Finer, Ph.D., Lic. # 10877, at (818) 810-7079 or visit www.HarmonyinParenting.com.

PARTNERS OF SEX ADDICTS BETRAYAL TELEHEATH GROUP. West Los Angeles. Alexandra Katehakis, PhD, LMFT, CSAT-S, CST-S, Lic. # 36902. Call (310) 843-9902 or e-mail info@centerforhealthysex.com.

PLANNING GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

PORNOGRAPHY ADDICTION MENS TELEHEATH GROUP. West Los Angeles. Alexandra Katehakis, PhD, LMFT, CSAT-S, CST-S, Lic. # 36902. Call (310) 843-9902 or e-mail info@centerforhealthysex.com.

POSTPARTUM DEPRESSION TELEHEATH GROUP. Sherman Oaks. Kimberly Resnick Anderson, L.C.S.W., Lic. # 72906. Call (818) 334-5811 or e-mail kimberly.sexualhealth@gmail.com.

SEX & LOVE ADDICTION MENS TELEHEATH GROUP. West Los Angeles. Alexandra Katehakis, PhD, LMFT, CSAT-S, CST-S, Lic. # 36902. Call (310) 843-9902 or e-mail info@centerforhealthysex.com.

SEX & LOVE ADDICTION WOMENS TELEHEATH GROUP. West Los Angeles. Alexandra Katehakis, PhD, LMFT, CSAT-S, CST-S, Lic. # 36902. Call (310) 843-9902 or e-mail info@centerforhealthysex.com.

SEXUAL ABUSE SURVIVORS SUPPORT WOMENS TELEHEATH GROUP. Pasadena. Bren M. Chasse, L.M.F.T., Lic. # 94662. Call (626) 765-9944 or e-mail bchassemft@gmail.com, bchasse@anchorpsychotherapy.com.

SEXUAL ADDICTION MENS TELEHEATH GROUP. West Los Angeles. Alexandra Katehakis, PhD, LMFT, CSAT-S, CST-S, Lic. # 36902. Call (310) 843-9902 or e-mail info@centerforhealthysex.com.

SEXUAL ADDICTION TELEHEATH GROUP. Sherman Oaks. Kimberly Resnick Anderson, L.C.S.W., Lic. # 72906. Call (818) 334-5811 or e-mail kimberly.sexualhealth@gmail.com.

SKILL-BUILDING EXPERIENTIAL GROUP. Pasadena & Sherman Oaks. Daryn Plancher, Ph.D., Lic. # 18182. Call (800) 599-8820 or e-mail frederik@insighttreatment.com.

SOCIAL ANXIETY SUPPORT TELEHEATH GROUP. Glendale & Sherman Oaks. Anita Avedian, L.M.F.T., Lic. # 38403. Call (818) 990-0999 or e-mail anita@anitaavedian.com.

SOCIAL SKILLS AGE 7-12 GROUP. Pasadena. Bren M. Chasse, L.M.F.T., Lic. # 94662. Call (626) 765-9944 or e-mail bchassemft@gmail.com, bchasse@anchorpsychotherapy.com.

SOCIAL SKILLS GROUP.
Glendale. Ira P. Heilveil, Ph.D.,
Lic. # 07726. Call (818) 275-
2587 or e-mail
iraheilveil@yahoo.com,
ira@touchstone-education.com.

SPIRITUAL COUNSELING
ACIM GROUP. Pasadena.
Diane Eisenman, L.M.F.T., Lic.
08792. Call (818) 618-1565
or e-mail
alanddi@sbcglobal.net,
dleisenman1@gmail.com.

TEEN GIRLS SEXUAL ABUSE
SURVIVORS GROUP.
Pasadena. Bren M. Chasse,
L.M.F.T., Lic. # 94662. Call
(626) 765-9944 or e-mail
bchassemft@gmail.com,
bchasse@anchorpsychotherapy.com.

TEEN SUPPORT GROUP.
Pasadena. Christopher Tickner,
Ph.D., L.M.F.T., Lic. # 42576.
Call (818) 995-1875 or e-mail
cticksoma@gmail.com,
Info@BodyMindPsych.com.

TEENS TELEHEATH GROUP.
Pasadena. Bren M. Chasse,
L.M.F.T., Lic. # 94662. Call
(626) 765-9944 or e-mail
bchassemft@gmail.com,
bchasse@anchorpsychotherapy.com.

THERAPIST CONSULTATION
AD/HD VIRTUAL GROUP.
Montrose. Amoret Kaufman,
L.M.F.T., Lic. # 00105150. Call
(818) 651-6161 or e-mail
amoret@amoretcounseling.com
, amoret@sbcglobal.net.

THERAPIST CONSULTATION
SOMATIC GROUP. Pasadena.
Christopher Tickner, Ph.D.,
L.M.F.T., Lic. # 42576. Call
(818) 995-1875 or e-mail
cticksoma@gmail.com,
Info@BodyMindPsych.com.

THERAPIST CONSULTATION
VIRTUAL GROUP. Encino.
Azine S. Graff, Psy.D., Lic. #
24847. Call (818) 810-7079 or
e-mail azine.psych@gmail.com,
azine@hipsfv.com.

THERAPIST CONSULTATION
TRAUMA VIRTUAL GROUP.
Montrose. Amoret Kaufman,
L.M.F.T., Lic. # 00105150. Call
(818) 651-6161 or e-mail
amoret@amoretcounseling.com
, amoret@sbcglobal.net.

THERAPIST CONSULTATION
VIRTUAL GROUP. Encino.
Rosalie Finer, Ph.D., Lic. #
10877. Call (818) 824-9915 or
e-mail rosalie@grefin.com,
rosalie@hipsfv.com.

THERAPIST PRIVATE
PRACTICE DEVELOPMENT
VIRTUAL CONSULTATION
GROUP. Biweekly support
group for therapists who are
either recently licensed or
relocated, re-entering the
private sector, wanting to
increase net income, not seeing
the type of patients they work
with best. Offers practical
action-oriented guidance and
peer support to help set
customized goals, identify target
markets, design coherent and
ethical marketing strategies,
and track results. James J. De
Santis, Ph.D., Lic. # 10315.
Call (818) 551-1714 or e-mail
jjdesantis@aol.com.

TWEENS TELEHEATH
GROUP. Pasadena. Bren M.
Chasse, L.M.F.T., Lic. # 94662.
Call (626) 765-9944 or e-mail
bchassemft@gmail.com,
bchasse@anchorpsychotherapy.com.

WOMEN & INTIMACY
TELEHEATH GROUP. West
Los Angeles. Alexandra
Katehakis, PhD, LMFT, CSAT-
S, CST-S, Lic. # 36902. Call
(310) 843-9902 or e-mail
info@centerforhealthysex.com.

WOMENS LOVE ADDICTION
TELEHEATH GROUP. West
Los Angeles. Alexandra
Katehakis, PhD, LMFT, CSAT-
S, CST-S, Lic. # 36902. Call
(310) 843-9902 or e-mail
info@centerforhealthysex.com.

WOMENS SEXUAL TRAUMA
PROCESS TELEHEATH
GROUP. Pasadena.
Christopher Tickner, Ph.D.,
L.M.F.T., Lic. # 42576. Call
(818) 995-1875 or e-mail
cticksoma@gmail.com,
Info@BodyMindPsych.com.

WOMEN WITH LOW SEXUAL
DESIRE TELEHEATH GROUP.
Sherman Oaks. Kimberly
Resnick Anderson, L.C.S.W.,
Lic. # 72906. Call (818) 334-
5811 or e-mail
kimberly.sexualhealth@gmail.com.

SERVICES

CONTINUING EDUCATION.
Anger Management Essentials
is a NAMA and CAAMP
approved anger management
certification training offering 21
CE's either in-person or
streaming live. Receive both the
adult and the teen's book along
with the necessary business
forms for your practice. Get on
the CAAMP Provider's list for
the courts and probation.
Associates welcome! Group
discounts offered. Register at
www.AngerManagementEssentials.com.
Contact Anita Avedian
for more information at
anita@anitaavedian.com.

[12/22]

FLOURISH THERAPY + WELLNESS CENTER. We're excited to share about our new center for adults! Flourish is a division of the Institute for Girls' Development, a Psychological Corporation. It's located in our beautiful space in Old Pasadena, and services include therapy, learning and connection opportunities, and wellness programs for adults of all ages. For more information, visit www.flourishtherapy.care/. [6/21]

MARKETING CONSULTATION. Individualized coaching for mental health professionals and students/interns wanting to start or build a private practice. Formulate goals, identify optimal niches and target markets, design ethical and effective marketing strategy, write effective advertising materials, and track results. Flexible format uses in person meetings, telephone, and e-mail as needed. Jim De Santis, Ph.D., Glendale, at (818) 551-1714 or JJDeSantis@aol.com. [7/23]

MENTAL HEALTH BILLING AND CREDENTIALING. We're accepting new clients. No minimum and free verification of benefits. Need to be credentialed in telepsychiatry? We can help your enrollment in all insurance networks. Contact us at Doris Mollenkopf, MBA, CPC, CRC, CCDS-O, CNA, (818) 238-9280 x5 or info@managementresourcesbilli ng.com. [3/23]

NEUROPSYCHOLOGICAL EVALUATIONS for all types of neurological disturbances such as memory loss, attention/concentration difficulties, language deficits,

and change in mood and behavior. Accepting most insurance plans including Medicare. Assessments also available in Armenian and Farsi. Audrey Khatchikian, Ph.D., Lic # PSY18823, (818) 476-0066. [1/22]

NEUROPSYCHOLOGICAL/ PSYCHOLOGICAL EVALUATIONS for neurological conditions (dementia, strokes, head injuries), learning disabilities, and ADHD. Specialization in clinical and forensic evaluations for academic accommodations for standardized tests/licensing exams, immigration hearings, mental health diversion and mitigation, violence risk, civil and criminal competency/capacity, fitness for duty, pre-employment, personal injury, and workers compensation. Contact Emin Gharibian, Psy.D. Lic. # PSY29643, at (818) 253-1161 or visit www.verdugopsych.com. [1/22]

PEDIATRIC NEUROPSYCHOLOGIST. UCLA-trained clinical neuropsychologist, specializing in evaluation of children and young adults. I have expertise with neurodevelopmental disorders (e.g., learning disorders, AD/HD), traumatic brain injury, epilepsy, emotional and behavioral difficulties, and other complex medical conditions. Available for consultation and education in these and other mental health-related topics, across healthcare/community settings. West-LA–Pasadena. Jesse Fischer, Ph.D., (Lic. # PSY32710), (424) 272-1374, www.JFischerPhD.com. [1/22]

PUBLICATIONS

THE BUSINESS OF PRACTICE: Building an optimal private practice for mental health professionals. Paperback challenges and inspires mental health professionals to expand and refine their opportunities for a private practice that is personally fulfilling. Content emphasizes pragmatic, real-world information and action oriented steps to offering mental health services, while respecting both established business concepts and ethical principles of professional practice. www.Lulu.com. [7/23]

CHILD PSYCHIATRIST DIRECTORY. Concise PDF list of 550 physicians who provide psychiatric services to children and adolescents throughout Los Angeles County available on the internet at www.JJDeSantis.com. [7/23]

DIAGNOSTIC TESTING DIRECTORY. The Assessment List is a free directory listing of 300 licensed psychologists throughout Los Angeles county who offer psychological assessment services, including educational, neuropsychological, forensic, vocational, custody, or general psychiatric differential diagnosis. View, print, or download PDF from www.JJDeSantis.com. [7/23]

EAST SAN GABRIEL VALLEY DIRECTORY. Free directory of 150 mental health professionals from Pasadena to Claremont, cross-indexed by specialties, services, second languages, and insurance accepted. View or download PDF at www.JJDeSantis.com. [7/23]

GLENDALE AREA THERAPIST DIRECTORY. 175 licensed mental health professionals in the Glendale area, cross-indexed by specialties, services, second languages, and insurance accepted. This online searchable directory is available free at www.gamhpa.org. [7/23]

GROUP THERAPY DIRECTORY. Free directory of 1,200 outpatient psychotherapy groups offered by 600 licensed mental health professionals throughout Los Angeles county. Online directory has been viewed on the internet over 57,000 times. Download a PDF copy from www.TheGroupList.org. [7/23]

PARENTING RESOURCES. Free online resources including tip sheets and activities for parents, children, and professionals in supporting management of stress, anxiety, AD/HD, emotional regulation, and social-emotional learning to promote overall well-being are available to download from www.harmonyinparenting.com. [1/22]

PRIVATE PRACTICE OFFICE FORMS. Field tested, up-to-date quick-start kit of forms includes patient intake, financial agreements, HIPAA notice, consents and releases, telehealth, and clinical screening forms. Paper forms or PDF files via e-mail. For more information or to examine samples, visit www.JJDeSantis.com. [7/23]

OFFICE SPACE

BEVERLY HILLS. Part-time space on Beverly Dr., south of Olympic Blvd., in a quiet first floor suite, with easy metered street parking. Within walking distance of Pavilions Market, restaurants, shopping. Printer/copier, WiFi, and basic supplies available for renters. Potential for case consultation. For more information, please contact Karen Wulfson, L.M.F.T., at (310) 475-1759 or karen@karenwulfson.com. [7/23]

BURBANK/TOLUCA LAKE. Subletting opportunity for those looking to get back to in-person sessions. Conveniently located near other businesses, the studios, and the 134 freeway. Professional and inviting office space. Perfect environment for newly licensed clinicians looking to build their practice or for established clinicians needing a second office location 1-2 days a week. A choice of two offices with windows, waiting room, wifi, and storage area. Convenient parking. Rate of \$20/hour. For more information, please reach out to Wendi Svoboda, LCSW, at 818-288-6711. [7/23]

GLENDALE. Full or part-time office available in two-story professional building surrounding a tree-lined central courtyard on Arden Avenue, in a suite of offices with furnished waiting room, amenities. Quiet neighborhood just minutes from heart of downtown Glendale. Close freeway access. Contact Margaret Stoll, Ph.D., at (310) 375-3607 or margaret.stoll@gmail.com or call Nora Chitilian, L.M.F.T., at (818) 634-1063. [7/23]

HOLLYWOOD/WEST HOLLYWOOD ADJACENT. Furnished, windowed office, prefer to sub-lease full-time (but might consider part-time), in a private two-office suite in a clean, modern, quiet building perfectly located in a safe neighborhood adjacent to Hollywood, West Hollywood, Larchmont, Hancock Park, and the Fairfax District. Private waiting room, call light system, WiFi, a/c and heat controlled within the suite, with disability access. Free parking for clients among the neighboring homes in the daytime, then metered parking next to the building at night. Private parking spot available for therapist in garage under the building. Contact Daniel J. Alonzo, Psy.D., at (323) 549-9409 for more details. [6/23]

LA CRESCENTA. Office space available for sublease conveniently located near schools, as ample parking, large windows offer lots of natural light. Individual offices and a group room available to rent. Tea and water bar, wifi. For further information, please contact Lauren Worley, L.C.S.W., at (626) 676-3841 or laurenworleylcswh@gmail.com or Amoret Kaufman, L.M.F.T., at (818) 651-6161 or amoret@amoretcounseling.com. [3/23]

PASADENA. Part- and full-time office spaces available for rent at 95 N. Marengo Avenue in Pasadena, located in a beautiful two-story historic building across from City Hall. We have a great community of therapist professionals throughout the building, including the Institute for Girls' Development. Contact Angela Lopez at ALopez@IFGD.care. [12/22]

PASADENA. Part-time and full-time space available in our office suite located in the Thatcher building (960 E. Green Street) near Lake Avenue in a seven-office suite of supportive professionals. Waiting room, group room, wifi, kitchen, private bathroom, elevator access, paid lot or free street parking. \$250 one day a week on a monthly basis. \$1250 for a full-time two-year lease. For more information, please contact Jennifer Levin, Ph.D., L.M.F.T., at (626) 695-4211 or jennifer@therapyheals.com. [7/23]

PASADENA. Sublet in three-office suite in beautiful tree-lined medical building on Green Street. Kitchenette, bathroom, snacks, internet, office supplies, call light system, nightly janitorial service. Big HEPA air purifiers in each room; building changes out HVAC filters monthly. Available in 4-hour blocks. Contact Hillary Wright, Ph.D., at hwrightpsych@gmail.com. [6/23]

PASADENA. Charming Marengo Avenue private bungalow office sublet between Del Mar and California near 110 Freeway. Fully-furnished with separate exit, kitchen, waiting area, wifi, free street parking. Great for therapists, writers, and other healing modalities. In walking distance to Whole Foods, Trader Joe's, Old Town, and the Gold Line. \$250/month for 1 day/week (weekdays and weekends available), single day and half day possible. For more information, contact Lisa Lewis, L.M.F.T., L.P.C.C., by text at (626) 319-5076 or by e-mail at lisa@lisalewis counseling.com. [7/23]

PASADENA. Office available in restored Victorian with modern conveniences: two waiting rooms, free off-street parking, a staff room with amenities, rooms with individualized HVAC control, call lights, and spare first floor space to see handicapped patients. Contact Alex Beebee, M.D., Ph.D., at (626) 577-1305 x1 or dralexbeebee@gmail.com. [7/23.]

SHERMAN OAKS. Part-time space available. Anita Avedian, L.M.F.T. Call (818) 426-2495 or e-mail anita@anitaavedian.com. [7/23]

SIERRA MADRE. Furnished office within a three-office suite to sublease. Contact Elizabeth Ortiz, L.M.F.T., at eortizmft@gmail.com. [1/23]

STUDIO CITY. Beautiful office for rent in a spacious psychotherapy suite on Ventura Blvd. Full or part-time. Large office with space to run groups. Furnished or unfurnished. Windows that open with views, free parking, opportunity for cross referrals from four experienced psychologists. Microwave and small refrigerator available. Please note: this office is located on the second floor and there is no elevator. Photos available upon request. For further information, contact Dale Rose, L.M.F.T. at (818) 783-1283. [7/23]

WOODLAND HILLS. Full-time and part-time space available. Anita Avedian, L.M.F.T. Call (818) 426-2495 or e-mail anita@anitaavedian.com. [7/23]

Newsletter Policies

The GAMHPA Newsletter is published and circulated at no charge to the local mental health community, including San Fernando Valley, San Gabriel Valley, and downtown Los Angeles.

GAMHPA encourages members to contribute articles of clinical or scholarly interest for publication. Submissions should be forwarded to JJDeSantis@aol.com.

Opinions expressed in this newsletter are not necessarily those of the association or its members. GAMHPA does not endorse any of the products or services advertised. Readers are advised to open links in this publication at their own risk.

EDITORIAL COMMITTEE

Proofreading, Silva Deapanian
Content/Ads, Jim De Santis

PUBLICATION DEADLINES

Autumn Issue	Sep 1
Winter Issue	Dec 1
Spring Issue	Mar 1
Summer Issue	Jun 1

ADVERTISING POLICIES

Submit display ads in PDF or JPG format. Classified and display ads run for one issue.

Copyright © 2023 Glendale Area Mental Health Professionals Association, All Rights Reserved

ADVERTISING RATES

	Member	Non-Mem
Classified	Free	\$20
Business card	\$20	\$25
1/4-page	\$30	\$45
1/2-page	\$55	\$80
Full-page	\$100	\$150

Mem Non-Mem

Member e-mails	\$20	\$30
Mailing list labels	\$30	\$50
Mailing list digital	\$50	\$80

PAYMENT

Payment for advertising services can be submitted through our online store at www.gamhpa.org or mailed to GAMHPA, P.O. Box 894, Glendora, CA 91740-0894.

GAMHPA

Glendale Area Mental Health Professionals Association
Post Office Box 894, Glendora, California 91740-0894
www.GAMHPA.org
(818) 771-7680

On the Web

www.GAMHPA.org



Instagram

LinkedIn

Member Application and Renewal Form

Glendale Area Mental Health Professionals Association

P.O. Box 894, Glendora, CA 91740-0894
(818) 771-7680 www.GAMHPA.org



___ New Applicants Only

Print your full name and all information below.
Check box next to appropriate membership category.
If student/intern, obtain a full member's signature.
Sign and date at the bottom.
Complete all directory information on reverse side.
For individuals, enclose a copy of license.
Enclose check with this application and license.

___ Renewing Members Only

Print your full name below.
Enter changes in your information below and check box.
Check box next to appropriate membership category.
Sign and date at the bottom.
If you need to make changes to your directory information, check box on reverse side and complete all sections fully.
Enclose check with this application.

_____ Full Individual Name (Please Print)

_____ Full Organization Name (If Applicable)

For Office Use Only	
Application _____	Phoned _____
License _____	Packet _____
Dues _____	cc Newsletter _____
	cc Webmaster _____
	cc Listserve _____

Contact Information ONLY For New Members and Renewal Changes Below

RENEWING member: There are ___ NO changes ___ changes to my contact information below from last year. In the event I have made changes, ALL sections below are FULLY completed.

Office Address		
Second Office Address		
Office Phone Number	Second Office Phone Number	Office Fa x Number
E-Mail Address	Website U RL	

Accredited Institution Which Granted Your Degree	City & State	Program/Area of Study	
Degree	Year Granted/Anticipated	License Number	Yea r Issued

Would you like to be added to our listserv (internet discussion group)? (e-mail is required, above) ___ Yes ___ No

Dues schedule below applies for the calendar year, January 1 through December 31. For new members joining after October 1, your dues will apply through the following year.

Full Member	\$60 Annual	___ Board Certified or Eligible Psychiatrist
		___ Licensed Psychologist
		___ Licensed Clinical Social Worker
		___ Licensed Marriage and Family Therapist
		___ Licensed Professional Clinical Counselor
Organization	\$125 Annual	___ (Please attach separate application for up to 4 clinical staff.)
Associate Member	\$35 Annual	___ Student, Intern, Pre-Licensed
		___ Other Allied Professional

I, the below signed applicant, hereby apply to the Glendale Area Mental Health Professionals Association (GAMHPA) for membership. I certify that the above information is true and correct to the best of my knowledge. I will notify GAMHPA of any changes in this information. I understand that GAMHPA is an interest group only, will not provide referrals, and does not credential in any way. I understand that to be a full member, I must be in good standing with my state licensing board. I understand that if I am a student or intern, I must have a GAMHPA full member sponsor me.

Applicant Signature Date Sponsor Name & Signature (For Student or Intern)

Directory Information ONLY for New Members and Renewing Member Changes

RENEWING member: There are ___ NO changes ___ changes to my directory information below from last year. In the event I have made changes, ALL sections below are FULLY completed.

Groups Offered

Topic, Target Problem, or Focus	Members	Time/Day	Fee
Topic, Target Problem, or Focus	Members	Time/Day	Fee
Topic, Target Problem, or Focus	Members	Time/Day	Fee

Clients Treated

- Children
- Adolescents
- Young Adults
- Adults
- Seniors

Non-English Languages

- Spanish
- Other: _____
- Other: _____

Problem Areas Treated

- Addictions
- AIDS/HIV
- Anxiety Disorders
- Attention Deficit
- Behavioral Problems
- Brain Damage
- Chronic Illness/Pain
- Divorce
- Eating Disorders
- Learning Disabilities
- LGBT Issues
- Marital Problems
- Medical Management/Non-Compliance
- Mood Disorders
- Multicultural/Ethnic Diversity
- Multiple Personality
- Occupational Problems
- Panic/Phobias
- Personality Disorders
- Physical Abuse
- Rape/Molestation/Incest
- Reproductive Issues
- Sexual Dysfunction
- Trauma/PTSD
- Other: _____
- Other: _____

How did you hear about GAMHPA?

Services Offered

- Anger Management
- Behavior Therapy
- Biofeedback
- Child Custody Evaluation
- Couples Therapy
- Cognitive Therapy
- Critical Incident Debriefing
- Divorce Mediation
- Educational Testing
- Family Therapy
- Forensics/Expert Witness
- Hypnosis
- Individual Therapy
- Inpatient
- Medication
- Neuropsychological Testing
- Organizational Consultation
- Play Therapy
- Psychoanalysis/Psychodynamic Therapy
- Psychological Testing
- Religious Issues
- Sex Therapy
- Stress Management
- Telehealth
- Other: _____
- Other: _____

Funding Accepted

- Will provide superbill for out-of-network PPO
- Aetna
- Anthem Blue Cross
- Beacon Health
- Blue Shield
- Cigna (Evernorth)
- Healthnet/Managed Health Network
- Medi-Cal
- Medicare
- Magellan
- Motion Picture
- Optum (UH, UBH, UBHPC)
- TriCare/TriWest
- Victim Witness
- Worker's Compensation
- Sliding Scale
- Cash
- Other: _____
- Other: _____