

**A Publication of the  
Glendale Area Mental Health Professionals Association  
(818) 771-7680 [www.psychotherapy.org/gamhpa](http://www.psychotherapy.org/gamhpa)  
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## GAMHPA News

Bonnie Cesak, our Membership Chair, has announced that 2008 is the biggest year in our history with 132 total members. Thank you to all who have joined, referred, and recruited.

Our next business networking lunch will be in September at the new Americana on Brand in Glendale. We will meet at the Granville Restaurant. Contact Jim De Santis to reserve.

Larry Brooks is planning our next continuing education conference for 2009 on the topic of technology and mental health. If you are interested in helping coordinate this event or have an area of interest that you would like to present, please contact him. ?

## Calendar of Events

### QUARTERLY NETWORKING LUNCHES

Wednesday, September 17  
Granville at the Americana  
Glendale

All lunches 12-1:30pm  
All are welcome.  
Each person pays their own.  
Bring your business cards.

Reserve ahead with Jim De Santis  
at (818) 551-1714.

### BOARD MEETINGS

Fridays, 9:30-11am  
138 N. Brand Blvd., Ste. 300  
Glendale. All are welcome.

Sep 12  
Nov 14

## In This Issue

About GAMHPA . . . . .	10
Advertising Policies . . . . .	10
Affiliate Agencies . . . . .	8
Board Meeting Schedule . . . . .	1
Board of Directors . . . . .	10
Business Feature . . . . .	2
Calendar of Events . . . . .	1
Classified Advertising . . . . .	5
Editorial Policies . . . . .	10
Member Benefits . . . . .	10
Membership Information . . . . .	10
Networking Events . . . . .	1
News of the Association . . . . .	1
Office Space . . . . .	6
Professional Services . . . . .	7
Publications . . . . .	8
Therapy Groups . . . . .	5
Websites . . . . .	9
Winners of Free Advertising . . . . .	3

### PLEASE ROUTE

From: \_\_\_\_\_

*Request*                      *Circulation*

? Read	_____	?
? Forward	_____	?
? Return	_____	?
? Keep	_____	?
? Discuss	_____	?



## The Business of Practice

Jim De Santis, Ph.D.

### Financial Agreements

Office policies are a dry subject. They can be something we both worry over endlessly yet avoid formalizing. As a result, our office forms can get well out-of-date. Ideally they should be living, breathing documents that we amend as our experience grows and changes, so that our documentation reflects our current practices.

While we as clinicians are usually adept at exploring clinical and privacy matters with patients, we may be less comfortable with discussing financial policies with our patients.

Explaining the financial policies of your office in writing serves to create a clear and mutual understanding early about fees and payments in order to set expectations, avoid misunderstandings, and create a permanent record that can be consulted later. It allows both therapist and patient to move ahead to the patient's primary goals.

My own financial agreement form begins with a straightforward list of my fees for the most common services that I offer, including initial diagnostic interview, individual, group, and conjoint therapy, and psychological testing. However, it also lists fees for preparation of reports and telephone consultations

over ten minutes in length, services which are apt to be needed only after service has begun. I note in the text that these fees may periodically adjust with prior notice.

After listing fees, the form then goes on to address financial responsibility, stating that all fees are due at the time of service unless other payment arrangements have been approved in advance. The form adds that while services are customarily charged directly to the patient, in the case of minors payment is the responsibility of the parent who consents to service.

My financial form does not discuss insurance at length; I have a separate form for patients using insurance.

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While we as clinicians are usually adept at exploring clinical and privacy matters with patients, we may be less comfortable with discussing financial policies with our patients.

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However, my financial form does strongly recommend that the patient clarify any mental health benefits they may have with their carrier before incurring the cost of services, that responsibility for knowing and verifying health insurance eligibility and benefits rests with the patient.

A thorough financial policy should include information about how you will handle unkept appointments. I state in boldfaced type that if a patient does not appear for a scheduled appointment or if a patient cancels an appointment with less than 48 hours prior notice, the

patient will personally be charged the full amount of the appointment. I qualify this by stating that if the patient and I agree that an unkept appointment was outside the patient's control, then the charge will be waived. Such exceptions typically include events like legitimate illnesses or family emergencies.

The last section of my financial form addresses delinquent payment. It opens with a statement that while I realize that temporary financial problems may affect timely payment of an account, if such problems do arise, I ask the patient discuss this with me in a timely way. In circumstances of unusual financial hardship, I may be willing to negotiate a plan.

Possibly quite important in risk management—my form notes that failure to pay fees when they are due may result in rescheduling an appointment or suspending service. I have had to do this on only a few occasions. I add that checks returned by the bank are subject to a service charge. I have assessed this fee on several occasions as well.

The form ends with a statement which reads, "I have read, understood, and agreed to the policies stated above. I have clarified any questions before signing this consent." Below it is a line for the patient to sign, the person (if different) who is responsible for payment, such as a spouse or parent, a place for my own signature, and the date.

Office forms and policies may seem like a dry subject to us, but financial matters seldom are. ?

## **institute for girls' development** *A Psychological Corporation*



### **Empowering girls for life through**

- Self-discovery • Hardiness skills
- Growth fostering relationships

### **Services & Programs**

- Individual Therapy • Family Therapy
- Del Mar Girl Power Group Therapy (2nd grade–High School)
- Parents Finding Solutions Program (coaching, groups, workshops)
- Young Women's Program (for adults in their 20's & 30's)
- Summer Workshop Programs (3rd grade–High School)

### **Presentations, Workshops & Trainings**

- Available through our Center for Education on Girls' Development

*For more information, visit us on the web:*

[www.InstituteForGirlsDevelopment.com](http://www.InstituteForGirlsDevelopment.com)

**626.585.8075** ext. 108

*Melissa Johnson, Ph.D. PSY13102*

## **Top Reasons to Visit GAMHPA Online**

1. Links to Member Websites
2. Online Newsletter
3. Online Directory
4. Online Application Form

**[psychotherapy.org/gamhpa](http://psychotherapy.org/gamhpa)**

## **Winners of Free Advertising**

In each issue of the newsletter, we randomly select six GAMHPA members.

Each is awarded the opportunity to distribute a practice brochure or flier as a newsletter insert at no charge.

This benefit is worth \$300 in first-class postage to each winner.

Congratulations go to the following winners:

Megan Bearce, M.F.T.  
Michelle Cauley, L.C.S.W.  
Kathy Garcia Egan, L.C.S.W.  
Renate Kerris, M.F.T.  
Positive Directions  
Dale Rose, M.F.T.

## **Newport Psychoanalytic Institute Pasadena / Orange County**

**There's still time to apply!  
New psychoanalytic psychotherapy class starts this fall!**

NPI is a freestanding non-profit institute committed to an integrative study of diverse psychoanalytic schools of thought. Our collegial atmosphere invites curiosity, openness, critical thinking, and a sense of community. We offer small colloquiums of talented creative senior faculty and students. NPI's goal is to enable practitioners to deepen their work with patients while further developing their psychological selves.

- Ph.D., Psy.D. or Certificate in Psychoanalysis
- One year Psychoanalytic Psychotherapy Certificate
- CEU Extension Courses
- Low Cost Psychoanalysis

For further information  
Contact NPI: (714) 505-9080 or (626) 796-2776

## Rupture and Repair: A Relationship Dissolution Group

From Trauma and Loss to Wholeness

With Howard Richard Wax, LMFT, at Las Encinas Hospital at Rose Court, Tuesday, 7:30 pm.

Inspired and mentored by Allan Schore, Ph.D., this group will integrate affect regulation and relational neuropsychology into the group milieu.

Referrals are welcome as an adjunct to your individual therapy.

Contact Howard Richard Wax at (818) 515-3424 or at his web site: [brillianthealing.net](http://brillianthealing.net).

# A major breakthrough for 5 million kids.

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Pasadena, CA 91101  
(626) 796-7511  
License PSY-12145



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Newport Psychoanalytic Institute  
and Fuller Psychological Family Services

## Bridging the Hemispheres: Clinical Neuroscience and Psychotherapeutic Change

Martha Carr, Psy.D., & Richard Carr, Psy.D.

Saturday, October 18      Fuller Theological Seminary  
Registration 9:00 am      180 N. Oakland Ave  
Program 9:30-12:30 pm      Pasadena, CA 91101

\$65 General Admission  
\$45 NPI Members  
\$30 Students and Interns  
No Charge to NPI Candidates  
3 CEUS

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[aadykstra@charter.net](mailto:aadykstra@charter.net)

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## Classified Advertising

### GROUPS

**CO-ADDICTS/CODEPENDENTS GROUP.** For partners of sexual addicts. This weekly group allows partners to work through their feelings and problems associated with being the partner of a sexual addict. Partners find out about their role in the "problem" and learn about the disease of sexual addiction. Individual therapy is available, also. Dale K. Rose, M.F.T., (818) 783-1283.

**CO-ED ADULT PERSONAL DEVELOPMENT GROUP.** Growth group for high achievers who want more out of life—to find lasting intimacy, achieve career satisfaction, and expand friendships. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. Wednesday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714.

**CREATIVE PROCESS GROUP.** A group for practicing and aspiring writers, musicians, visual artists, actors, etc., utilizing the "art as practice" Zen approach of Natalie Goldberg. This ongoing workshop will support and energize your creative process. Saturday, 10am-1pm. \$30 per meeting. South Pasadena location. Call Deborah McColl, M.A., M.F.T., at (626) 665-7363.

**DEL MAR GIRL POWER.** Groups for girls second grade through high school. Promote self-discovery, hardiness, growth-fostering relationships, and empowerment. Social skills groups also available.

Melissa Johnson, Ph.D. (PSY 13102), Institute for Girls' Development, (626) 585-8075, ext. 108.

**FAMILY MEMBERS OF ALCOHOLICS/ADDICTS.** Small open-ended, insight-oriented Process Group with 12-Step emphasis. Monday evenings, 6:30-8pm, Westside, Colleen Land, Psychotherapist, Addiction Specialist, Lic. # MFT70181, (310) 887-0553.

**GAY MEN'S PERSONAL DEVELOPMENT GROUP.** Growth and insight-oriented group addresses dating and relationships, career issues, life enrichment. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. Thursday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714.

**INSTITUTE FOR GIRLS DEVELOPMENT SUMMER WORKSHOP SERIES.** A fun, in-depth experience in self-discovery and hardiness! 2007 Dates: third-fifth grade – July 9-20th; sixth-eighth grade – July 30-Aug 3; ninth-tenth grade – June 25-29. Activities include indoor and outdoor activities, arts and crafts, journaling and creative writing, skits and role-plays, Yoga, fun activities with guest experts. To learn more please refer to our website: [www.InstituteforGirlsDevelopment.com](http://www.InstituteforGirlsDevelopment.com) or contact Robin S. Harpster, M.A., L.M.F.T., at (626) 585-8075 x109.

**LESBIAN PROCESS GROUP.** Ongoing, meets on the second and fourth Tuesday each month from 7-8:30pm. \$50 per month. Openings for 2 people. Maximum 8 women. Interview required. In Sherman Oaks. Call Dr. Mathis, (818) 386-9028.

**MEN'S PERSONAL DEVELOPMENT GROUP.** Growth and insight oriented group addresses male-female relationships, career, self-care, and personal fulfillment. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. Thursday, 7:45-9:15pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714.

**PARENTING GROUP FOR PARENTS OF TEEN AND PRE-TEEN GIRLS.** This 12-week group format combines parent education with sharing and support. This group is designed to help parents enhance their relationships with their teens. For more information contact Lisa Blum, Psy.D., Lic # PSY19790, at (626) 585-8075 x104.

**PERSONAL GROWTH GROUP.** Enhance individual therapy. Provide couples who are willing to work individually alternatives for self-development. Offer clients a place to practice deepening their intimate relating. Openings are now available in on-going group for high achieving men and women seeking more satisfying relationships and meaningful life work. We explore how the choices we make are influenced by our level of self-awareness. Wednesday, 6:30-8pm. \$45/group. Contact Suzy Boyle, L.M.F.T., Lic # MFC25347, at (626) 577-9352. Providing insight-oriented therapy in Pasadena since 1990.

**SECOND HALF OF LIFE GROUP** for women 48+ who are interested in deepening their relationship with the Self through creative activities designed to tap inner resources and promote individuation in a nurturing and supportive environment. Activities include art, music, movement, sand play, meditation,

guided imagery, dream work, role play, as well as cognitive exercises and group discussion. Tuesday and Wednesday evening groups in Encino. Limited to six people per group. Concurrent or prior individual therapy recommended. Call Christi at (818) 759-1898.

**SUPPORT GROUP FOR MEN GOING THROUGH SEPARATION AND DIVORCE.** Starting January 2007. Meets Wednesday eves. 7:30-9pm. \$45 per session. For more information call Larry Brooks Ph.D., Lic. # PSY8161, at (818) 243-0839.

**WOMEN COMING OUT 40ish AND BEYOND.** This is a group for women who are coming out as lesbians a bit later in life, and/or who find themselves in a relationship with a woman and are struggling to understand what this means for their lives from here forward. Group is in Pasadena, Tuesdays 7:30pm, and cost is \$35/session. Contact Emily Moore, M.F.T., for information at (626) 793-1078.

**WRITER'S GROUP.** Don't succumb to "Mr. Holland's Opus" syndrome. Biweekly group for screenwriters, poets, playwrights, comedy writers, journalists, lyricists, authors. Focuses on identifying and overcoming obstacles to productivity, peer support, and accountability for forward movement in your craft. Goal is high quality, timely output with personal career satisfaction. Alternate Wednesdays, 5-6 pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714.

**YOUNG WOMEN'S PROGRAM** at the Institute for Girls' Development (for women 18-30). Groups offered: Developing the Creative Self, Healing Body-Food-Soul, Relationships, Transforming Anxiety, Depression,

and Stress, Healing from Trauma. Melissa Johnson, Ph.D (PSY13102) (626) 585-8075, ext 108. Program co-coordinator: Psychological Assistant Amy Willcoxon, Psy.D. (PSB 31585).

#### **OFFICE SPACE**

**GLENDALE.** Office space available five mornings a week plus Monday and Friday all day. Beautifully decorated with view toward mountains and Pasadena. Receptionist, copier, and full kitchen. Landmark building, corner of Brand and Broadway. Call Tina Clarfield, Ph.D., (818) 507-1550.

**GLENDALE.** Attractive office space in beautifully restored building at 100 North Brand, corner of Broadway. Available immediately on a shared time basis. Space is open for Wednesday p.m., Thursday a.m. & p.m., Friday a.m. & p.m., & Saturdays. Cost approximately \$370 per month. May be seen by arrangement through call to William Clarke, M.S.W., at (818) 244-1935 or (805) 733-0533. Also may be seen through management office at Suite 200 through call to (818) 244-1935.

**GLENDALE.** Small, attractive furnished office with window. Pleasant waiting room with lighting system for clients. Office space available hourly or some days per week. 134 Freeway convenient, near downtown area. Contact Dr. Joy B. Davis, (818) 203-7672 or doctorjoy@earthlink.net.

**GLENDALE.** Office available for sublease Monday and Tuesday. \$175 per month, per day. Preference for someone to rent both days. Office located in a suite that has two other offices, waiting room, kitchen, and separate room for note writing and storing files. Located north of the 134 freeway. Free parking. Contact Megan at (818) 665-9645.

**GLENDDORA.** Attractive furnished/unfurnished office in therapy suite. Waiting room, small kitchenette area, off the 210 and 57 freeways. Call Judy McGehee, M.F.T., at (626) 963-3337 or email jmcgeheepartners@verizen.net. Opportunity to be a part of the CEU programs.

**PASADENA.** Beautiful, historic Pasadena office near freeways and Old Town. Spacious psychotherapy offices available part time, day, and evening hours. Call light system, waiting room, separate restroom, kitchen, fax, copy machine, DSL with firewall. Contact Harriet Callier, Institute for Girls' Development, (626) 585-8075, ext 106.

**PASADENA.** Office space available in newly renovated building in Pasadena's Playhouse District. Excellent location. Free parking, handicapped accessibility. Office space leased by the hour, day or 6 hour blocks of time. Spacious, pleasant offices. Opportunities for referrals. Contact Debbie Hedgecock, L.C.S.W., (626) 821-4028.

**PASADENA.** Located in historic professional building on Colorado and Madison. Attractive bright corner office, comfortably furnished. Spacious solo practice office large enough for group therapy, with waiting room and call light. Office available days and part-time. Contact Suzy Boyle, L.M.F.T., at (626) 577-9352.

**SOUTH PASADENA.** A very comfortable private adult consultation room with windows and/or a fully equipt children's play room available for rent by the day or in 4-hour blocks of time. Waiting room with separate entrance/exit, visual access to waiting room, parking lot,

refrigerator with drinks, microwave, snack closet, buzz system, wheelchair accessible, Internet access, and bathrooms. Please contact Toni Cavanagh Johnson, Ph.D., at (626) 799-4522 or [toni@tcavjohn.com](mailto:toni@tcavjohn.com).

TOLUCA LAKE MEDIA DISTRICT, BURBANK. Large nicely furnished office in a two office suite available part-time. Spacious waiting room, call-lights, kitchen with microwave, refrigerator, copier. Wireless internet. Great soundproofing and air conditioning until evening. Easy parking. Available Mondays and Tuesdays all day and evenings. (818) 559-7261 or e-mail [martha.a.carr@gmail.com](mailto:martha.a.carr@gmail.com).

### GROUPS FOR PROFESSIONALS

COACH available for psychiatrists and M.S.W.s preparing for board exams. Francie Issenman, L.C.S.W., developed and wrote extensive material for the Association for Advanced Training in the Behavioral Sciences (AATBS) preparatory manuals for M.S.W.s preparing for the L.C.S.W. board examination. She also conducted the AATBS training seminars for M.S.W.s in both northern and southern California. Most recently she has been assisting psychiatrists in developing treatment planning and psychotherapeutic intervention skills in preparation for general as well as child psychiatric board exams. For individual or group coaching sessions, please call Francie Issenman, L.C.S.W., at (818) 759-3433.

MARKETING WORKSHOP. Not a one-size-fits-all, this how-to workshop is designed for mental health professionals and students/interns wanting to build a private practice. Twelve facilitated biweekly small group meetings use practical lecture and discussion,

action-oriented assignments, and peer support. 18 CEUs available for M.F.T.s and L.C.S.W.s. Glendale. Call (818) 551-1714 for information or to register.

THERAPIST'S "GUIDE TO SELF CARE" GROUP. Helping others is our calling, but attending to our own needs is essential to achieving our objective. For the mental health professional who wants to create the life they truly want, this support group focuses on listening to your own biopsychosocial "signals" to maximize the things you enjoy, create an environment you are happiest in, reserve ample time for recreation, cultivate rewarding collegial relationships, and get more of your important tasks accomplished—in order to achieve personal satisfaction and well-being. On-going bi-weekly small group format, Wednesday, 10-11:30 a.m. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714.

SUPERVISION CONSULTATION GROUP. This group is for licensed mental health professionals who are interested in contemporary psychoanalytic theory. The goal of this group is to provide a place for open, creative discussion of case material with the objective of deepening one's therapeutic work, enhancing one's clinical understanding, and refining one's utilization of theory in practice. Therapists will have the chance to explore the personal dimension of doing therapy, looking at what they bring into the therapy room, their strengths, weaknesses, conflicts, and passions. Contact Larry Brooks, Ph.D., Lic. # PSY 8161 at (818) 243-0839.

### SERVICES

ATTENTION DEFICIT DISORDER AND SPECIFIC LEARNING DISORDER. The Assessment Center offers psychoeducational testing to

evaluate specific learning disorders, attention deficit/hyperactivity disorder, and emotional difficulties, both in children and adults. Reduce the stress and frustration of an undetected client problem. To discuss a case or receive a brochure, contact Jim De Santis, Ph.D., Lic. # PSY10315, at (818) 551-1714.

BUSINESS CONSULTATION. Private, individualized how-to for mental health professionals and students/interns wanting to start or build a private practice. Formulate goals, identify optimal niches and target markets, design ethical and effective marketing strategy, write effective advertising materials, and track results. Flexible format uses in-person meetings, telephone, and e-mail. Jim De Santis, Ph.D., at (818) 551-1714 or [JJDeSantis@aol.com](mailto:JJDeSantis@aol.com).

COMPREHENSIVE NEUROPSYCHOLOGICAL EVALUATIONS AVAILABLE IN ARMENIAN, FARSI, AND ENGLISH. Dementia examinations and differential diagnosis (e.g., Alzheimer's disease, multi-infarct dementia, depression, other cognitive disorders of the elderly). Unexplained cognitive decline (e.g., memory problems, attention/concentration problems). Other neurological disorders (e.g., seizure disorder, tumors, stroke, Parkinson's disease). Head injuries (e.g., motor vehicle accidents, falls). Psychodiagnostic assessments (e.g., determining degree of thought disorder, delusions). School performance difficulties (e.g., ADD/ADHD, learning disabilities). Competency evaluations (e.g., medical and financial decision-making capacity). Disability assessment (e.g., Worker's Compensation cases). Contact Audrey Khatchikian, Ph.D., at (818) 476-0066.

DR. AUDREY KHATCHIKIAN, PH.D. Now accepting Blue Shield and Medicare for neuropsychological evaluations and treatments. Please call (818) 476-0077.

PRIVATE PRACTICE OFFICE FORMS. Field-tested, up-to-date fast-start kit of forms includes patient intake, financial agreements, HIPAA notice, consents and releases, and clinical assessment forms now available via CD-ROM, hard copy, or e-mail. For more information or to examine samples, visit [hometown.aol.com/jjdesantis/office.html](http://hometown.aol.com/jjdesantis/office.html) or call (818) 551-1714.

PROFESSIONAL DEVELOPMENT PROGRAMS. PDP is certified by the CPAA and the BBS to provide continuing education to Psychologists, Licensed Clinical Social Workers, and Marriage and Family Therapists. We work with small groups and agencies to design programs to meet your specific needs. Call (818) 243-0839, or e-mail [ProDevProg@aol.com](mailto:ProDevProg@aol.com) for information about our programs.

SPECIAL EDUCATION ADVOCACY. Services provided to parents needing help in obtaining special education services from public schools. This includes the initial assessment as well as supporting parents in the IEP process to make sure their children receive all of the services the child needs. Call Ed Brostoff at (323) 664-9312.

TREATMENT IN ARMENIAN, FARSI, AND ENGLISH: Individual and couple's psychotherapy. Contact Audrey Khatchikian, Ph.D., at (818) 476-0066.

### PUBLICATIONS

DIAGNOSTIC TESTING DIRECTORY. No cost to obtain a copy or submit a listing. New

directory for purposes of professional cross-referral, listing 230 psychologists throughout Los Angeles county who offer psychological assessment services, whether educational, neuropsychological, forensic, vocational, custody, or general psychiatric differential diagnosis. View or download from [hometown.aol.com/jjdesantis/psychtest.html](http://hometown.aol.com/jjdesantis/psychtest.html), call (818) 551-1714, or e-mail to [JJDeSantis@aol.com](mailto:JJDeSantis@aol.com).

GAMHPA MEMBERS DIRECTORY. Over 100 mental health professionals in the Glendale area, cross-indexed by specialties and insurance accepted. This 65-page resource is available free to review or print from the following internet address: [psychotherapy.org/gamhpa](http://psychotherapy.org/gamhpa). Paper copy available by mail, call GAMHPA at (818) 771-7680.

GROUP THERAPIST DIRECTORY. Request a copy or submit your free listing. Concise, up-to-date directory of outpatient psychotherapy groups in Los Angeles county. 330 facilitators and 900 groups. Edited by a licensed psychologist and certified group psychotherapist. Web page has received over 18,000 hits from visitors. View or download from [hometown.aol.com/jjdesantis/grplist.html](http://hometown.aol.com/jjdesantis/grplist.html), call (818) 551-1714, or e-mail [JJDeSantis@aol.com](mailto:JJDeSantis@aol.com).

PEDIATRIC PSYCHIATRIST DIRECTORY. Concise list of 250 child psychiatrists in Los Angeles county, available on the internet at [hometown.aol.com/jjdesantis/peppsychmd.html](http://hometown.aol.com/jjdesantis/peppsychmd.html).

### AFFILIATE AGENCIES

COLDWATER COUNSELING CENTER is a non-profit organization based in Studio City providing depth psychotherapy to adults and children on a sliding-scale basis. All therapists

and interns have had, and continue to engage in, extensive personal analysis. The staff—mostly licensed M.F.T.s—includes three Jungian analysts and a number of analysts-in-training. For information or a brochure, call (818) 508-0703, or visit us online at [www.coldwatercounselingcenter.org](http://www.coldwatercounselingcenter.org).

FRONTPOINT CHILD AND FAMILY THERAPY is an organization of highly skilled licensed clinicians who specialize in helping children, adolescents, and their families reach their goals. Services include individual, family, and group therapy, parent consultation, play therapy, psychological testing/assessment, and psychiatric services. We also provide individual and couples therapy for adults, and group presentations and trainings for schools, churches, and parent organizations. Fee for service, sliding scale, and most PPO insurance programs accepted. Reduced rates available for psychology graduate students fulfilling their therapy requirement. For more information, visit our website at [www.FrontPoint.org](http://www.FrontPoint.org), or call (626) 396-9502.

POSITIVE DIRECTIONS COMMUNITY COUNSELING CENTER, serving the Glendale area community since 1986, offers high-standard, low-fee, short- and long-term psychotherapy. Positive Directions is dedicated to providing excellent psychotherapy to clients who can't afford private practice fees. Substance abuse counseling is also available as well as information and referrals, sober social events, and a variety of self-help meetings. (818) 247-8180, [dmccoll@vmhc.org](mailto:dmccoll@vmhc.org). ?



## Websites by GAMHPA Members

Michael Barnes, Ph.D.	<a href="http://www.michaelbarnesphd.com">www.michaelbarnesphd.com</a>	Private practice
Michelle Barone, M.F.T.	<a href="http://www.michellebarone.net">www.michellebarone.net</a>	Private practice
Megan Bearce, M.F.T.	<a href="http://www.meganbearce.com">www.meganbearce.com</a>	Private practice for gifted teens/adults
Kate Beiler, Psy.D.	<a href="http://www.katebeiler.com">www.katebeiler.com</a>	Private practice
Rodney Boone, Ph.D.	<a href="http://www.cbtsocal.com">www.cbtsocal.com</a>	Cognitive behavioral therapy
Larry Brooks, Ph.D.	<a href="http://www.pdpce.com">www.pdpce.com</a>	Continuing education
Ed Brostoff	<a href="http://www.specialedhelp.com">www.specialedhelp.com</a>	Educational advocacy
Kristin Cantella, M.F.T.	<a href="http://www.kristincantella.com">www.kristincantella.com</a>	Private practice
Martha Carr, M.F.T.	<a href="http://www.mcarrmft.com">www.mcarrmft.com</a>	Private practice
Valarie Cascadden, PhD, LMFT	<a href="http://www.journeyguide.net">www.journeyguide.net</a>	Private practice
Michelle Cauley, L.C.S.W.	<a href="http://www.cauleyassociates.com">www.cauleyassociates.com</a>	Private practice
Coldwater Counseling Center	<a href="http://www.coldwatercounselingcenter.org">www.coldwatercounselingcenter.org</a>	Clinic
Lorraine Cummings, L.C.S.W.	<a href="http://www.caringwithpassion.com">www.caringwithpassion.com</a>	Geriatric care management
Jim De Santis, Ph.D.	<a href="http://hometown.aol.com/jjdesantis">hometown.aol.com/jjdesantis</a>	Testing, groups, business consultation
David D. Fox, Ph.D.	<a href="http://www.psychotherapy.org">www.psychotherapy.org</a>	Resource center & web hosting
Anita Frankel, M.F.T.	<a href="http://www.therapyinla.com/area3.html#anitif">www.therapyinla.com/area3.html#anitif</a>	Private practice
FrontPoint	<a href="http://www.frontpoint.org">www.frontpoint.org</a>	Group practice
Glendale Memorial Hospital	<a href="http://www.glendalememorial.com">www.glendalememorial.com</a>	Behavioral health services
Enrico Gnaulati, Ph.D.	<a href="http://www.dr.gnaulati.net">www.dr.gnaulati.net</a>	Private practice
Ira Heilveil, Ph.D.	<a href="http://www.pacificchild.com">www.pacificchild.com</a>	Nonpublic agency for children
Lorah Joe, L.C.S.W.	<a href="http://www.lorahjoe.com">www.lorahjoe.com</a>	Private practice
Melissa Johnson, Ph.D.	<a href="http://www.instituteforgirlsdevelopment.com">www.instituteforgirlsdevelopment.com</a>	Group practice & resources about girls
Jessica LeRoy, MFT	<a href="http://www.jessicaleroy.com">www.jessicaleroy.com</a>	Private practice
Karin Meiselman, Ph.D.	<a href="http://www.meiselman.net">www.meiselman.net</a>	Private practice
Holly Miller, M.F.T.	<a href="http://www.hollytherapy.com">www.hollytherapy.com</a>	Private practice & art therapy
Newport Psychoanalytic Inst.	<a href="http://www.npi.edu">www.npi.edu</a>	Training institute
Thomas Oldenburger, L.C.S.W.	<a href="http://therapist.psychologytoday.com/42652">therapist.psychologytoday.com/42652</a>	Private practice
Craig Peterson, PsyD, MBA	<a href="http://www.apapo.org/drcraigpeterson">www.apapo.org/drcraigpeterson</a>	Private practice
Marcel Ponton, Ph.D.	<a href="http://www.personagroup.com">www.personagroup.com</a>	Neurobehavioral assessment
Arghavan Sadeghi, M.F.T.	<a href="http://therapist.psychologytoday.com/38050">therapist.psychologytoday.com/38050</a>	Private practice
Megan Torrey-Payne, L.C.S.W.	<a href="http://www.megantorreypayne.com">www.megantorreypayne.com</a>	Private practice
Anne Warman, Psy.D., M.F.T.	<a href="http://therapist.psychologytoday.com/45189">therapist.psychologytoday.com/45189</a>	Private practice
Charles Weinstein, Ph.D.	<a href="http://www.charlesweinsteinphd.com">www.charlesweinsteinphd.com</a>	Private practice
Andrew Whaling, M.F.T.	<a href="http://www.great-marriages-now.com">www.great-marriages-now.com</a>	Marriage/relationship counseling
Kathleen Williams, Ph.D.	<a href="http://www.psychologist-losangeles.com">www.psychologist-losangeles.com</a>	Private practice
Cathy Wright, L.C.S.W.	<a href="http://www.petgriefsupport.com">www.petgriefsupport.com</a>	Pet loss bereavement services

If you are a GAMHPA member and have a website you would like to submit for publication in this newsletter and placement as a link on the GAMHPA website, please contact David D. Fox, Ph.D., webmaster, at (818) 246-3937.

# GAMHPA

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## BOARD OF DIRECTORS

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(818) 951-7744

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Social Events Chair  
(626) 224-4563

## MISSION

GAMHPA was founded in 1992 by a few local area mental health professionals in private practice. Within several years, it grew to over 100 members. Our mission is to advance professional development through networking, continuing education, and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline. We are an interest group only and do not provide referrals to the community. We are not a profit-making organization.

## MEMBERSHIP

Contact any Board member for an application form to join or download a copy from our website. Full Member dues for licensed mental health professionals, \$65 per year. Associate Member dues for students, interns, organizations, and others, \$45 per year. Dues may be deducted as an ordinary and necessary business expense but not as a charitable contribution.

## BENEFITS

Members receive a number of exclusive benefits. Members can present a talk or publish an article on a professional topic. They are listed in the annual membership directory, distributed to the business and professional community, including hundreds of colleagues in the mental health community and posted on our website.

Members can place free classified ads and receive discounted rates for display ads, newsletter flier inserts, and mailing list labels. Members are automatically entered in random drawings for free newsletter insert advertising and for publication of a professional bio in the newsletter. They receive reduced rates for continuing education.

## NEWSLETTER

The GAMHPA Newsletter is customarily published bimonthly, distributed to the local mental health community, including Glendale, Burbank, Pasadena, La Crescenta, La Canada Flintridge, Los Feliz, and Silverlake. Contact us to be added to our mailing list. If you have moved, are planning to move, if we are sending your newsletter to a wrong address, or if you wish to discontinue delivery, please notify us.

## EDITORIAL POLICIES

GAMHPA encourages members to contribute articles of scholarly or clinical interest for publication. We encourage submissions in computer-readable format. Submissions must be forwarded to the editor by the deadline. Opinions expressed in this newsletter are not necessarily those of the Association or its members. GAMHPA does not endorse any of the products or services advertised.

### Newsletter Deadlines

Oct/Nov Issue	Sept 19
Dec/Jan Issue	Nov 21
Feb/Mar Issue	Jan 23

## ADVERTISING

Classified ads will run for two issues, display ads for one issue. Advertising for services by psychologists or psychological assistants must include the license number of the psychologist. Display ads must be camera-ready; submit one copy for each issue. To submit an insert—such as a flier or brochure—provide the number of copies to cover the mailing list. Due to publication processes, each newsletter is delivered approximately three to four weeks after our deadline.

### Advertising Rates

Item	Member	Non-Mem
Classified ad	Free	\$20
1/8-page display ad	\$25	\$50
1/4-page display ad	\$45	\$70
1/2-page display ad	\$65	\$90
Mailing list, printed	\$15	\$25
Mailing list on labels	\$25	\$35
Mailing list on disk	\$80	\$80
e-Mail list	\$15	\$25
Newsletter inserts	17¢	29¢

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