



Glendale Area

Mental Health Professionals Association

NEWSLETTER

YOUR GUIDE TO GAMHPA NEWS,
INFORMATION AND EVENTS
January February March 2015

A Note from the Editor



Welcome, everyone, to a brand new year. This season brings with it a rejuvenating force and a chance to renew our promises to ourselves about who we choose to be and what we choose to pursue. I'm hopeful that 2015 will be a positive and exciting year for all of us, bringing new challenges, opportunities and people into our lives. Be sure to double-check our meetings and luncheon schedule to the right and I hope each

and every one of you is ready to take on all that 2015 has to offer. Happy New Year!

Suzette

Suzette Bray is a Licensed Marriage and Family Therapist and Executive Director of Village Counseling and Wellness in Burbank. She spends her limited time outside of the office frantically attempting to thwart the more dangerous adventures of her thrill-seeking four-year-old son. She can be reached at (818) 238-9895, villagecounselingandwellness.com or suzettebraymft@sbcglobal.net.

Calendar of Events

BOARD MEETINGS
Shakers Restaurant
801 Central Ave
Glendale, CA 91203

Friday, January 9, 2015
Friday, March 20, 2015
Friday, May 15, 2015
Friday, July 17, 2015
Friday, September 18, 2015
Friday, November 13, 2015

All meetings 9:15 - 11 am
All are welcome.

QUARTERLY NETWORKING EVENT
Acapulco
722 N. Pacific Ave.
Glendale, CA 91203

Friday, January 30

Pre-pay online- \$12
At the door- \$15

Check-In is at 11:45.
Lunch is from 12 to 1:30 p.m.
All are welcome.
RSVP : Kimberly Wong at 626-260-1356, or Rachel Thomasian at rachelthomasian@gmail.com by the Wednesday prior to event date.

2015 Luncheons

Friday, April 17
Friday, July 10
Friday, October 2

Call for Submissions

We want to hear from YOU!
GAMHPA is looking for mental health articles, press releases, essays, or case studies (under 1000 words) for our upcoming issues.

Submit to Suzette Bray at
suzette@villagecounselingandwellness.com



Newport Psychoanalytic Institute

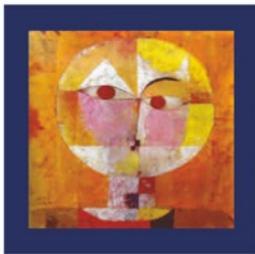
Tustin | Pasadena

www.npi.edu | admin@npi.edu



Enlivening the Self: Beyond Empathy

James L. Fosshage, PhD
Pasadena Hilton
March 21, 2015



For more info please see
www.npi.edu, or call us at
626.796.2776 or 714.505.9080

Dr. Fosshage will take us from the evolution of Self Psychology to his current model of a Relational Self Psychology. He will describe fresh approaches to understanding our clients' needs, along with recent developments in how therapist and client engagement can be used to facilitate desired change. Author of over 8 books and 100 articles, Dr. Fosshage will take us on a journey to contemporary clinical practice.

NPI: Programs that engage and inform

Training

- PhD in Psychoanalysis
- PsyD in Psychoanalysis
- Research Psychoanalyst
- Psychodynamic Certificate

Continuing Education

- Conferences
- Seminars & Short Courses
- Plays & Movies with Psychoanalytic Discussions

Marks and Scars

By Carl Totton, PsyD

Like timid lovers
Kissing in the dark
We don't leave marks
Only scars

Hearts running astride
Memories cast aside
With truth being the last to flee
All that's left is you and me

Wanting so desperately
To show you to me
Always afraid it's still too soon
Every gaze exposes a wound

But holding the space makes it ok
To bury shame and show my face
Being born means giving birth
And living life for all it's worth

So let's open our hearts
And embrace the dark
We'll leave our mark
And heal our scars

Dr. Carl Totton is a licensed psychologist who practices in North Hollywood and Chatsworth, CA. He specializes in work with adults, adolescents and children. He can be reached at (818)-760-4219, drcarlat@yahoo.com or at www.drcarltotton.com



Navigating Minor's Testimony in Child Custody Cases

By Levon Kevorkian

Every Family Law practitioner knows and maybe dreads the day that the child testifies in court. All attorneys have heard from the parents that the child does not want to see the other parent anymore. Parents constantly want the attorney to try to get the child's statements into evidence. However this presents many problems. Let alone the hearsay objections, how are we supposed to validate the credibility of the statements without corroboration from a third party?

Family courts have a variety of tools to use to find out what the child wants. The first and most exhaustive tool is Family Code Section 3042. This statute, along with California Rule of Court 5.250, outlines the ability of judges to hear preference testimony from the child.

The first question is whether the child is under or above 14 years of age. If the child is less than 14 years, then his or her ability to give preference testimony is subject to a finding by the judge that it is appropriate and in the child's best interests. If the child is 14 years or older, then the child has more of an affirmative right as long as doing so is not against the best interests of the child.

Once this is taken care of the judge may take preference testimony of the child. The next question becomes where and how to do it. Evidence Code Section 765 gives the judge the ability and authority to oversee the process to make sure there is no harassment done against the child. The judge may either take testimony in chambers or in court but close it off to members of the public.

There are a variety of ways of getting the information from the child besides taking preference testimony. California Rule of Court 5.250 gives many means of obtaining the child's testimony such as Family Code Section 3190 counseling, using a child custody evaluator, or appointing minor's counsel.

One common tool is using family court services to interview the minor under the Parenting Plan Assessment I evaluation. The representative interviews the child, each parent separately, and calls collateral people such as teachers and therapists before making the report. In the afternoon hearing the interviewer brings the report to the judge and may testify under oath and be subject to cross examination. The recent Parenting Plan Assessment II option is a two day process that is a more extensive interview. This option is seldom used but is appropriate for move away cases, allegations of child abuse, and in cases with a history of child abduction.

One step above the PPA plans is the 730 evaluation. Named after Evidence Code section 730, these evaluations are perhaps the most thorough evaluations that exist in child custody. The evaluator actually goes to the residences of the parents and conducts more elaborate interviews and observes the living conditions. These are also the most expensive evaluation and are done in cases where there is a demonstrated need for the detailed interviews. One pitfall with these evaluations is that they must be made during a contested hearing. In other words, filing a request for order just to obtain a 730 evaluation without any request to modify is not likely going to get you the evaluation. Judges will be more inclined to grant this evaluation if parties are seeking it in anticipation of trial or for settlement purposes in a contested case.

Judges will take great care in taking the preference testimony of minor children. They will balance the due process requirements of the parents with the need to protect the best interests of the child. It is also worth noting that even if the parents are able to convince the judge to hear preference testimony from the child, there is no guarantee that the judge will follow the child's stated preference. This is particularly important in cases where the judge may think there is some undue influence. The ultimate guiding law for judges is to do what is in the best interests of the child.

Levon Kevorkian is a graduate of UC Berkeley School of Law and practices Criminal Defense and Family Law in Pasadena, California. He is a former Reserve Deputy City Attorney with the Los Angeles City Attorney's office and holds a winning jury trial record. He can be reached at levon@kevorkianlawoffices.com and via phone at 626-227-1176.



HIV and AIDS: Reflections on a Stubborn Epidemic

By Dan Alonzo, Psy D.

Recently, on December 1, World AIDS Day once again made its annual appearance on the blogosphere and the nightly news. The website AIDS.gov reported its grim statistics, something now of a ritual posting that may be noticed by fewer and fewer of us, as we seem much more concerned with the Ebola virus. The stats paint a disturbing picture: More than 1.2 million people in the U.S. alone are infected with HIV; we have lost more than 648,000 to AIDS since the beginning of the epidemic; one in six infected persons is living with HIV and does not know it – and those people are capable of unknowingly passing on the virus to others.

I stare at these numbers with a measure of disbelief. Working with HIV/AIDS has been one of my foci in my professional life, alongside my other specializations as a sex therapist and relationship/couples therapist. I ask myself, “Why has this epidemic been so stubborn? Why are new infections happening at all?” I can remember the early days of fear and ignorance, when people were afraid of casual contact with a person with AIDS, fearful that a mere handshake or hug could transmit the virus. Surely we have grown in our understanding of AIDS. And yet, I often hear colleagues report an awkward discomfort when attempting to have sensitive and explicit conversations with their clients about sex.

More than 1.2 million people in the U.S. alone are infected with HIV.

We mental health professionals have an opportunity to make a difference here in the greater Los Angeles metropolitan area, where infection rates continue to be higher than the national average. We can talk with our young clients about the importance of safer sex. We can reach out to segments of our population with the highest new infection rates, such as young gay men and minorities, and listen to their stories as they search for intimacy in the shadow of this epidemic; we can have frank, caring conversations with all of our sexually active clients as they talk about dating and relationships. As discouraged as I sometimes feel, I also have hope that we can have a positive impact – that we can create a safe space where we listen with wise, open, nonjudgmental hearts to bring us closer to a world of sexual health.



Daniel J. Alonzo, Psy.D., is both a Licensed Clinical Psychologist and a Licensed Marriage and Family Therapist, specializing in couple therapy, sexual health, LGBT mental health, and HIV/AIDS for over 20 years. Dr. Alonzo is also a Certified Sex Therapist, credentialed through the American Association of Sexuality Educators, Counselors, and Therapists (AASECT). In addition to seeing clients in his private practice, he serves as a member of the core faculty at Phillips Graduate Institute in Chatsworth, California. He is also a member of the adjunct faculty at Pepperdine University.

Dr. Alonzo’s website is www.drdanielalonzo.com, and he can be reached at daniel@drdanielalonzo.com or his private practice office at (323) 549-9409.

INTRODUCING SHRINKSYNC: THE NETWORKING APP FOR THERAPISTS

ShrinkSync is a revolutionary social network created specifically to meet the needs of mental health professionals. Connect with therapists, build your network, grow your practice - ShrinkSync makes it all happen with little to no effort. Get client referrals, event invitations and job posts sent directly to your phone. Earn free CEU's. Join in on discussions on a secure, private platform exclusively for therapists.

Everything your practice needs, literally at your fingertips.

Available for Android and Apple devices. Join today!

WWW.SHRINKSYNC.COM / (888) 507-5899 / SUPPORT@SHRINKSYNC.COM



Five Questions with Iris C. Alegria-Chazenbalk, LMFT

By Jessica Davis, MFTi

1. If you weren't a therapist, what would you be?

I would have liked to work in a job that combines culture, traveling and communications [with] problem solving, perhaps at a consulate, embassy, or foreign office representing my country abroad.

2. What is the one thing in your bag of therapeutic tricks you could not live without?

I don't find any, if I don't have something [on] hand, I [will] replace it with something else. In that case I could not live without a variety of tricks that can serve me at different times and situations.

3. What is your favorite book?

Hard to say! Maybe The Prophet by Kahlil Gibran

4. Where is the most beautiful place you have ever been?

It is very hard to say: Macchu Picchu in Cuzco-Peru, Kyoto in Southern Japan, Bora-Bora, Tahiti? Perhaps the most beautiful place is any place as long as you are at peace, content, and fulfilled....

5. What is the best advice you have ever been given?

Speak the truth....

6. What do you do to re-energize yourself?

Any non-psychological activity: hiking, reading, writing, visiting new places close by or far away.

Iris C. Alegria-Chazenbalk, LMFT, is a Licensed Marriage and Family Therapist with over 15 years of experience. She received her B.A. in Communications and Public Relations, and post-graduate certificates in Communications and Business Administrations, in Lima, Peru. She holds a Masters of Psychology with an emphasis in Family Therapy. She can be reached at iris.mft@gmail.com, www.irisalegria.com, or at 323-634-4812.



Jessica Davis is a MFT intern, who practices at Village Counseling and Wellness in Burbank. Jessica specializes in DBT with adolescents and parent coaching. She can be reached at 626-827-6786 or by email jessica@villagecounselingandwellness.com

Classified Advertising

GROUPS

Dialectical Behavior Therapy Skills

Training Groups for teens and adults who have difficulty with emotional regulation. We are comprehensive DBT program in Burbank. Please contact Suzette Bray, MFT, MFC37518, Executive Director of Village Counseling and Wellness, (818) 238-9895 or suzette@villagecounselingandwellness.com.

Co-ed Adult Personal Development Group.

Growth group for high achievers who want more out of life – to find lasting intimacy, achieve career satisfaction, and expand friendships. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. Wednesday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818) 551-1714

jidesantis@aol.com.

Gay Men's Personal Development

Group. Growth and insight-oriented group addresses dating and relationships, career issues, life-enrichment. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. Thursday, 7-9 pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818)551-1714

jidesantis@aol.com.

Moving Through Bereavement.

On-going supportive and educational group uses here-and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818) 240-1355.

Thriving with Diabetes.

Ongoing supportive and educational group uses here-and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818) 240-1355.

Post Traumatic Stress Disorder / Trauma / Sexual Abuse Survivors Process Group for Women.

This group will allow survivors to share their abuse and recovery experiences, while providing a safe space for healing and to try out new, healthy coping skills. This group is targeted to sexual abuse, incest, assault, and rape issues. This is held every other Wednesday morning in Pasadena, CA. Please contact Cristina Mardrossian, LMFT at (818)434-6051 for more information.

Men's Separation and Divorce Support

Group. For men either contemplating separation or divorce, going through it, or recovering from it. Communication with an estranged spouse, co-parenting, building a

new circle of friends, dating, maintaining productivity at work, and achieving personal satisfaction with life. Wednesdays, 7:45-9:15 p.m., Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818)551-1714, jidesantis@aol.com.

Teen Talk Support Group.

This co-ed support group is a safe place for teens to talk about everyday challenges with school, parents, relationships, and to get support from other teens. Increase self-esteem, healthy decision-making and self-awareness. Weds, 6-7:30pm. Glendale. Susan Chakmakian, MA, MFT, MFC41817 contact by 818-839-0390 or susan@susanchakmakian.com.

Write Your Life to "Right" Your Life.

Writing group in Toluca Lake. This group meets once per week for 10 weeks; anyone can join any week as this is not a "chronological" process. Help your clients augment their therapy process by journaling and writing, even fictionalizing the stories of their lives into publishable works. I am both a licensed MFT in California and a professional writer and teacher of creative writing. Vickie.saxon@gmail.com or 818-640-3789.

Men and Women's Interpersonal

Therapy Group - A safe environment for adults to explore their issues and gain the support and feedback of other men and women. Members learn how to connect past experiences with present circumstances, to gain self-awareness and find new ways to cope and relate to others and find overall well-being. Thurs, 6:30-8pm. Glendale. Susan Chakmakian, MA, MFT. MFC41817. For more information: susan@susanchakmakian.com or 818-839-0390.

Divorce Class.

The Law Collaborative hosts free family law classes on the second Saturday and fourth Wednesday of every month, as a free service to the community. An attorney answers questions and concerns of attendees regarding divorce, child support, child custody, and alimony. It is extremely beneficial to people currently affected by divorce in any way.

If you would like more information on this topic, please call Courtney at (818)348-6700 or send an email to courtney@thelawcollaborative.com.

GROUPS FOR PROFESSIONALS

Consultation Group.

For experienced licensed therapists who are interested in contemporary psychoanalytic theory. The goal of this small group (limited to 5) is to provide a place for open, creative discussion of case material with the objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's ability to apply theory to practice, and more effectively using one's self in the clinical encounter. Tuesdays 12:00 – 1:45. For more information contact Larry Brooks, Ph.D., Lic. # PSY8161 (818) 243-0839 or drlarrybrooks.com

Consultation Group for therapists starting out in private practice. Targeted to clinicians

with less than 5 years of post licensure experience. This small group (limited to 5) will provide a setting to strengthen clinical skills as well as deal with the personal/professional challenges of being in private practice. It will utilize a contemporary psychoanalytic framework to discuss clinical material with objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's application of theory to practice, and more effectively use in one's self in the clinical encounter. Fridays 3:15 – 5:00 For more information contact Larry Brooks, Ph.D., Lic. # PSY8161 (818) 243-0839 or drlarrybrooks.com.

SERVICES

INTERN/TRAINEE Process Group Being an intern/trainee can be emotionally stimulating at the least! And while it's important to work through your counter-transference with clients, and learn more about your own relationships, it may be an expensive prospect while you are interning. A group may be just what you need. Get support from your peers and guidance from someone whose been there. 300 hours in 100 hours! Led by Susan Chakmakian, MA, MFT. MFC41817. For info: 818-839-0390.

susan@susanchakmakian.com

Attention Deficit Disorder and Specific Learning Disorder.

The Assessment Center offers psychoeducational testing to evaluate specific learning disorders, attention deficit/hyperactivity disorder, and emotional difficulties, in both children and adults. Reduce the stress and frustration of an undetected client problem. To discuss a case or receive a brochure, contact Jim De Santis, Ph.D., Lic # PSY10315, (818)551-1714

jidesantis@aol.com.

Business Consultation.

Private, individualized how-to for mental health professionals and students/interns wanting to start a private practice. Formulate goals, identify optimal niches and target markets, design ethical and effective marketing strategy, write effective advertising materials, and track results. Flexible format uses in-person meetings, telephone, and e-mail. Jim De Santis, Ph.D. At (818) 551-1714 or JJDeSantis@aol.com.

Private Practice Office Forms.

Field tested, up-to-date fast-start kit of forms includes patient intake, financial agreements, HIPAA notice, consents and releases, and clinical screening forms. CD-ROM, paper copy, or via e-mail. For more information or to examine samples, visit JJDeSantis.com.

The Therapist's Journey

formerly known as Professional Development Programs is certified by the MCEPAA and BBS to provide continuing education to Psychologists, Social Workers, and Marriage and Family Therapists. The Therapist's Journey works with small groups of clinicians and agencies to design programs to meet your specific training needs. Call Dr. Larry Brooks at (818) 243-0839 or check out the website at drlarrybrooks.com.

PUBLICATIONS

Child Psychiatrist Directory. Concise list of 440 physicians who provide psychiatric services to children and adolescents throughout Los Angeles County available on the internet at JJDeSantis.com.

Subscribe to The Therapist's Journey, an E-newsletter that focuses on the subjective experience of doing psychotherapy in these changing times. Go to drlarrybrooks.com.

Diagnostic Testing Directory. Free directory of 350 licensed psychologists throughout Los Angeles County who offer psychological assessment services: educational, neuropsychological, forensic vocational, custody, and general psychiatric differential diagnosis. View or download from www.JJDeSantis.com.

East San Gabriel Valley Directory. Free directory of 156 mental health professionals east of the 605 freeway from Azusa to Pomona, cross-indexed by specialties, services, second languages, and insurance accepted. View or download at www.JJDeSantis.com.

GAMHPA Members Directory. 117 licensed mental health professionals in the Glendale area, cross-indexed by specialties, services, second languages, and insurance accepted. This 65-page is available free at the GAMHPA website: gamhpa.org.

Group Therapy Directory. Free, up-to-date directory of outpatient psychotherapy groups in Los Angeles County. 500 facilitators and 1,250 groups. Directory has received over 25,000 visits on the internet. View or download from www.TheGroupList.org.

Home Schooling. "Finding Your Way: Exploring Your Family's Educational Journey," a workbook of discussion topics and thought provoking exercises by GAMHPA member Michelle Barone, MFT. Learn more at michellebarone.com.

OFFICE SPACE FOR RENT

EAGLE ROCK OFFICE: Lovely window office in a professional suite. Sunny and light. Nice two-story garden building. Attractive warm suite has two professional offices, secretarial office, comfortable reception room, and private restroom. Free parking. On Colorado Blvd. (between Orange Grove and Figueroa). Easy access to 134/210 freeways. Available 3-5 days per week; month-to-month or annual sub-lease.

Call (323) 340-1596 or (626)796-1093.

GLENDALE. Floor to ceiling windows office for rent. Three person suite, soundproofing, call lights, newly furnished, easy freeway access, parking garage on premises prime location and view of Brand Blvd. (818)913-7301.

LA CANADA. Just completed office space in La Canada with private waiting area, therapist signal system, sound proofing, plus separate entrance and exit. There are a total of 4 offices within the suite, the building is very well maintained with security for both the building and suite. Similar to 595 Colorado in Pasadena but it's in La Canada! Learn more about from Debra Kessler, Psy.D at www.drdebrakessler.com

GLENDALE. Office space available five mornings a week plus Monday and Friday all day. Beautifully decorated with view toward mountains and Pasadena. Receptionist, copier, and full kitchen. Landmark building, corner of Brand and Broadway. Call Tina Clarfield, Ph.D., (818) 507-1550.

GLENDALE. PT space available for mental health professional. Attractive, upscale and professional building. Highly secured. Beautiful waiting area with refreshments available. Separate exit. Handicap accessible. Great networking opportunities. Newly painted and furnished tastefully. Floor to ceiling window with a view. Nearby freeway. Reasonable rates. Café within the building. Call Anita Avedian at (818) 426-2495 for more information or email her at avediana@aol.com.

PASADENA. Window office in attractive, cozy building. Shared waiting room in friendly suite. Office set up for kids or adults. Available all day Friday and on weekends, Monday mornings and until 4:30 on Thursday. \$200/day/month or by the hour. Contact Bruce Hirsch (626) 395-7833 or drbruce@brucehirschphd.com

PASADENA. Office space available at 309 office at 711 East Walnut Street in Pasadena for reasonable rates. Includes free mentoring in helping you get started in your practice. Lovely office and free parking. Great location in the Playhouse district. Contact Debbie Hedgecock at 626-821-4028 for info.

SILVERLAKE. Spacious and sunny 2nd floor office available Fridays after 12 PM and Saturdays after 11 AM. The Silverlake Avenue location is ideal for therapists

wishing to serve the East side communities of Echo Park, Silverlake, and Los Feliz. We are "freeway close" -- just a few minutes from the 2, the 5, and the 101. Please call Anita Frankel MA MFT at 323-661-0297.

BURBANK. Office space to share. Available Monday-Friday all day, plus some evening and weekend hours if needed. Located in the heart of Toluca Lake at 10000 Riverside Drive (across from Paty's). Rent is less than \$400/month depending on time needed. Waiting room, plus comfortable, bright corner therapy office. Vickie Saxon: 818-640-3789 or Vickie.saxon@gmail.com

BURBANK. Comfortable, warmly decorated office space available in therapy suite. Medical building close to Toluca Village, St. Josephs Hospital, NBC, Disney and freeways. All amenities supplied, including call light. Available on hourly, daily or monthly basis Contact: Miriam Davis, MFT at (818) 848-3022 or miriamdavis@verizon.net

LA CANADA. Part time office space available for rent in La Canada (in a newly remodeled building with 4 other offices, 1 large bathroom, waiting area, kitchen, private parking, on a small street) Cost: \$550. Available hours: M-W: anytime before 12pm, Th-Sun: all day New year lease starts March 1st. Contact Hillary Haynes at (818) 516-3561.

BURBANK. Inviting office space available for sublease at 4444 Riverside Drive. Located between Bob's Big Boy and Paty's Restaurant. Convenient parking. Reasonable rent. Available weekday mornings, all day Saturdays, and all day Sundays. Free group consultation with experienced and supportive officemates on Thursdays at noon. Contact Wendi Svoboda, LCSW at (818)288-6711 or wsvobodalcsw@yahoo.com.

BURBANK. Fully furnished office with a cozy, yet professional style. It is centrally located in a quiet area in Burbank close to the studios and near the Golden State Freeway. Parking is ample and free. If interested, please call (818) 848-5653.

Call for Submissions
We want to hear from YOU!
GAMHPA is looking for mental health articles, essays, or case studies (under 1000 words) for our upcoming issues.
Submit to Suzette Bray at
suzette@villagecounselingandwellness.com

GAMHPA

Glendale Area Mental Health
Professionals Association
138 North Brand Boulevard
Suite 300
Glendale, CA 91203-4618
(818) 771-7680
www.gamhpa.org

MISSION

GAMHPA was founded in 1992 by a few local area mental health professionals in private practice. Within several years, it grew to over 100 members. Our mission is to advance professional development through networking, continuing education, and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline, reflecting real patterns of professional referral. We are an interest group only and do not provide referrals to the community. We are not a profit making organization.

MEMBERSHIP

Download an application form from our website. Full member dues for licensed mental health professionals, \$60 per year. Associate Member dues for students, interns and others, \$35 per year. Organizations, \$125 per year. Dues may be deducted as an ordinary and necessary business expense but not as a charitable contribution.

BENEFITS

Members receive a number of exclusive benefits. Members can present a talk or publish an article on a professional topic. They are listed in the annual membership directory, distributed to the local professional mental health community and posted on our website. They have access to our internet discussion group.

Members can place free classified ads and receive discounted rates for display ads and inserts, and mailing list labels. Members are automatically entered for free newsletter advertising. They receive reduced rates for continuing education. New members can submit a brief professional biography for publication in the newsletter.

Glendale Area Mental Health Professionals Association

BOARD OF DIRECTORS

Jim De Santis, PhD
President, (818) 551-1714
jjdesantis@aol.com

Bonnie Cesak, RN, LCSW
Treasurer and
Membership/Directory Chair
(818) 240-1355
baresasak@yahoo.com

Michelle Barone, MFT
E-List Moderator
(818) 951-7744
mebarone@earthlink.net

Suzette Bray, MFT
Newsletter Editor
(818) 238-9895
suzettebraymft@sbcglobal.net

Rachel Thomasian, MFT
Program Chair
(818) 599-1234
rachelthomasian@gmail.com

Emily Moore, MFT
(626) 793-1078
emooremft@sbcglobal.net

Angela Andikyan, MFTI
Social Media Chair
(818) 281-4208
angelaandikyan@gmail.com

Jessica Davis, MFTI
Newsletter Outreach
(626) 827-6786
jessicadavis@yahoo.com

Anne Warman, Psy.D, LMFT
Events & Networking
(310) 281-9797
Drannwarman@sbcglobal.net

Kimberly Wong, LCSW
Program Chair
(626) 260-1356
KimberlyCWongLCSW@gmail.com

NEWSLETTER

The GAMHPA Newsletter is published quarterly on our website. Notices of publishing are distributed to the local mental health community, including Glendale, Burbank, Pasadena, La Crescenta, La Canada Flintridge, Los Feliz, and Silverlake. Contact us to be added to our mailing list. If you have changed your email address, or mailing address, or wish to discontinue delivery please notify us.

EDITORIAL POLICIES

GAMHPA encourages members to contribute articles of scholarly or clinical interest for publication. Submissions should be forwarded to Editor Suzette Bray at suzettebraymft@sbcglobal.net. Opinions expressed in this newsletter are not necessarily those of the Association or its members. GAMHPA does not endorse any of the products or services advertised.

Newsletter Deadlines:

Mar/Apr/May 2015 Issue Apr 1
July/Aug/Sept 2015 Issue June 1
Oct/Nov/Dec 2015 Issue Sept 1

ADVERTISING

All advertising questions should be directed to Suzette Bray at suzettebraymft@sbcglobal.net. Classified and display ads run for one issue. Advertising for services by psychologists or psychological assistants must include the license number of the psychologist. Advertising is accepted up to one week before publication.

Advertising Rates:

Item	Member	Non-Member
Classified Ad	Free	\$25
1/8-page display ad	\$25	\$50
1/4-page display ad	\$50	\$75
1/2-page display ad	\$65	\$90
Full-page display ad	\$100	\$150

Mailing lists are available. Contact Jim De Santis at: jjdesantis@aol.com.

Rates:	Member	Non-Mem
Mailing list, printed	\$25	\$25
Mailing list on labels	\$30	\$40
Mailing list on disk	\$70	\$80
Member e-mail list	\$20	\$30