



Glendale Area

Mental Health Professionals Association

NEWSLETTER

YOUR GUIDE TO GAMHPA NEWS,
INFORMATION AND EVENTS

April May June 2014

A Note from the Editor



Spring is here! It's a time for renewal and growth, and maybe some reorganization. And I'm not talking about the garage, but instead our values and priorities. It is important for each of us to take some time not that the New Year rush is over to reflect on our own needs and how we can be our own best self. I strive to be mindful each day by remembering what Thich Nhat Hahn said, "*The present moment is filled with joy and happiness. If you are attentive, you will see it.*"
Suzette

Suzette Bray is a Licensed Marriage and Family Therapist and Executive Director of Village Counseling and Wellness in Burbank. She spends her limited time outside of the office frantically attempting to thwart the more dangerous adventures of her thrill-seeking four-year-old son. She can be reached at (818) 238-9895, villagecounselingandwellness.com or suzettebraymft@sbcglobel.net.

Five Questions with Susan Chakmakian, MA, MFT

By Jessica Davis, MFTi

1. If you weren't a therapist, what would you be?

I spend half my time being a music teacher and singer, so I would do that full-time. Music is my first love and I love teaching singing and piano to kids. I think it's important to have balance of all our identities. For many therapists, this is a second career. For others, we have a vocation that we really enjoy besides loving psychology. I encourage my interns and fellow therapists to honor all the parts of themselves.

2. What is the one thing in your bag of therapeutic tricks you could not live without?

That would be my intuition. I rely most on my intuitive sensations and thoughts. I use myself as a barometer for the emotional experiences of my client and to check-in for counter-transference.

3. What is the best advice you have ever been given?

As a teenager, I was in a concert and apologized to the audience for being sick. A wonderful lady told me afterwards, "Don't ever apologize..." I knew she was

saying, "you are okay just as you are". It stuck with me that no matter what the circumstance, to hold my head up high and do my best and that was good enough and would always be well-received.

4. What do you do to reenergize yourself?

I need time alone for sure, since I am a bit of an introvert. I reconnect with myself in silence, prayer, and listening to music and enjoying time with good friends. Also, since therapists are engaged to hold emotions and experiences of the client, I use my singing to let go of everything that is stored up. It's a great release!

5. What is your favorite book?

I don't actually have a favorite book. I read mostly for learning and inspiration. The Bible would be the most important on the list. I love "The Giving Tree" and "The Missing Piece Meets the Big O", by Shel Silverstein, "The Lion, The Witch and The Wardrobe" by CS Lewis and "Think and Grow Rich" by Napoleon Hill.



Susan Chakmakian, MFT, is the owner of The Psychotherapy and Wellness Center, which provides psychotherapy services, internships and education for mental health professionals. Susan divides her time between working with clients, mentoring students and therapists, making music and enjoying time with family. Susan can be reached at susanachak.mft@gmail.com, or 818-839-0390.

Jessica Davis is a MFT intern, who practices at Village Counseling and Wellness in Burbank. Jessica specializes in DBT with adolescents and parent coaching. She can be reached at 626-827-6786 or by email jessica@villagecounselingandwellness.com



Calendar of Events

BOARD MEETINGS 2014
Shakers Restaurant
801 Central Ave
Glendale, CA 91203

Friday, July 11
Friday, September 12
Friday, November 14
All meetings 9:15 - 11 am
All are welcome.

LUNCHEONS 2014
Fortune Inn
Mandarin Restaurant
117 East Broadway,
Glendale, CA 91205

Friday, April 18
Friday, July 18
Friday, October 3

All lunches 12 to 1:30 p.m.
All are welcome.
Each person pays their own.

CEU Event
Introduction to Energy Psychology
Thursday, May 8
from 9:30 - Noon
(network/continental breakfast at 9:30 and 10-Noon workshop).

A Must-Read Book by Local Psychologist Dr. Enrico Gnaulati

"Back to Normal is outstanding. Careful, measured, wise, compassionate, and powerful. Finally, someone is suggesting that lots of awkward, angry, tuned-out, defiant kids are not suffering from mental illness but, rather, are coming to terms with the human condition. And they shouldn't be medicated for it."

—**PEG TYRE**, author of
The Trouble with Boys

"Provides a compelling, insightful, and timely explanation of the multiple forces that lead to overdiagnosis and misdiagnosis of our children. It offers parents a much-needed guide to help distinguish behaviors that truly warrant medical intervention from those that may stem from other issues and require different approaches. Well done, Dr. Gnaulati!"

—**DIANEM. KENNEDY** and **REBECCA S. BANKS**, authors of *Bright Not Broken*

"An exceptionally original and useful book. Gnaulati challenges the widespread rush to see pathology and medicate; he suggests, instead, that various behaviors may actually be expressions of normal development. **With a rare combination of creative insight and common sense, Gnaulati helps us appreciate children as they grow and cope with the stresses of modern life.**"

—**WILLIAM CRAIN**, author of
Reclaiming Childhood

"A valuable guide for parents and educators that includes tips on choosing a therapist and parenting strategies."

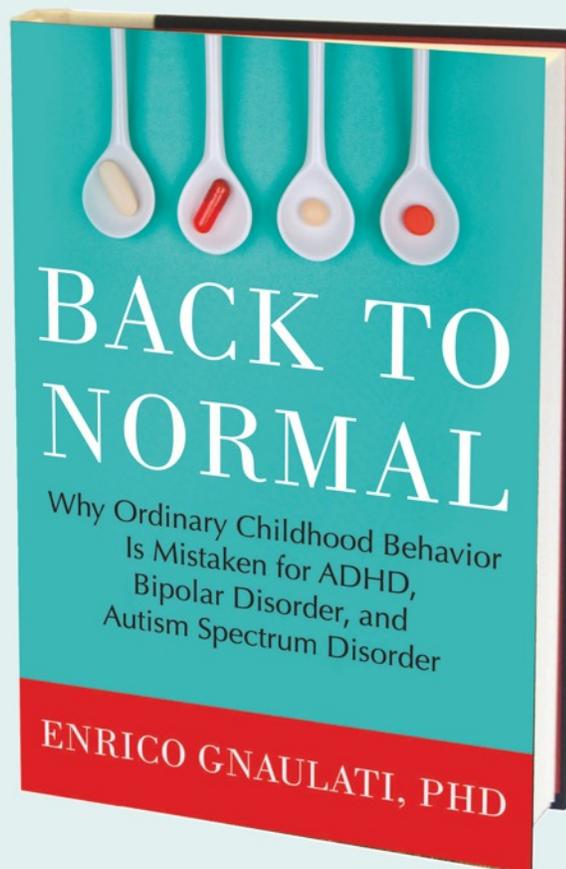
—*Kirkus Reviews*

"A welcome antidote to an alarming trend."

—*Publishers Weekly*

"Highly recommended for parents, caregivers, educators, physicians, and specialists working with children of all ages."

—*Library Journal*



Start reading
Back to Normal

Available wherever books
and e-books are sold.



www.beacon.org
www.beaconbroadside.com

The Raging Bull of Van Nuys

By Ron Supancic, CFLS

I had an interesting nickname for the first 20 years of my law practice, and I'll occasionally meet an attorney who may reference my original, aggressive style of litigation. The following anecdote should bring some clarity.

Years ago, I appeared on an initial Request for Orders in the Van Nuys Superior Court. A typical Request for Orders involves custody, visitation, interim child and spousal support, attorneys fees, and temporary restraining orders.

The attorney on behalf of the responding party was from Orange County, and introduced himself to me. He was cordial and polite. I invited him to go to the cafeteria to talk about an interim settlement. He agreed, and we asked the court to put the matter on second call. We went to the cafeteria, and, with the help of our clients, settled the entire case. We then returned to the Northwest Department to declare that we had completed the matter: in those few hours in the cafeteria we had worked out a Co-Parenting Plan, an equitable division of assets and liabilities, and permanent support orders to complete the case.

As we waited for the court to take the bench to hear the stipulation, the attorney remarked that he was very surprised. I asked why. He told me, "I've never appeared in Van Nuys before. I wanted to get a line on you and your reputation, so I called a friend of mine from law school. He told me you were called 'the Raging Bull of Van Nuys.' Imagine my surprise when you extended your hand and invited me to the cafeteria; even more so when we proceeded to settle the entire case." I responded, "You're reasonable, intelligent, and you didn't demand anything to which your client was not entitled. You made a case for your client, and it was reasonable and fair. That's the best we can ever hope for our clients."

I've thought many times since about that dubious reputation for being a "Raging Bull." I had certainly never intended to be a raging bull, but I was passionate, and vigorous in my advocacy on behalf of my client. I practiced "take no prisoners" litigation for the first 25 years of my career because, at the time, that's what law schools taught. However, I was always aware of the damage and destruction caused by the traditional litigation approach, to the families, the clients, and especially their children. I was a child of divorce, so am very aware of the pain that children feel.

I served on the Executive Committee for the San Fernando Bar Association Family Law Committee. The cases in Superior Court were backlogged for up to two years at the time, so we put together a volunteer attorney pro tem program, in order to give relief to the courts. We planned to do small claims appeals, default judgments, and much of the administrative work that prevents judges from hearing trials in a timely manner.

Our committee approached the supervising judge in 1976, the Honorable Charlie Hughes, who listened patiently to our pitch for a volunteer attorney pro tem program. His response: "No. But I'll tell you what we do need. We need you to create a volunteer mediation project." Our reaction? "What's mediation?" It was the first time

any of us had heard the word used. (At that time I'd been practicing law for six years.) He explained the process, and we, in turn, created the project. Mediation proved to be so successful in that community that our program was copied in Santa Monica, where it proved equally successful. The supervising judge in the Central Department got wind of the success in Van Nuys and Santa Monica, and wanted to know more. Thus the program was extended to Central, and then to all of the 14 branch courts in L.A. County. That Volunteer Attorney Mediator Program is still in existence today.

I liked what I learned about mediation, because consensual, cooperative problem solving is a kinder, gentler way to solve disputes like divorce. I originally trained as a mediator in 1981, at a California Association of Marriage and Family Therapists conference in San Diego. In 1997, while attending an International Alliance for Holistic Lawyers conference in Santa Fe, I had the opportunity to meet lawyer Stu Webb. He told me about the work that he was doing in Minneapolis through the foundation of the Institute for Collaborative Law. I brought the message of Collaborative Law back to Los Angeles County and I, as well as my clients, have been reaping the benefits of consensual dispute resolution ever since.

Subsequently, I've attended many Advanced Professional Skills Programs, such as those held by the Pepperdine University Law School, Strauss Institute for Dispute Resolution, as well as spending several summers training with the Harvard Insight Initiative Project. I believe that Mediation education will never be complete—there are always new skills to learn.

I respect and trust the collaborative approach, cooperative problem solving, and alternative dispute resolution, consensual dispute resolution, interest based bargaining, principal negotiation, and teaching lawyers all of the skills that have been developed through the Harvard Programs of Negotiation: "Getting to Yes," "Getting Past No," and "Difficult Conversations."

In my own practice, we approach every case by first reaching out to adverse counsel, to invite him or her to sit down to talk solutions. Sadly, and too often, some lawyers are so caught up in their own personal agendas, that they use their client's case to attempt to solve their own emotional strife. On those occasions, I may have to let the Bull out of his pen. We can still do it the hard way, but only when it's in the clients' best interests.

Mr. Ron Supancic, Certified Family Law Specialist. He can be reached at his office, The Law Collaborative, APC, 21051 Warner Center Ln., Ste. 100, Woodland Hills, CA 91367, (818) 348-6700, TheLawCollaborative.com. His website includes the Divorce Tool Kit, a set of printable materials to help mental health professionals provide educational information to clients.



Introduction to Energy Psychology

CEU Workshop on Thursday, May 8

In this workshop you will learn basic energy hygiene, energy psychology methods, and how to use these methods in your practice and with yourself. You will have opportunities throughout the workshop to observe, practice and experience the use of basic energy psychology methods. This course meets the qualifications for 2.0 hours of continuing education credit for MFTs and LCSWs as required by the California Board of Behavioral Sciences (PCE 5187).

About Energy Psychology

Energy Psychology is a family of healing methods that blend contemporary and ancient healing traditions to provide relief from mind-body distress. The approaches used in Energy Psychology balance energy pathways to rapidly diminish disturbances in the thought and emotion. Energy Psychology provides tools that have been shown to quickly assess unconscious beliefs and resistances, release limiting beliefs and blocked emotions, promote readiness to change and strengthen positive attitudes. Energy Psychology healing methods have helped clients reduce stress; resolve trauma; let go of anger, guilt and other limiting emotions and beliefs; eliminate phobias, fears and panic attacks; reduce anxiety and depression; remove self-sabotaging behaviors; and resolve grief.

Presenters:

Diann Wingert, LCSW, BCD is a licensed psychotherapist specializing in integrative mental health, combining traditional and alternative techniques. In addition to energy psychology, Diann practices neurofeedback, biofeedback, mind-body methods and cognitive therapy. Diann Wingert, can be reached at (818) 679-4879 or diannwingertlcsw@gmail.com.



Michelle Barone, M.A. LMFT, DCEP has been practicing psychotherapy for 30 years. She holds Advanced 1 Certification in Neuro-emotional Technique and is a Diplomate in Comprehensive Energy Psychology. She has been practicing energy psychology since 1999. She weaves developmental and attachment theory with energy psychology in her work with individuals, couples, and families. She serves on the education subcommittee for the Association for Comprehensive Energy Psychology. Michelle can be reached at 818-951-7744 or michelle@michellebarone.com or www.michellebarone.com.

Thursday, May 8, 2014 from 9:30 a.m. to Noon

9:30 a.m. Continental Breakfast, Registration & Networking (bring business cards)

10:00 a.m. Workshop Presentation

The Gooden Center
54 N. Oakland Avenue (2nd Floor)
Pasadena, CA 91101
626-356-0078

Parking available for \$10 at nearby lot at 473 E. Union

Registration (Space is Limited, Register Now!)

Free for GAMHPA Members! \$25 for Non-Members

Registrants who do not attend or fail to request a refund one week prior to the event will be charged full fee

THE GOODEN CENTER

Register online at www.gamhpa.org/events or contact Kimberly C. Wong, LCSW at (626) 260-1356, or Rachel Thomasian, MFT at rachelthomasian@gmail.com for more information.

NEUROPSYCHOLOGICAL & PSYCHOLOGICAL EVALUATIONS

Audrey Khatchikian, Ph.D. PSY # 18823

Clinical Neuropsychologist

100 N. Brand Blvd., Suite 606 Glendale, CA 91203

Tel: 818.476.0066, Fax: 818.484.2651

akhatchikian@alumni.ucla.edu

www.audreykhatchikianphd.com

LANGUAGES FLUENT in: English, Armenian, Farsi

- ⊕ **Neuropsychological assessment of all types of neurological disturbance** (e.g. strokes, seizure disorder, traumatic brain injury, infectious disease, brain tumor)
- ⊕ **Dementia examinations and differential diagnosis** (e.g., Alzheimer's disease, multi-infarct dementia, depression, other cognitive disorders of the elderly)
- ⊕ **Unexplained cognitive decline** (e.g., memory problems, attention/concentration problems)
- ⊕ **Head injuries** (e.g., motor vehicle accidents, falls)
- ⊕ **Psychodiagnostic assessments** (e.g., mood disorders, personality disorder)
- ⊕ **Cognitive deficits possibly associated with toxic exposures** (e.g., mold, pesticides)
- ⊕ **School performance difficulties** (e.g., ADD/ADHD, learning disabilities)
- ⊕ **Intelligence testing** (e.g., formal IQ tests)
- ⊕ **Competency evaluations** (e.g., medical & financial decision-making capacity)
- ⊕ **Work related injury for both cognitive and emotional injuries** (e.g. Worker's Compensation claims)
- ⊕ **Disability assessment** (e.g., Social Security)

Classified Advertising

GROUPS

Dialectical Behavior Therapy Skills Training Groups for teens and adults who have difficulty with emotional regulation. We are comprehensive DBT program in Burbank. Please contact Suzette Bray, MFT, MFC37518, Executive Director of Village Counseling and Wellness, (818) 238-9895 or suzette@villagecounselingandwellness.com.

Co-ed Adult Personal Development Group. Growth group for high achievers who want more out of life – to find lasting intimacy, achieve career satisfaction, and expand friendships. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. Wednesday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818) 551-1714
jidesantis@aol.com.

Gay Men's Personal Development

Group. Growth and insight-oriented group addresses dating and relationships, career issues, life-enrichment. Uses here-and-now interaction to increase self-awareness. Complements concurrent individual or conjoint psychotherapy. Thursday, 7-9 pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818) 551-1714
jidesantis@aol.com.

Moving Through Bereavement. On-going supportive and educational group uses here-and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818) 240-1355.

Thriving with Diabetes. Ongoing supportive and educational group uses here-and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818) 240-1355.

Post Traumatic Stress Disorder / Trauma / Sexual Abuse Survivors Process Group for Women. This group will allow survivors to share their abuse and recovery experiences, while providing a safe space for healing and to try out new, healthy coping skills. This group is targeted to sexual abuse, incest, assault, and rape issues. This is held every other Wednesday morning in Pasadena, CA. Please contact Cristina Mardirossian, LMFT at (818) 434-6051 for more information.

Men's Separation and Divorce Support Group. For men either contemplating separation or divorce, going through it, or recovering from it. Communication with an estranged spouse, co-parenting, building a

new circle of friends, dating, maintaining productivity at work, and achieving personal satisfaction with life. Wednesdays, 7:45-9:15 p.m., Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818) 551-1714,
jidesantis@aol.com.

Teen Talk Support Group. This co-ed support group is a safe place for teens to talk about everyday challenges with school, parents, relationships, and to get support from other teens. Increase self-esteem, healthy decision-making and self-awareness. Weds, 6-7:30pm. Glendale. Susan Chakmakian, MA, MFT, MFC41817 contact by 818-839-0390 or susan@susanchakmakian.com.

Write Your Life to "Right" Your Life. Writing group in Toluca Lake. This group meets once per week for 10 weeks; anyone can join any week as this is not a "chronological" process. Help your clients augment their therapy process by journaling and writing, even fictionalizing the stories of their lives into publishable works. I am both a licensed MFT in California and a professional writer and teacher of creative writing.
Vickie.saxon@gmail.com or 818-640-3789.

Men and Women's Interpersonal

Therapy Group - A safe environment for adults to explore their issues and gain the support and feedback of other men and women. Members learn how to connect past experiences with present circumstances, to gain self-awareness and find new ways to cope and relate to others and find overall well-being. Thurs, 6:30-8pm. Glendale. Susan Chakmakian, MA, MFT. MFC41817. For more information: susan@susanchakmakian.com or 818-839-0390.

GROUPS FOR PROFESSIONALS

Consultation Group. For experienced licensed therapists who are interested in contemporary psychoanalytic theory. The goal of this small group (limited to 5) is to provide a place for open, creative discussion of case material with the objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's ability to apply theory to practice, and more effectively using one's self in the clinical encounter. Tuesdays 12:00 – 1:45. For more information contact Larry Brooks, Ph.D., Lic. # PSY8161 (818) 243-0839 or drlarrybrooks.com

Consultation Group for therapists starting out in private practice. Targeted to clinicians with less than 5 years of post licensure experience. This small group (limited to 5) will provide a setting to strengthen clinical skills as well as deal with the personal/professional challenges of being in private practice. It will utilize a contemporary psychoanalytic framework to discuss clinical material with objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's application of theory to practice, and more effectively use in one's self in the

clinical encounter. Fridays 3:15 – 5:00 For more information contact Larry Brooks, Ph.D., Lic. # PSY8161 (818) 243-0839 or drlarrybrooks.com.

SERVICES

INTERN/TRAINEE Process Group Being an intern/trainee can be emotionally stimulating at the least! And while it's important to work through your counter-transference with clients, and learn more about your own relationships, it may be an expensive prospect while you are interning. A group may be just what you need. Get support from your peers and guidance from someone whose been there. 300 hours in 100 hours! Led by Susan Chakmakian, MA, MFT. MFC41817. For info: 818-839-0390.
susan@susanchakmakian.com

Attention Deficit Disorder and Specific Learning Disorder. The Assessment Center offers psychoeducational testing to evaluate specific learning disorders, attention deficit/hyperactivity disorder, and emotional difficulties, in both children and adults. Reduce the stress and frustration of an undetected client problem. To discuss a case or receive a brochure, contact Jim De Santis, Ph.D., Lic # PSY10315, (818) 551-1714
jidesantis@aol.com.

Business Consultation. Private, individualized how-to for mental health professionals and students/interns wanting to start a private practice. Formulate goals, identify optimal niches and target markets, design ethical and effective marketing strategy, write effective advertising materials, and track results. Flexible format uses in-person meetings, telephone, and e-mail. Jim De Santis, Ph.D. At (818) 551-1714 or JJDeSantis@aol.com.

Private Practice Office Forms. Field tested, up-to-date fast-start kit of forms includes patient intake, financial agreements, HIPAA notice, consents and releases, and clinical screening forms. CD-ROM, paper copy, or via e-mail. For more information or to examine samples, visit JJDeSantis.com.

The Therapist's Journey formerly known as Professional Development Programs is certified by the MCEPAA and BBS to provide continuing education to Psychologists, Social Workers, and Marriage and Family Therapists. The Therapist's Journey works with small groups of clinicians and agencies to design programs to meet your specific training needs. Call Dr. Larry Brooks at (818) 243-0839 or check out the website at drlarrybrooks.com.

PUBLICATIONS

Child Psychiatrist Directory. Concise list of 440 physicians who provide psychiatric services to children and adolescents throughout Los Angeles County available on the internet at JJDeSantis.com.

Subscribe to The Therapist's Journey, an E-newsletter that focuses on the subjective experience of doing psychotherapy in these changing times. Go to drlarrybrooks.com.

Diagnostic Testing Directory. Free directory of 350 licensed psychologists throughout Los Angeles County who offer psychological assessment services: educational, neuropsychological, forensic vocational, custody, and general psychiatric differential diagnosis. View or download from www.JJDeSantis.com.

East San Gabriel Valley Directory. Free directory of 156 mental health professionals east of the 605 freeway from Azusa to Pomona, cross-indexed by specialties, services, second languages, and insurance accepted. View or download at www.JJDeSantis.com.

GAMHPA Members Directory. 117 licensed mental health professionals in the Glendale area, cross-indexed by specialties, services, second languages, and insurance accepted. This 65-page is available free at the GAMHPA website: gamhpa.org.

Group Therapy Directory. Free, up-to-date directory of outpatient psychotherapy groups in Los Angeles County. 500 facilitators and 1,250 groups. Directory has received over 25,000 visits on the internet. View or download from www.TheGroupList.org.

Home Schooling. "Finding Your Way: Exploring Your Family's Educational Journey," a workbook of discussion topics and thought provoking exercises by GAMHPA member Michelle Barone, MFT. Learn more at michellebarone.com.

OFFICE SPACE FOR RENT

EAGLE ROCK OFFICE: Lovely window office in a

professional suite. Sunny and light. Nice two-story garden building. Attractive warm suite has two professional offices, secretarial office, comfortable reception room, and private restroom. Free parking. On Colorado Blvd. (between Orange Grove and Figueroa). Easy access to 134/210 freeways. Available 3-5 days per week; month-to-month or annual sub-lease. Call (323) 340-1596 or (626) 796-1093.

GLENDALE. Floor to ceiling windows office for rent. Three person suite, soundproofing, call lights, newly furnished, easy freeway access, parking garage on premises prime location and view of Brand Blvd. (818) 913-7301.

LA CANADA. Just completed office space in La Canada with private waiting area, therapist signal system, sound proofing, plus separate entrance and exit. There are a total of 4 offices within the suite, the building is very well maintained with security for both the building and suite. Similar to 595 Colorado in Pasadena but it's in La Canada! Learn more about from Debra Kessler, Psy.D at www.drdebrakessler.com

GLENDALE. Office space available five mornings a week plus Monday and Friday all day. Beautifully decorated with view toward mountains and Pasadena. Receptionist, copier, and full kitchen. Landmark building, corner of Brand and Broadway. Call Tina Clarfield, Ph.D., (818) 507-1550.

GLENDALE. PT space available for mental health professional. Attractive, upscale and professional building. Highly secured. Beautiful waiting area with refreshments available. Separate exit. Handicap accessible. Great networking opportunities. Newly painted and furnished tastefully. Floor to ceiling window with a view. Nearby freeway. Reasonable rates. Café within the building. Call Anita Avedian at (818) 426-2495 for more information or email her at avediana@aol.com.

PASADENA. Window office in attractive, cozy building. Shared waiting room in friendly suite. Office

set up for kids or adults. Available all day Friday and on weekends, Monday mornings and until 4:30 on Thursday. \$200/day/month or by the hour. Contact Bruce Hirsch (626) 395-7833 or drbruce@brucehirschphd.com

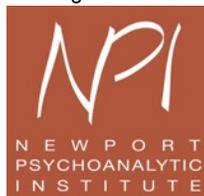
PASADENA. Office space available at 309 office at 711 East Walnut Street in Pasadena for reasonable rates. Includes free mentoring in helping you get started in your practice. Lovely office and free parking. Great location in the Playhouse district. Contact Debbie Hedgecock at 626-821-4028 for info.

SILVERLAKE. Spacious and sunny 2nd floor office available Fridays after 12 PM and Saturdays after 11 AM. The Silverlake Avenue location is ideal for therapists wishing to serve the East side communities of Echo Park, Silverlake, and Los Feliz. We are "freeway close" -- just a few minutes from the 2, the 5, and the 101. Please call Anita Frankel MA MFT at 323-661-0297.

BURBANK. Office space to share. Available Monday-Friday all day, plus some evening and weekend hours if needed. Located in the heart of Toluca Lake at 10000 Riverside Drive (across from Paty's). Rent is less than \$400/month depending on time needed. Waiting room, plus comfortable, bright corner therapy office. Vickie Saxon: 818-640-3789 or Vickie.saxon@gmail.com

BURBANK. Comfortable, warmly decorated office space available in therapy suite. Medical building close to Toluca Village, St. Josephs Hospital, NBC, Disney and freeways. All amenities supplied, including call light. Available on hourly, daily or monthly basis Contact: Miriam Davis, MFT at (818) 848-3022 or miriamdavis@verizon.net

LA CANADA. Part time office space available for rent in La Canada (in a newly remodeled building with 4 other offices, 1 large bathroom, waiting area, kitchen, private parking, on a small street) Cost: \$550. Available hours: M-W: anytime before 12pm, Th-Sun: all day New year lease starts March 1st. Contact Hillary Haynes at (818) 516-3561.



**Newport Psychoanalytic Institute, PASADENA campus,
ANNOUNCING OUR**

2014 Open House Reception

Friday, April 25, 2014, 3:00pm – 5:30pm

Office of Gale Rapallo

1543 N. Garfield Avenue, Pasadena CA 91104 626-463-3170

Join us

Come any time, stay as long as you wish.

Meet your neighbor clinician and find out who we are, what we offer,

Psychoanalytic training, case consultations and CEU programs

Wine and cheese will be served!

Brief presentation at 4:00pm on:

Diving Into the Depths of the Psyche:

What might be found?

How to reach it?

Where does it lead?

For further information and to RSVP:

Call NPI (626) 796-2776 or e-mail Penny @ admin@npi.edu www.npi.edu

GAMHPA

Glendale Area Mental Health
Professionals Association
138 North Brand Boulevard
Suite 300
Glendale, CA 91203-4618
(818) 771-7680
www.gamhpa.org

MISSION

GAMHPA was founded in 1992 by a few local area mental health professionals in private practice. Within several years, it grew to over 100 members. Our mission is to advance professional development through networking, continuing education, and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline, reflecting real patterns of professional referral. We are an interest group only and do not provide referrals to the community. We are not a profit making organization.

MEMBERSHIP

Download an application form from our website. Full member dues for licensed mental health professionals, \$60 per year. Associate Member dues for students, interns and others, \$35 per year. Organizations, \$125 per year. Dues may be deducted as an ordinary and necessary business expense but not as a charitable contribution.

BENEFITS

Members receive a number of exclusive benefits. Members can present a talk or publish an article on a professional topic. They are listed in the annual membership directory, distributed to the local professional mental health community and posted on our website. They have access to our internet discussion group.

Members can place free classified ads and receive discounted rates for display ads and inserts, and mailing list labels. Members are automatically entered for free newsletter advertising. They receive reduced rates for continuing education. New members can submit a brief professional biography for publication in the newsletter.

Glendale Area Mental Health Professionals Association

BOARD OF DIRECTORS

Jim De Santis, PhD
President, (818) 551-1714
jjdesantis@aol.com

Bonnie Cesak, RN, LCSW
Treasurer and
Membership/Directory Chair
(818) 240-1355
baresasak@yahoo.com

Michelle Barone, MFT
E-List Moderator
(818) 951-7744
mebarone@earthlink.net

Suzette Bray, MFT
Newsletter Editor
(818) 238-9895
suzettebraymft@sbcglobal.net

Rachel Thomasian, MFT
Program Chair
(818) 599-1234
rachelthomasian@gmail.com

Emily Moore, MFT
(626) 793-1078
emooremft@sbcglobal.net

Angela Andikyan, MFTI
Social Media Chair
(818) 281-4208
angelaandikyan@gmail.com

Jessica Davis, MFTI
Newsletter Outreach
(626) 827-6786
jessicadavis@yahoo.com

Kimberly Wong, LCSW
Program Chair
(626) 260-1356
KimberlyCWongLCSW@gmail.com

NEWSLETTER

The GAMHPA Newsletter is published quarterly on our website. Notices of publishing are distributed to the local mental health community, including Glendale, Burbank, Pasadena, La Crescenta, La Canada Flintridge, Los Feliz, and Silverlake. Contact us to be added to our mailing list. If you have changed your email address, or mailing address, or wish to discontinue delivery please notify us.

EDITORIAL POLICIES

GAMHPA encourages members to contribute articles of scholarly or clinical interest for publication. Submissions should be forwarded to Editor Suzette Bray at suzettebraymft@sbcglobal.net. Opinions expressed in this newsletter are not necessarily those of the Association or its members. GAMHPA does not endorse any of the products or services advertised.

Newsletter Deadlines:

July/Aug/Sept 2014 Issue June 1
Oct/Nov/Dec 2014 Issue Sept 1

ADVERTISING

All advertising questions should be directed to Suzette Bray at suzettebraymft@sbcglobal.net. Classified and display ads run for one issue. Advertising for services by psychologists or psychological assistants must include the license number of the psychologist. Advertising is accepted up to one week before publication.

Advertising Rates:

Item	Member	Non-Member
Classified Ad	Free	\$25
1/8-page display ad	\$25	\$50
1/4-page display ad	\$50	\$75
1/2-page display ad	\$65	\$90
Full-page display ad	\$100	\$150

Mailing lists are available. Contact Jim De Santis at: jjdesantis@aol.com.

Rates:	Member	Non-Mem
Mailing list, printed	\$25	\$25
Mailing list on labels	\$30	\$40
Mailing list on disk	\$70	\$80
Member e-mail list	\$20	\$30