

GLENDALE AREA
**MENTAL HEALTH
 PROFESSIONALS
 ASSOCIATION**

NEWSLETTER

Your guide to GAMHPA news,
 information, and events.

October November December 2019

A note from the editors:

Welcome to the GAMHPA newsletter. Our newsletter team keeps you posted about upcoming GAMHPA functions, meetings, and special member opportunities. You will find a calendar of GAMHPA meetings and events in the right column of the newsletter. Organizational activities are also posted at GAMHPA.org. GAMHPA offers wonderful opportunities for mental health professionals to come together in a friendly environment to network with each other, to support each other, and to learn from each other.

-Laura & Silva



Laura Dickson, LCSW
 100 N. Brand Blvd., Suite 200,
 Glendale, CA 91203. (626) 622 3863.
 ldicksonlcsw@gmail.com
 www.glendale-arcadia-counseling.com



Silva Depanian, AMFT, under the
 supervision of Anita Avedian, LMFT.
 (818) 396-6376.
 silvadepanian@gmail.com,
 www.sessionswithsilva.com.

Member Workshop Hosted

On Friday September 16, 2019, GAMHPA hosted a **Member Workshop**.

The workshop “**Branding For Therapists**” was presented by **Adi** from **Amity Creative**. Adi presented an informative and fun marketing workshop focused on the importance of **branding** in **social media marketing**. **Adi** targeted her workshop to the needs of the **Allied Mental Health Professional Community**.

Silvia Depanian, AMFT and **GAMHPA Newsletter Co-editor** did a marvelous job of locating the event at the welcoming **Fusion** “A Revolutionary Way To School”. Silva also hosted the event with **flavor-filled food** from **Alonti Catering Kitchen**.

Contact information:
 ADI@AMITYCREATIVE.COM
 WWW.AMITYCREATIVE.COM



Amity Creative

CALENDAR OF EVENTS

QUARTERLY NETWORKING EVENTS

Fall - October 18th

Winter - February 7

Spring - April 17

Summer - July 17

Acapulco Mexican Restaurant Y Cantina
 722 N. Pacific Ave. Glendale, CA 91203
 Pre-registration and payment is required
 by the Wednesday prior to event date at
 www.gamhpa.org

\$10 members, \$20 non-members.
 No walk-ins will be permitted. Arrival
 before noon is recommended because
 parking is limited.

Check-In is at 11:45am - 12:00pm

Buffet Lunch is included

from 12:00pm to 1:30p.m.

All are welcome

For questions contact Kimberly Wong at
 (626) 260-1356 or
 kimberlycwonglcsw@gmail.com. You
 can also contact Rachel Thomasian at
 rachelthomasian@gmail.com

BOARD MEETINGS

**December 6, January 24, March 27,
 June 19, September 25**

All meetings 9:15am - 11:00am

Central Grille

801 N. Central Ave

Glendale, CA 91203

All are welcome

Spotlight Interview

Spotlight Interview

Mariam Vanounts, LMFT
Divorce Coach and Mediator
marvanounts@hotmail.com



I. If you weren't a therapist, what would you be?

Really hard to pick one. My first degree was in art history, and I have never gotten over that passion of mine. On the other hand, I could see myself pursuing a law degree.

II. What is the one thing in your treatment bag of tricks that you could not live without?

Humor

III. What is your favorite book?

Steppenwolfe by Herman Hesse

IV. Where is the most beautiful place you have ever been?

Rome, Rome, Rome

V. What is the best advice you have ever been given?

When there is too little time and too much to do - slow down...

The Devastating Effects of Gray Divorce

Ty Supancic, Esq.

The National Center for Family & Marriage Research recently announced that “gray divorce,” the growing phenomenon of divorce in couples over age 50, has devastating long-term effects on the participants.

Besides clear emotional costs, academic papers document extreme health consequences associated with divorce. A 2009 paper reports that recently separated and divorced people have a higher resting blood pressure, and a German study reported that, “divorce led to considerable weight gain over time, especially in men.”

Susan Brown, co-director of the National Center for Family & Marriage Research reports that one study on the issue documented higher levels of depression after “gray divorce” than in individuals whose spouses had died.

The financial consequences can be as devastating, with a recent study showing that the standard of living for women divorcing after 50 plunges by 45% which is twice what similar studies have found for younger women. Men divorcing over 50 see a 21% reduction in their standard of living, while similar studies showed no long-term reduction in the average standard of living for younger men.

A 2017 study by Brown and her colleagues found that women over 63 who got divorced after 50 had a poverty rate of 27%, which is higher than any other group at that age, including widows, and nine times higher than the rate of married couples.

Another of Brown’s studies followed up with gray divorcées a decade later and found no appreciable recovery in their average standards of living. With their prime earning years behind them, older Americans were simply unable to undo the damage done by a costly divorce.

Among the devastating factors are excessive legal fees incurred by litigating issues which could be resolved using mediation or Collaborative Law. In many divorces, the legal fees spiral out of control, consuming a quarter, a third, or even half of the marital estate before the parties cry uncle and settle on terms they could have settled on earlier had they utilized consensual dispute resolution instead of wasteful litigation.

Remember, our Free Divorce Workshops take place in our Woodland Hills Office on the second Saturday of each month. Upcoming workshops are Saturday October 12th, and Saturday November 9th from 10AM to noon.

Ty Supancic, Esq.



Working for more than a decade in entertainment before practicing law, Ty Supancic brings a unique perspective to problem solving by focusing on interests rather than the opposing positions and adversarial win-lose tactics employed by other attorneys. As an advocate and as a highly trained mediator, Ty is passionate about helping his clients reach their goals. A frequent contributor to the Daily Journal, and popular speaker on Family Law issues and the hazards of firearms in Estate Planning, Ty practices in all areas of Family Law from prenuptials to post-judgment modifications, and from asset protection to wills and trusts.

16 THERAPISTS

8 DEPARTMENTS

27 WEEKLY THERAPY GROUPS

15 YEARS EMPOWERING FOR LIFE



institute for *girls'* development®

Individual, Family, Parent & Group Therapy, Community Education & Professional Training

626-585-8075 ext. 108 * InstituteForGirlsDevelopment.com

Melissa J. Johnson, PhD (PSY 13102)

STEPPING STONES
SENIOR **BEHAVIORAL**
HEALTH SERVICES



**INTENSIVE
OUTPATIENT PROGRAM**

Our Senior Behavioral Health Services outpatient program is designed to relieve emotional and personal distress for individuals 50 years of age or older who are suffering from:

- Sadness, isolation, low motivation
- Sleep issues
- Grief/loss
- Irritability/restlessness
- Panic attacks
- Hallucinations
- Decline in ability to function

Our program helps older adults maintain as much of their independence as possible by providing the following specialized care:

- Assessment and evaluation
- Case Management
- Group therapy
- Licensed clinicians
- Monthly psychiatrist visit
- Provide community resources and referrals as needed

For more information or to arrange a free assessment, please call (818) 949-4011

We offer transportation and provide continental breakfast, lunch and snacks

To learn more about services and physicians at USC Verdugo Hills Hospital, call (818) 790-7100.

USC Verdugo Hills Hospital

Keck Medicine of USC

USCVHH.org

© 2016 Keck Medicine of USC

Compassionate &
Specialized Services
for individuals with:

- OCD
- Insomnia
- Phobias
- Panic
- Social Anxiety
- Hair-Pulling/Skin-Picking

**COGNITIVE
BEHAVIOR
THERAPY
CENTER**
of
Southern California

Contact us:

(818) 547-2623

www.CBTSoCal.com

GAMHPA Listserv

As a free benefit of GAMHPA membership, you are entitled to participate in our exclusive internet discussion group.

This free service will accept messages for:

*Office Space
Jobs & Internships
Groups & Workshops
Specialized Services & Resources
Clinical & Ethical Questions
Sharing of Techniques
Events & Activities
Case Consultation*

You must "opt-in" to participate.

To join the GAMHPA listserv, e-mail your request to JJDeSantis@aol.com.

It just takes a minute!

CLASSIFIED ADVERTISING

Employment Positions:

Licensed Therapist: DBT:

The Institute for Girls' Development's Comprehensive DBT program serves teens, families, and young adults as well as school-aged children. Applicants with DBT training and experience are invited to apply for this full time position in our practice. For details, visit our practice website:
www.instituteforgirlsdevelopment.com/employment/

Licensed Therapist:

Child and Adolescent Specialty Program (C.A.S.P.): The Institute for Girls' Development is accepting applications for full time licensed therapists (LMFT, LPCC, LCSW, and Psychologists) to join our practice. For details, visit our practice website:
www.instituteforgirlsdevelopment.com/employment/

Pre-Licensed and Post-Doctoral (CAPIC) Positions:

The Institute for Girls' Development is accepting applications for full time prelicensed and post-doctoral candidates. For details on these training positions working with children, teens, families, and young adults, visit our private practice website:
www.instituteforgirlsdevelopment.com/employment/

Groups:

Divorce Class:

The Law Collaborative hosts free family law classes on the second Saturday and fourth Wednesday of every month, as a free service to the community. An attorney answers questions and concerns of attendees regarding divorce, child support, child custody, and alimony. It is extremely beneficial to people currently affected by divorce in any way. If you would like more information on this topic, please call Courtney at (818) 348-6700 or send an email to courtney@thelawcollaborative.com.

Divorce And Separation Support Group For Father's:

For men who have children or teens and are contemplating, going through, or recovering from separation or divorce. Topics include communicating with an estranged spouse, coping with the legal process, co-parenting effectively, optimizing your relationship with your children, developing a new home life, building a new community of friends, dating again, maintaining productivity at work, and achieving personal satisfaction in life. First and third Thursdays, 7-9 pm, Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714, JJDeSantis@aol.com or [JJDeSantis.com](http://www.JJDeSantis.com).

Gay Men's Personal Development Group:

Growth and insight-oriented group addresses dating and relationships, career -

issues, life enrichment. Uses here and-now - small group dynamics to increase self awareness, understand one's impact on others, and practice better ways of self expression. Second and fourth Thursdays, 7-9 pm, Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714, JJDeSantis@aol.com or [JJDeSantis.com](http://www.JJDeSantis.com).

Men's Dating Support Group 25-35:

A place for men to talk about dating, relationships, sex, and women. Themes include examining limited beliefs, sharing dating skills and knowledge, brainstorming where and how to meet eligible women, screening women for compatibility, troubleshooting problem situations, and receiving candid positive feedback. Goals include clarifying what you really want, making the best of yourself, building confidence, and meeting more of the right women. Alternate Fridays, 6-7:30 pm, Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714, JJDeSantis@aol.com or [JJDeSantis.com](http://www.JJDeSantis.com).

Men's Healthy Relationships Group:

This group is for men seeking to develop healthy and satisfying relationships with their partners. Men in this group are dealing with intimacy issues and disorders, i.e., conflicted, compulsive, addictive, and hyper-sexuality. Complements concurrent individual and/or couples therapy. Thursday 7:00 - 8:30 P.M. Glendale. D. Lee Stoltzfus, Ph.D. PSY 8607, MFT 6746, CSAT (818) 248-1140.

Men and Women's Interpersonal Therapy Group:

A safe environment for adults to explore their issues and gain the support and feedback of other men and women. Members learn how to connect past experiences with present circumstances, to gain self-awareness and find new ways to cope and relate to others and find overall well-being. Thurs, 6:30-8pm. Glendale. Susan Chakmakian, MA, MFT. MFC41817. For more info: susan@susanchakmakian.com or (818) 839-0390.

Women's Dating Support Group 40-65:

A place for women to talk about dating, relationships, sex, and men. Themes include examining limited beliefs, sharing dating skills and knowledge, brainstorming where and how to meet eligible men, screening men for compatibility, trouble-shooting problem situations, and receiving candid positive feedback. Goals include clarifying what you really want, making the best of yourself, building confidence in situations, meeting more of the right men, and acquiring new insights into the male perspective. Alternate Wednesdays, 6-7:30 pm, Glendale. Jim De Santis, Ph.D., C.G.P., Lic. # PSY10315, (818) 551-1714, JJDeSantis@aol.com or [JJDeSantis.com](http://www.JJDeSantis.com).

Girl Power Group (4th and 5th grades):

In this creative space, girls engage in activities, art, movement, and conversation to build their skills for friendship and emotional awareness and management. Institute for Girls' Development. (626) 585-8075, ext 108. www.IFGD.care.

Rainbow Grit Group:

Do you know an LGBTQ teen who is looking for a safe and supportive place to share, connect and grow? Rainbow Grit meets weekly at the Institute for Girls' Development (626) 585-8075, ext 108. www.IFGD.care.

Wellness Grit Group:

A place for teen girls and young women experiencing chronic pain and/or chronic health issues. Meet weekly with others for support, connection, self advocacy and mindfulness. Institute for Girls' Development. (626) 585-8075, ext 108. www.IFGD.care.

Services:

Free Divorce Options Professional Training! Open to both professionals and clients:

Do you know your clients' critical divorce choices? Pasadena Collaborative Divorce (PCD) presents this FREE PUBLIC SERVICE to educate professionals working with couples, and to empower couples with options that can preserve respect, money and relationships. Few people are actually familiar with all the divorce options! For example: Self-Representation, Mediation (a few different versions), Collaborative Divorce, and Traditional Litigation. Our Professional multidisciplinary presenters are trained in all the options: Licensed Therapists, Financial Professionals specifically trained in divorce financial matters, and Family Law Attorneys. Registration Required. Call or text Ria Severance, LMFT: (626) 354-4334. We also come to you to educate and train groups of 10+ FREE! When? Second Tuesday: October 8 and November 12, 2019, and Third Tuesday: December 17, 2019 noon-1:30pm. Where?: Donald E. Wright Auditorium in Pasadena Central Library, 285 E. Walnut St., Pasadena, CA 91101 (across from courthouse). Come join us!

Marketing Consultation:

Individualized coaching for mental health professionals and students/interns wanting to start or build a private practice. Formulate goals, identify optimal niches and target markets, design ethical and effective marketing strategy, write effective advertising materials, and track results. Flexible format uses in-person meetings, telephone, and e-mail as-needed. Jim De Santis, Ph.D., Glendora and Glendale, at (818) 551-1714 or JJDeSantis@aol.com

Mental Health Billing and Credentialing:

We're accepting new clients. No Minimum and Free Verification of Benefits. Needs to be Credentialed Telepsychiatry? We can help your enrollment in all insurance networks. Contact us at Doris Mollenkopf, MA, CPC, CRC. INFO@MANAGEMENTRESOURCESBILLING.COM or contact us at (818) 238-9280 Ext.5

Private Practice Office Forms:

Field tested, up-to-date quick-start kit of forms includes patient intake, financial agreements, HIPAA notice, consents and releases, and clinical screening forms. CD-ROM, paper copy, or digital files via e-mail. For more information or to examine samples, visit JJDeSantis.com.

The Business Of Practice:

Building an Optimal Private Practice for Mental Health Professionals. Paperback challenges and inspires mental health professionals to expand and refine their opportunities for a private practice that is personally fulfilling. Content emphasizes pragmatic, real-world information and action oriented steps to offering mental health services, while respecting both established business concepts and ethical principles of professional practice. \$18.95 online at Lulu Books or Lulu.com.

Publications:**Child Psychiatrist Directory:**

Concise list of 440 physicians who provide psychiatric services to children and adolescents throughout Los Angeles County available on the internet at JJDeSantis.com

Diagnostic Testing Directory:

The Assessment List is a free directory listing of 300 licensed psychologists throughout Los Angeles county who offer psychological assessment services, including educational, neuropsychological, forensic, vocational, custody, or general psychiatric differential diagnosis. View, print, or download from JJDeSantis.com.

East San Gabriel Valley Directory:

Free directory of 141 mental health professionals from Pasadena to Claremont, cross-indexed by specialties, services, second languages, and insurance accepted. View or download at www.JJDeSantis.com.

GAMHPA Members Directory:

120 licensed mental health professionals in the Glendale area, cross-indexed by specialties, services, second languages, and insurance accepted. This 65-page is available free at the GAMHPA website: gamhpa.org.

Group Therapy Directory:

Free directory of 900 outpatient psychotherapy groups offered by 300 licensed mental health professionals throughout Los Angeles county. Online directory has been viewed on the internet 34,000 times. Download a copy from TheGroupList.org.

Office Space For Rent:**Burbank:**

Comfortable, warmly decorated office space available in therapy suite. Medical building close to Toluca Village, St. Josephs Hospital, NBC, Disney and freeways. All amenities supplied, including call light. Available on hourly, daily or monthly basis Contact: Miriam Davis, MFT at (818) 848-3022 or miriamdavis@verizon.net.

Burbank:

Inviting office space available for sublease at 4444 Riverside Drive. Located between Bob's Big Boy and Paty's Restaurant. Convenient parking. Reasonable rent, Available weekday mornings, all day Saturdays, and all day Sundays. Free group consultation with experienced and supportive officemates on Thursdays at noon. Contact Wendi Svoboda, LCSW at (818) 288-6711 or wsvobodalcsw@yahoo.com.

Burbank:

Fully furnished office with a cozy yet professional style. It is centrally located in a quiet area in Burbank close to the studios and near the Golden State Freeway. Parking is ample and free. If interested, please call (818) 848-5653.

Eagle Rock:

Office available in a mind-body psychotherapy suite with other like-minded therapists in the beautiful Eagle Rock area. All utilities included as well as wifi, fax, microwave and fridge. Available 10/1 at \$900. Unlimited free street parking in front of or behind the building. Beautifully landscaped, quiet building near the 2/134 freeways. scnameth@yahoo.com for more information!

Glendale:

Competitive rent for furnished office (with waiting and common room) on Brand. Available in half and full day blocks with best rates for multiple days; includes internet, call light, printing, etc. Accessible by all freeways (134, 5, 2). Covered parking included for Therapist and guest parking. Contact Susan Chakmakian, MFT at 818-839-0390 or email at susan.chak.mft@gmail.com.

Glendale:

Private room in charming houseturned-office available for rent. Property located in Glendale, easy access to the 134 & 5 freeways. Shared space includes access to WIFI, full bathroom and kitchen, idyllic garden in the backyard for relaxation. Ideal for therapists, acupuncturists, or other similar practitioners looking for a comforting space to work and service clients. Rental options include part-time or full-time, starting at \$300 per office. Call (818) 247-2062.

Glendale:

Three lovely windowed full time unfurnished offices and one furnished interior office available. Offices are 9.5 x 11 ft, 9.5 x 12 ft, and 8 x 10ft. The area is walkable, safe, with plenty of parking. Lovely 3 story office building with center atrium. Group room, meditation room, kitchen. Call Lights, parking, wifi, utilities included. Wanda Jewell, LCSW wj@wandajewell.com (323) 683-3624.

Glendale:

Beautiful small office available for sublet in Glendale beginning September 1st. Saturday, Sunday, Mondays available. The area is very accessible by the 5 and 134. Please contact to view in person. Rent is affordable and the therapists in the suite are wonderful. Contact Daria Portillo at dariaportillo.com

Miracle Mile:

Established Psychotherapy group sub-leasing office space. 3 furnished offices with views, waiting room, off- street parking and 24-hr security. Amenities included. Close to eateries and public transportation. Please email to info@cauleyassociates.com to inquire about availability and fees.

Pasadena:

Window office in attractive, cozy building. Shared waiting room in friendly suite. Office set up for kids or adults. Available all day Fridays & weekends. \$215/day/month or by the hour. Contact Bruce Hirsch (626) 395-7833 or drbruce@brucehirschphd.com.

South Pasadena:

Office space available for sublease in South Pasadena on Fridays all day for \$200/month and Sundays all day at a reduced rate of \$125/month. The cozy & quaint office is located on Huntington Dr. near Marengo in a single-story building built around an oak tree. This peaceful space has large picture windows on one side with views of a fountain waterfall and foliage, and it is perfect for individuals and couples. There is plenty of free parking on Huntington or in the front parking lot. The main lobby has call buttons for visitors, and there is a kitchenette area for building tenants. The rooms are soundproofed. There are several therapists in the building and opportunities for cross-referring. For more information, contact Kimberly C. Wong, LCSW directly via email, phone call, or text at KimberlyCWongLCSW@gmail.com or (626) 260-1356.

San Marino:

Two windowed, light filled offices, one with its own private exit, for lease. Available full-time beginning Jan. 1, 2020, currently available half-time by retiring therapists. Four office suite is in a former private residence just off Huntington Drive, one block from Oak Knoll, with furnished waiting area, kitchenette, and in-suite restroom. Free parking in rear lot and on street. Charming, quiet, private. Current monthly rent with utilities is approximately \$600. Part-time rent available only through 2019, conditional upon becoming a full-time lessee on Jan. 1, 2020. Call Kathleen (626) 799-8581 or Lisa (310) 285-9656.

Silverlake:

Spacious and sunny 2nd floor office available Fridays after 12 PM and Saturdays after 11 AM. The Silverlake Avenue location is ideal for therapists wishing to serve the East side communities of Echo Park, Silverlake, and Los Feliz. We are "freeway close" – just a few minutes from the 2, the 5, and the 101. Please call Anita Frankel MA MFT at (323) 661-0297.

Silverlake:

Silverlake Psychotherapy office available for sublet. Nicely appointed therapy room with attached waiting room and bathroom. Centrally located-both day and evening times available. Contact Marney Stofflet, LCSW (323) 662-9797.

GAMHPA

Glendale Area Mental Health Professionals Association
138 North Brand Boulevard Suite 300 Glendale, CA 91203-4618
(818) 771-7680 www.gamhpa.org

MISSION

GAMHPA was founded in 1992 by a few local area mental health professionals in private practice. Within several years, it, grew to over 100 members. Our mission is to advance professional development through networking, continuing education and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline, reflecting real patterns of professional referral. We are an interest group only and do not provide referrals to the community. We are not a profit making organization.

BENEFITS

Members receive a number of exclusive benefits. Members can present a talk or publish an article on a professional topic. They are listed in the annual membership directory, distributed to the local professional mental health community and posted on our website. They have access to our internet discussion group. Members are automatically entered for free newsletter advertising. They receive reduced rates for continuing education. New members can submit a brief professional biography for publication in the newsletter.

BOARD OF DIRECTORS

Jim De Santis, PhD
President, (818) 551-1714
jjdesantis@aol.com

Rachel Thomasian, LMFT
Program Chair
(818) 599-1234
rachelthomasian@gmail.com

Kimberly Wong, LCSW
Program Chair
(626) 260-1356
KimberlyCWongLCSW@gmail.com

Eric Thomasian
Webmaster
(818) 915-6056
Eric.thomasian@gmail.com

Laura Dickson, LCSW
Newsletter Co-Editor
(626) 622-3863
ldicksonlcsw@gmail.com

Silva Depanian, M.A., MFTI
Newsletter Co-Editor
(626) 622 3863
silvadepanian@gmail.com

Daria Stepanian, M.A., MFTI
Social Media Chair
(818) 430-3476
dariastepanian@gmail.com

Mary Ann Aronsohn, L.M.F.T.
Programs
(626) 441-5131
m.aronsohn@att.net

Lynne Azpeitia, LMFT
Member at Large
(310) 828-7121
lynne@gifted-adults.com

NEWSLETTER

The GAMHPA Newsletter is published quarterly on our website. Notices of publishing are distributed to the local mental health community, including Glendale, Burbank, Pasadena, La Crescenta, La Canada Flintridge, Los Feliz, and Silverlake. Contact us to be added to our mailing list.

If you have changed your email address, or mailing address, or wish to discontinue delivery please notify us.

EDITORIAL POLICIES

GAMHPA encourages members to contribute articles of scholarly or clinical interest for publication. Submissions should be forwarded to Editor Laura Dickson at ldicksonlcsw@sbcglobal.net

Opinions expressed in this newsletter are not necessarily those of the Association or its members. GAMHPA does not endorse any of the products or services advertised.

Newsletter Deadlines:

July/Aug/Sept 2019 Issue June 1
Oct/Nov/Dec 2019 Issue Sept 1

ADVERTISING

All advertising questions should be directed to Laura Dickson at ldicksonlcsw@sbcglobal.net. Classified and display ads run for one issue. Advertising for services by psychologists or psychological assistants must include the license number of the psychologist. Advertising is accepted up to one week before publication.

Advertising Rates:

Item	Member	Non-Member
Classified Ad	Free	\$25
1/8-page display ad	\$25	\$50
1/4-page display ad	\$50	\$75
1/2-page display ad	\$65	\$90
Full-page display ad	\$100	\$150

Mailing lists are available. Contact Jim De Santis at: jjdesantis@aol.com.

Rates:	Member	Non-Member
Mailing list, printed	\$25	\$35
Mailing list on labels	\$30	\$40
Mailing list on disk	\$70	\$80
Member e-mail list	\$20	\$30



Call for Submissions

We want to hear from YOU! GAMHPA is looking for mental health articles, press releases, essays, or case studies (under 1000 words) for our upcoming issues. Submit to Laura Dickson at ldicksonlcsw@sbcglobal.net

Directory Information ONLY for New Members and Renewing Member Changes

RENEWING member: There are ___ NO changes ___ changes to my directory information below from last year. In the event I have made changes, ALL sections below are FULLY completed.

Groups Offered

Topic, Target Problem, or Focus	Members	Time/Day	Fee
Topic, Target Problem, or Focus	Members	Time/Day	Fee
Topic, Target Problem, or Focus	Members	Time/Day	Fee

Clients Treated

- Children
- Adolescents
- Young Adults
- Adults
- Seniors

Non-English Languages

- Spanish
- Other: _____
- Other: _____

Problem Areas Treated

- Addictions
- AIDS/HIV
- Anxiety Disorders
- Attention Deficit
- Behavioral Problems
- Brain Damage
- Chronic Illness/Pain
- Divorce
- Eating Disorders
- Learning Disabilities
- LGBT Issues
- Marital Problems
- Medical Management/Non-Compliance
- Mood Disorders
- Multicultural/Ethnic Diversity
- Multiple Personality
- Occupational Problems
- Panic/Phobias
- Personality Disorders
- Physical Abuse
- Rape/Molestation/Incest
- Reproductive Issues
- Sexual Dysfunction
- Trauma/PTSD
- Other: _____

How did you hear about GAMHPA?

Services Offered

- Anger Management
- Behavior Therapy
- Biofeedback
- Child Custody Evaluation
- Cognitive Therapy
- Couples Therapy
- Critical Incident Debriefing
- Divorce Mediation
- Educational Testing
- Family Therapy
- Forensics/Expert Witness
- Hypnosis
- Individual Therapy
- Inpatient
- Medication
- Neuropsychological Testing
- Organizational Consultation
- Play Therapy
- Psychoanalysis/Psychodynamic Therapy
- Psychological Testing
- Religious Issues
- Sex Therapy
- Stress Management
- Other: _____
- Other: _____

Funding Accepted

- Will provide superbill for out-of-network PPO
- Aetna
- Anthem Blue Cross
- Beacon Health (VO)
- Blue Shield
- Cigna
- Healthnet
- Managed Health Network
- Medi-Cal
- Medicare
- Magellan
- Motion Picture
- Optum (UH, UBH, UBHPC)
- TriWest/TriCare
- Victim Witness
- Worker's Compensation
- Sliding Scale
- Credit Card
- Cash Fee Range: _____