

MENTAL HEALTH PROFESSIONALS

NEWSLETTER

Your guide to GAMHPA news,
Information and events
July Aug Sept 2016



I am so happy to have joined the Glendale Area Mental Health Professionals Association as a board member. I am looking forward to supporting GAMHPA's goal of increasing connection between varied mental health professionals. We have so many resources to share and so much information and support to offer each other. I will be co-editing the Quarterly Newsletter and developing cultural activity events for members.

I look forward to meeting everyone,

Laura

Laura Dickson is a licensed clinical social worker and a certified EMDR therapist and approved EMDRIA consultant. She can be reached by visiting her web site at www.Glendale-Arcadia-Counseling.com or call 818-476-0111



I am so thrilled to have Laura Dickson joining the GAMHPA board of directors, and especially excited that she is now my co-editor!

Summer is traditionally a slow time clinically for many therapists and provides a wonderful opportunity for us to spend time meeting new referral sources! I hope to see you all at our summer networking event on July

15!

Suzette

Suzette Bray is a Licensed Marriage and Family Therapist and Executive Director of Village Counseling and Wellness in Burbank. She spends her limited time outside of the office frantically attempting to thwart the more dangerous adventures of her thrill-seeking six-year-old son. She can be reached at (818) 238-9895, www.lifeworthliving.solutions or e-mail suzette@lifeworthliving.solutions.

Call for Submissions

We want to hear from YOU! GAMHPA is looking for mental health articles, press releases, essays, or case studies (under 1000 words) for our upcoming issues.

Submit to Suzette Bray at
suzette@lifeworthliving.solutions

CALENDAR OF EVENTS

BOARD MEETINGS

Shakers Restaurant
801 Central Ave
Glendale, CA 91203

Friday, July 22, 2016
Friday, September 16, 2016
Friday, November 4, 2016

All meetings 9:15 - 11 am All are welcome.

QUARTERLY NETWORKING EVENT

Acapulco
722 N. Pacific Ave.
Glendale, CA 91203

Friday, July 15 2016
Friday, October 14, 2016

Pre-pay online- \$12 At the door- \$15

Check-In is at 11:45.
Lunch is from 12 to 1:30 p.m. All are welcome.

RSVP : Kimberly Wong at 626-260- 1356, or Rachel Thomasian at rachelthomasian@gmail.com by the Wednesday prior to event date. Arrive early parking is limited!

Keep an eye out on GAMHPA.org for lunch dates in July and October of 2016!



GAMHPA Interview, July 2016

With Ronald Melin Supancic, CFLS

1. If I weren't an attorney, what would I be?

"If I were not an attorney, I would be a film partner of Francis Ford Coppola. We both were graduates of UCLA Film School in the early 60's. He was a year ahead of me. I was a year ahead of Jim Morrison. In my last semester of law school, I took a course with Stanley Kramer, the producer of such noted films as On the Beach and It's A Mad, Mad, Mad, Mad World, and he kept talking about lawyers taking over the motion picture industry. A year later, when Francis was starting Zoetrope in the San Francisco area, he invited me to come up and join him in the enterprise. I was already in law school and getting passing grades, so I decided to stay with law school and I missed out on what probably was a wonderful opportunity for an exciting adventure, and I went into law instead."

2. What is the one thing in my attorney bag of tricks that I could not live without?

"The one thing in my attorney bag of tricks that I could not live without is emphatic communication, compassionate conversation, and the art of conscious uncoupling. There are a number of books on this subject."

3. What is my favorite book?

"My favorite book is 'The Art of Mindful Living' by Thich Nhat Hanh. There's a number of

other very good books, 'The Power of Now' by Eckhart Tolle, and 'Peace is the Way' by Deepak Chopra."

4. Where is the most beautiful place I have ever been?

"The most beautiful place I've ever been to is the Sea Ranch on the Northern California Coast in Sonoma County. It's the best kept secret in California."

5. What is the best advice I have ever been given?

"The best advice I have ever been given was by my grandfather who told me: "Ronnie, the only difference between you today and 20 years from today will be the books you read and the people you meet, meet as many people as you can, and read a book every day."

6. What do I do to reenergize myself?

"I energized myself by spending time with my great grandson and granddaughter, my grandson has a three years-old son and is visiting soon. My granddaughter, little blue-eyed baby Eva, is just a little over two. Seeing the two of them together is the most enjoyable thing I can imagine."

We are a group of professionals from various disciplines who have expertise in specific areas of the divorce process. We recognize that the divorce process, as it currently exists, is divisive, adversarial, costly, and emotionally destructive to all family members. We work together in an effort to humanize the process of divorce by bringing a holistic approach which we believe will minimize the divisiveness, reduce the adversarial environment, decrease the cost, soften the emotional destruction to families, and enable those on the journey to remain whole.



Ronald Melin Supancic, CFLS
(818) 348-6700
Ron@thelawcollaborative.com
www.thelawcollaborative.com

GAMHPA Interview, July 2016

By Patty Gieselman

1. If you weren't a therapist, what would you be?

"If I weren't a therapist, I think I would be a writer of cookbooks."

2. What is the one thing in your therapeutic bag of tricks that you could not live without?

"The one thing in my therapeutic bag of tricks that I could not live without is a "Behavior Chain Analysis" from the DBT world. It is a tool that helps the therapist and client understand the function of a problem behavior and teaches a client how to change a problem behavior on his or her own, if desired."

3. What is your favorite book?

"Clan of the Cave Bear."

4. Where is the most beautiful place you have ever been?

"Alaska."

5. What is the best advice you have ever been given?

"My great grandmother was from the deep south. And when giving us girls advice about relationships, in her deep southern accent, she said, "Honey, Watch his feet, not his mouth." That short sentence has guided me well in friendships, business relationships and marriage."

6. What do you do to re-energize yourself?

"Listen, Laugh & Learn!"

Choices has been providing services throughout Southern California for more than 20 years. Our diverse experience includes clinical services, education and training, consultation and program implementation in both public and nonprofit organizations. We pride ourselves on being a resource in the community and have a long-standing commitment to "doing what works."

Patty Gieselman
Choices Counseling &
Skills Center
37 Auburn Avenue Suite 1
Sierra Madre CA 91024
626.470.9834
www.choices.care
info@choices.care



HELP BRING LOS ANGELES A “HELPERS SUPPORT GROUP”

By Caryn Bickel, LMFT

As a Psychotherapist who's lived and worked in the Greater Los Angeles area over the past 17 years, I have developed a certain curiosity and passion for helping those who help others for a living. I simply refer to this as, Helping the Helpers. Curious about phenomena known as vicarious trauma and/or compassion fatigue, I set out to search for information and resources that were geared specifically towards the improving the lives of helpers. I was lucky enough to find The Joyful Heart Foundation (TJHF), who has a wealth of information on these topics. I wrote an article entitled, Helping The Helpers (originally published on hubpages.com, <http://hubpages.com/health/Helping-the-Helpers>, 2015), and am actively recruiting participants in the LA area for a Helping The Helpers Support Group.

TJHF defines vicarious trauma and compassion fatigue as “unintended or ancillary consequences that often impact those, other than the victim(s), who are exposed to trauma.” In Helping The Helpers, I write, “Helpers working in the various helping fields include health care workers (doctors, nurses, paramedics), first responders (firefighters, police, emergency workers), mental/behavioral health clinicians, therapists, social workers, soldiers and more. These professionals are often highly regarded for their altruistic contributions, but are often burdened by the stressors and pressure of their work. According to a recent study published by Critical Care Forum in 2014, “The prevalence of compassion fatigue ranges from 7.3% to 40% of workers in intensive care settings and 25% to 70% among inexperienced mental health professionals.” (Van Mol 2014). This only represents just a small segment of the professional rank and file serving our communities.”

Many Helpers receive information and attend workshops emphasizing the importance of Self Care and other Wellness strategies from their employers, but I wonder if these efforts are enough, given the fact that traumas like mass shootings and natural disasters are becoming more prevalent and severe and everyday stressors affect one's ability to effectively manage a doable work/life balance. Again, in Helping The Helpers, I ask readers to consider, “While these interventions are meaningful and necessary, helpers are still in need and so are the growing numbers of helpees. As the nature of the traumas they face evolve, I wonder if such deplorable situations, that are all symptoms of a society in crisis and on the edge, can be effectively addressed by employers as “job hazards”. Helpers need a solid support system that is poised to reinforce strengths and restore competency in times of high stress and for extended phases of time thereafter. Employers and employees need to communicate often to identify and implement an exchange of resources that will be effective and reflect a pervasive attitude of Compassion for the helper. Perhaps, also we are standing on the precipice of a much needed cultural shift . . .”

The cultural shift I envision involves action. Action on a professional level in order to help the Helpers we rely on sustain an acceptable quality of life and work/life balance. Action on a personal level that involves our children so that they get the modeling of how to interact more in a society under pressure. Tuning out, bandaging and going for quick fixes fail to heal deeper underlying wounds and policies and procedures will always leave loopholes

and gaping cracks where many good, talented, dedicated people can easily fall through. We must further engage and support one another. We must love with conviction . . . more than those who hate.

If you are interested in learning more about the Helping The Helpers Support Group, please do not hesitate to act. Call, Participate, Refer, Advocate, Donate and Support Helpers in our city; help enable Helpers to do the good work they do!



In Wellness,
Caryn Bickel, LMFT
esteemcounseling.com
mailto:counselwithcaryn@gmail.com

LARRY BROOKS PhD

Licensed Psychologist PSY 8161

Professional Development Programs

6-Hour Continuing Education Workshop On Becoming A Competent Psychoanalytically Oriented Supervisor

July 16, 2016 9am – 4pm

Institute for Girls Development / Pasadena, California

Professional Development Programs (PDP) is approved by the CPA OPD to sponsor continuing education workshops in California for Psychologists, Social Workers, and Marriage and Family Therapists. Meets California state requirements for Supervisors. PDP maintains responsibility for this program and its contents. CPA OPD Provider code: PR0023.

Case-Focused Group Consultation

1st & 3rd Fridays 12 – 2:00

**138 N. Brand #300
Glendale**

For more information

☎818.243.0839 ✉drbrooks@drlarrybrooks.com

Classified Advertising
Group e-mail list \$20 \$30

Men's Healthy Relationships Group
This group is for men seeking to develop healthy and satisfying relationships with their partners. Men in this group are dealing with intimacy issues and disorders, i.e., conflicted, compulsive, addictive, and hyper-sexuality. Complements concurrent individual and/or couples therapy. Thursday 7:00 – 8:30 P.M. Glendale. D. Lee Stoltzfus, Ph.D. PSY 8607, MFT 6746, CSAT 818-248-1140

Men's Dating Support Group
Topics include dating skills and knowledge, where and how to meet eligible women, screening for compatibility, trouble-shooting problem situations, and receiving candid positive feedback. Clarify what you really want, make the best of yourself, build confidence, and meet more of the right women. Alternate Fridays 6-7:30pm, Glendale. Jim De Santis, Ph.D., C.G.P., Lic. #PSY10315, (818) 551-1714, JJDeSantis@aol.com or JJDeSantis.com

Gay Men's Personal Development Group. Insight-oriented group addresses dating and relationships, career issues, and life-enrichment. Uses here-and-now small group dynamics to increase self-awareness, understand one's impact on others, and practice self expression. Second and Fourth Thursdays, 7-9 pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818)551-1714 jjdesantis@aol.com.

Moving Through Bereavement. On-going supportive and educational group uses here and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818)240-1355.

Thriving with Diabetes. Ongoing supportive and educational group uses here-and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818) 240-1355.

Post Traumatic Stress Disorder / Trauma / Sexual Abuse Survivors Process Group for Women. This group will allow survivors to share their abuse and recovery experiences, while providing a safe space for healing and to try out new, healthy coping skills. This group is targeted to sexual abuse, incest, assault, and rape issues. This is held every other Wednesday morning in Pasadena, CA. Please contact Cristina Mardirossian, LMFT at (818) 434-6051 for more information.

Men's Separation and Divorce Support Group. For men either contemplating separation or divorce, going through it, or recovering from it. Communication with an estranged spouse, co-parenting, building a new circle of friends, dating, maintaining productivity at work, and achieving personal satisfaction with life. Wednesdays, 7:45-9:15 p.m., Glendale. Jim De Santis, Ph.D., C.G.P.,

Teen Talk Support Group. This co-ed support group is a safe place for teens to talk about everyday challenges with school, parents, relationships, and to get support from other teens. Increase self-esteem, healthy decisionmaking and self-awareness. Weds, 6-730pm. Glendale. Susan Chakmakian, MA, MFT, MFC41817 contact by 818-839-0390 or susan@susanchakmakian.com.

Write Your Life to "Right" Your Life. Writing group in Toluca Lake. This group meets once per week for 10 weeks; anyone can join any week as this is not a "chronological" process. Help your clients augment their therapy process by journaling and writing, even fictionalizing the stories of their lives into publishable works. I am both a licensed MFT in California and a professional writer and teacher of creative writing. Vickie.saxon@gmail.com or 818-640- 3789.

Men and Women's Interpersonal Therapy Group - A safe environment for adults to explore their issues and gain the support and feedback of other men and women. Members learn how to connect past experiences with present circumstances, to gain self-awareness and find new ways to cope and relate to others and find overall well-being. Thurs, 6:30-8pm. Glendale. Susan Chakmakian, MA, MFT. MFC41817. For more information: susan@susanchakmakian.com or 818-839-0390.

Divorce Class. The Law Collaborative hosts free family law classes on the second Saturday and fourth Wednesday of every month, as a free service to the community. An attorney answers questions and concerns of attendees regarding divorce, child support, child custody, and alimony. It is extremely beneficial to people currently affected by divorce in any way. If you would like more information on this topic, please call Courtney at (818)348-6700 or send an email to courtney@thelawcollaborative.com.

GROUPS FOR PROFESSIONALS

Consultation Group. For experienced licensed therapists who are interested in contemporary psychoanalytic theory. The goal of this small group (limited to 5) is to provide a place for open, creative discussion of case material with the objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's ability to apply theory to practice, and more effectively using one's self in the clinical encounter. Tuesdays 12:00 – 1:45. For more information contact Larry Brooks, Ph.D., Lic. #PSY8161 (818) 243-0839 or dlarrybrooks.com

Consultation Group for therapists starting out in private practice. Targeted to clinicians with less than 5 years of post licensure experience. This small group (limited to 5) will provide a setting to strengthen clinical skills as well as deal with the personal/professional challenges of being in private practice. It will utilize a contemporary psychoanalytic framework to discuss clinical material with objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's application of theory to practice, and more effectively use in one's self in the clinical encounter. Fridays 3:15 – 5:00 For more information contact Larry Brooks, Ph.D., Lic. # PSY8161 (818) 243-0839 or dlarrybrooks.com.

SERVICES INTERN/TRAINEE Process Group
Being an intern/trainee can be emotionally stimulating at the least! And while it's important to work through your counter-transference with clients, and learn more about your own relationships, it may be an expensive prospect while you are interning. A group may be just what you need. Get support from your peers and guidance from someone whose been there. 300 hours in 100 hours! Led by Susan Chakmakian, MA, MFT MFC41817. For info: 818-839-0390. susan@susanchakmakian.com

Business Consultation. Private, individualized how-to for mental health professionals and students/interns wanting to start a private practice. Formulate goals, identify optimal niches and target markets, design ethical and effective marketing strategy, write effective advertising materials, and track results. Flexible format uses in-person meetings, telephone, and e-mail. Jim De Santis, Ph.D. At (818) 551-1714 or JJDeSantis@aol.com.

Private Practice Office Forms. Field tested, up-to-date fast-start kit of forms includes patient intake, financial agreements, HIPAA notice, consents and releases, and clinical screening forms. CD-ROM, paper copy, or via e-mail. For more information or to examine samples, visit JJDeSantis.com.

The Therapist's Journey formerly known as Professional Development Programs is certified by the MCEPAA and BBS to provide continuing education to Psychologists, Social Workers, and Marriage and Family Therapists. The Therapist's Journey works with small groups of clinicians and agencies to design programs to meet your specific training needs. Call Dr. Larry Brooks at (818) 243-0839 or check out the website at dlarrybrooks.com.

PUBLICATIONS

Child Psychiatrist Directory. Concise list of 440 physicians who provide psychiatric services to children and adolescents throughout Los Angeles County available on the internet at JJDeSantis.com.

Subscribe to The Therapist's Journey, an E-newsletter that focuses on the subjective experience of doing psychotherapy in these changing times. Go to drlarybrooks.com.

Diagnostic Testing Directory. Free directory of 300 licensed psychologists throughout Los Angeles County who offer psychological assessment services: educational, neuropsychological, forensic vocational, custody, and general psychiatric differential diagnosis. View or download from www.JJDeSantis.com.

East San Gabriel Valley Directory. Free directory of 141 mental health professionals from Pasadena to Claremont, cross-indexed by specialties, services, second languages, and insurance accepted. View or download at www.JJDeSantis.com.

GAMHPA Members Directory. 120 licensed mental health professionals in the Glendale area, cross-indexed by specialties, services, second languages, and insurance accepted. This 65-page is available free at the GAMHPA website: gamhpa.org.

Group Therapy Directory. Free directory of outpatient psychotherapy groups in Los Angeles County. 650 facilitators and 1,600 groups. Directory has received over 30,000 views on the internet. View or download from www.TheGroupList.org.

Home Schooling. "Finding Your Way: Exploring Your Family's Educational Journey," a workbook of discussion topics and thought provoking exercises by GAMHPA member Michelle Barone, MFT. Learn more at michellebarone.com.

OFFICE SPACE FOR RENT

MIRACLE MILE Established Psychotherapy group sub-leasing office space. 3 furnished offices with views, waiting room, off-street parking and 24-hr security. Amenities included. Close to eateries and public transportation. Please email to info@cauleyassociates.com to inquire about availability and fees.

LA CANADA. Just completed office space in La Canada with private waiting area, therapist signal system, sound proofing, plus separate entrance and exit. There are a total of 4 offices within the suite, the building is very well maintained with security for both the building and suite. Similar to 595 Colorado in Pasadena but it's in La Canada! Learn more about from Debra Kessler, Psy.D at www.drdebrakessler.com

Eagle Rock Large, (16.5' x 12.5'), sunny, 2nd-floor, furnished corner office in Eagle Rock available all day Wednesday, Saturday, Sunday. Looking to sublease for full days. Available immediately, renting month-to-month. Includes utilities, shared waiting room, wi-fi,

copier, kitchen, free street parking. For more information, please call Emily Moore at 213-503-5553.

Glendale PT office space available for mental health professional. Comfortable, welcoming space located in Beautiful Landmark Bldg., corner of Brand and Broadway. Receptionist, waiting area, full kitchen. Great work environment. Call Laurie McDonough, LMFT 818/661-7147.

GLENDALE. Office space available five mornings a week plus Monday and Friday all day. Beautifully decorated with view toward mountains and Pasadena. Receptionist, copier, and full kitchen. Landmark building, corner of Brand and Broadway. Call Tina Clarfield, Ph.D., (818) 507-1550.

GLENDALE. PT space available for mental health professional. Attractive, upscale and professional building. Highly secured. Beautiful waiting area with refreshments available. Separate exit. Handicap accessible. Great networking opportunities. Newly painted and furnished tastefully. Floor to ceiling window with a view. Nearby freeway. Reasonable rates. Café within the building. Call Anita Avedian at (818) 426-2495 for more information or email her at avediana@aol.com.

PASADENA. Window office in attractive, cozy building. Shared waiting room in friendly suite. Office set up for kids or adults. Available all day Mondays, Fridays and on weekends. \$215/day/month or by the hour. Contact Bruce Hirsch (626) 395-7833 or drbruce@brucehirschphd.com

PASADENA. Office space available at 309 office at 711 East Walnut Street in Pasadena for reasonable rates. Includes free mentoring in helping you get started in your practice. Lovely office and free parking. Great location in the Playhouse district. Contact Debbie Hedgecock at 626-821-4028 for info.

SILVERLAKE. Spacious and sunny 2nd floor office available Fridays after 12 PM and Saturdays after 11 AM. The Silverlake Avenue location is ideal for therapists wishing to serve the East side communities of Echo Park, Silverlake, and Los Feliz. We are "freeway close" -- just a few minutes from the 2, the 5, and the 101. Please call Anita Frankel MA MFT at 323-661-0297.

BURBANK. Office space to share. Available Monday-Friday all day, plus some evening and weekend hours if needed. Located in the heart of Toluca Lake at 10000 Riverside Drive (across from Paty's). Rent is less than \$400/month depending on time needed. Waiting room, plus comfortable, bright corner therapy office. Vickie Saxon: 818-640-3789 or Vickie.saxon@gmail.com

BURBANK. Comfortable, warmly decorated office space available in therapy suite. Medical building close to Toluca Village, St. Josephs Hospital, NBC, Disney and freeways. All amenities supplied, including call light. Available on hourly, daily or monthly basis Contact: Miriam Davis, MFT at (818) 848-3022 or

miriamdavis@verizon.net

GLENDALE. Competitive rent for furnished office (with waiting and common room) on Brand. Available in half and full day blocks with best rates for multiple days; includes internet, call light, printing, etc. Accessible by all freeways (134, 5, 2). Covered parking included for Therapist and guest parking. Contact Susan Chakmakian, MFT at 818-839-0390 or email at susanchak.mft@gmail.com.

BURBANK. Inviting office space available for sublease at 4444 Riverside Drive. Located between Bob's Big Boy and Paty's Restaurant. Convenient parking. Reasonable rent. Available weekday mornings, all day Saturdays, and all day Sundays. Free group consultation with experienced and supportive officemates on Thursdays at noon. Contact Wendi Svoboda, LCSW at (818)288-6711 or wsvobodalcsw@yahoo.com.

BURBANK. Fully furnished office with a cozy, yet professional style. It is centrally located in a quiet area in Burbank close to the studios and near the Golden State Freeway. Parking is ample and free. If interested, please call (818) 848-5653.

Call for Submissions
We want to hear from YOU!
GAMHPA is looking for mental health articles, essays, or case studies (under 1000 words) for our upcoming issues.
Submit to Suzette Bray at suzette@lifeworthliving.solutions

GAMHPA

Glendale Area Mental Health
Professionals Association
138 North Brand Boulevard
Suite 300
Glendale, CA 91203-4618
(818) 771-7680
www.gamhpa.org

MISSION

GAMHPA was founded in 1992 by a few local area mental health professionals in private practice. Within several years, it grew to over 100 members. Our mission is to advance professional development through networking, continuing education, and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline, reflecting real patterns of professional referral. We are an interest group only and do not provide referrals to the community. We are not a profit making organization.

MEMBERSHIP

Download an application form from our website. Full member dues for licensed mental health professionals, \$60 per year. Associate Member dues for students, interns and others, \$35 per year. Organizations, \$125 per year. Dues may be deducted as an ordinary and necessary business expense but not as a charitable contribution.

BENEFITS

Members receive a number of exclusive benefits. Members can present a talk or publish an article on a professional topic. They are listed in the annual membership directory, distributed to the local professional mental health community and posted on our website. They have access to our internet discussion group.

Members can place free classified ads and receive discounted rates for display ads and inserts, and mailing list labels. Members are automatically entered for free newsletter advertising. They receive reduced rates for continuing education. New members can submit a brief professional biography for publication in the newsletter.

BOARD OF DIRECTORS

Jim De Santis, PhD
President, (818) 551-1714
jjdesantis@aol.com

Michelle Barone, LMFT
E-List Moderator
(818) 951-7744
Michelle@michellebarone.net

Suzette Bray, LMFT
Newsletter Editor
(818) 238-9895
suzette@lifeworthliving.solutions

Rachel Thomasian, LMFT
Program Chair
(818) 599-1234
rachelthomasian@gmail.com

Emily Moore, LMFT
Member At Large
(626) 793-1078
emooremft@sbcglobal.net

Anne Warman, Psy.D, LMFT
Events & Networking
(310) 281-9797
Drannwarman@sbcglobal.net

Kimberly Wong, LCSW
Program Chair
(626) 260-1356
KimberlyCWongLCSW@gmail.com

Jason Thompson, M.A., MFTI
Social Media Chair
(424) 901-3757
Jasonthompsonart@gmail.com

Eric Thomasian
Technology Chair
(818) 915-6056
Eric.thomasian@gmail.com

Laura Dickson, LCSW
Newsletter Co-Editor
(818) 476-0111
ldicksonlcsw@sbcglobal.net

Julia Musker, M.A., MFTI
Newsletter Coordinator (818) 406-5556
Walktalkitout@gmail.com

NEWSLETTER

The GAMHPA Newsletter is published quarterly on our website. Notices of publishing are distributed to the local mental health community, including Glendale, Burbank, Pasadena, La Crescenta, La Canada Flintridge, Los Feliz, and Silverlake. Contact us to be added to our mailing list. If you have changed your email address, or mailing address, or wish to discontinue delivery please notify us.

EDITORIAL POLICIES

GAMHPA encourages members to contribute articles of scholarly or clinical interest for publication. Submissions should be forwarded to Editor Suzette Bray at suzette@lifeworthliving.solutions

Opinions expressed in this newsletter are not necessarily those of the Association or its members. GAMHPA does not endorse any of the products or services advertised.

Newsletter Deadlines:

Oct/Nov/Dec 2016 Issue Sept 1
Jan/Feb/Mar 2017 Issue Dec 1
Apr/May/Jun 2017 Issue Mar 1
July/Aug/Sept 2017 Issue June 1

ADVERTISING

All advertising questions should be directed to Suzette Bray at suzette@lifeworthliving.solutions. Classified and display ads run for one issue. Advertising for services by psychologists or psychological assistants must include the license number of the psychologist. Advertising is accepted up to one week before publication.

Advertising Rates:

Item	Member	Non-Member
Classified Ad	Free	\$25
1/8-page display ad	\$25	\$50
1/4-page display ad	\$50	\$75
1/2-page display ad	\$65	\$90
Full-page display ad	\$100	\$150

Mailing lists are available. Contact Jim De Santis at: jjdesantis@aol.com.

Rates:	Member	Non-Mem
Mailing list, printed	\$25	\$25
Mailing list on labels	\$30	\$40
Mailing list on disk	\$70	\$80