

MENTAL HEALTH PROFESSIONALS

NEWSLETTER

Your guide to GAMHPA news,
Information and events
April May June 2016



We begin every day of our lives by waking up. If only we could remember to continue waking up throughout the day. Letting each moment of our lives guide our emotional wellbeing instead of replaying old wounds, fears, and frustrations like broken records in our thoughts. The beauty of awareness is

that with its awesome power, we can linger in happiness, we can find beauty and joy and wonderment. What better way to kick off a new season than to pay attention to improving our quality of awareness as the flowers bloom, the rainstorms (or lack thereof) roll in, and the pollen rips us back into the present with sneezes? Happy Spring! Also, let us welcome Laura Dickson, my new co-editor, to the fold.

Suzette

Suzette Bray is a Licensed Marriage and Family Therapist and Executive Director of Village Counseling and Wellness in Burbank. She spends her limited time outside of the office frantically attempting to thwart the more dangerous adventures of her thrill-seeking five-year-old son. She can be reached at (818) 238-9895, villagecounselingandwellness.com or suzettebraymft@sbcglobal.net.

Call for Submissions

We want to hear from YOU! GAMHPA is looking for mental health articles, press releases, essays, or case studies (under 1000 words) for our upcoming issues.



Submit to Suzette Bray at
suzette@villagecounselingandwellness.com

CALENDAR OF EVENTS

BOARD MEETINGS

Shakers Restaurant
801 Central Ave
Glendale, CA 91203

Friday, May 20, 2016
Friday, July 22, 2016
Friday, September 16, 2016
Friday, November 4, 2016

All meetings 9:15 - 11 am All are welcome.

QUARTERLY NETWORKING EVENT

Acapulco
722 N. Pacific Ave.
Glendale, CA 91203

Friday, April 8, 2016
Friday, July 15 2016
Friday, October 14, 2016

Pre-pay online- \$12 At the door- \$15

Check-In is at 11:45.
Lunch is from 12 to 1:30 p.m. All are welcome.

RSVP : Kimberly Wong at 626-260- 1356, or Rachel Thomasian at rachelthomasian@gmail.com by the Wednesday prior to event date. Arrive early parking is limited!

Keep an eye out on GAMHPA.org for lunch dates in January, April, July and October of 2016!

GAMHPA Interview, March 2016

With Mary Ann Aronsohn, MA, LMFT

1. If I weren't a therapist, what would I be?

"I actually can't imagine doing anything else. I'm so clear, and lucky, to have found my true life's work. And to be in a profession that allows me to increase in value as I age!"

2. What is the one thing in my therapeutic bag of tricks that I could not live without?

"I love Portia Nelson's 'Autobiography in 5 Short Chapters.' It's about change and self-forgiveness. Maybe I can get it printed in this newsletter."

3. What is my favorite book?

"Diana Gabaldon's Outlander series is fabulous, especially in one of the audio versions. It's a genre that defies description; historical novel, time-travel, thriller, etc."

4. Where is the most beautiful place I have ever been?

"Only about 5 hours drive from here is a glacier-carved canyon, Rock Creek Canyon, that is world-class in its scenery and terrain. We hike there every year."

5. What is the best advice I have ever been given?

"When I was considering becoming a therapist, and enumerating to my friend Paul the length of time it would take to get there, he said 'How old will you be if you do that, Mary Ann?' '27,' I replied. 'And how old will you be if you don't?' 'Oh,' I said, and went for it."

6. What do I do to reenergize myself?

"I read, garden, cook, compost, and walk. These things keep me in balance."

Mary Ann Aronsohn is an experienced, compassionate, easy-to-talk-to therapist. She works with a wide variety of clients and life situations. Trained in several forms of therapy, she works well with families and couples, adults and adolescents. Specializing in collaborative divorce, Ms. Aronsohn trains separating/divorcing parents to communicate and negotiate with greater integrity, and works in teams to help people divorce more gracefully. Another specialty is Co-Parenting; aiding parents to work together from separate households following separation/divorce. Mary Ann teaches classes or coaches parents privately in co-parenting more respectfully and effectively so that children thrive. She also loves doing couples work, and includes stepfamilies in her practice. Mary Ann is devoted to helping her clients develop their most authentic selves and live their lives according to their



Mary Ann Aronsohn, MA, LMFT
626-441-5131
m.aronsohn@att.net
www.aronsohntherapy.com

The Thin Homeless Lady

By Carl Allen Totton March, 2016

*The thin homeless lady walks the streets after dark
Barking in the shadows at the ghosts who pursue
Speaking in tongues like a mad sailor boy
Whispering like a maiden who began as a child
With a mom, and a home, and a little puppy dog
Just like the rest of us before we lost it all
Crawling to our beds like a bug to the grave
Waiting for a time when it really was ok
To show who we were without a care in the world
Looking like a ghost whom the shadows would protect
With a mind that still worked and a faith still intact
Because she was once young and had a mother too
Who dreamed her little girl would always be safe and warm
Protected from the shadows and the ghosts who pursue
Lying in her bed without a care in the world
And never speak in tongues like a mad sailor boy
Or a thin homeless lady walking on the streets after dark*

Dr. Carl Totton is a licensed clinical & educational psychologist in private practice with offices in North Hollywood and Chatsworth. He specializes in working with adults, adolescents, and children with a wide variety of disorders. He is chair and professor of psychology in the school psychology department at Phillips Graduate University in Chatsworth. He is also a poet and Chinese martial arts and meditation instructor, and co-author of *The Book on Internal Stress Release*, 2015.

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What Didn't Go Wrong

By Emily Moore, MFT

Everyone has heard about the power of gratitude, and it works! Sometimes, though, when you don't feel particularly grateful for anything you have or anything that has happened to you, try thinking about what didn't happen. We humans tend to take a lot for granted. If you try to think of what bad things didn't happen that otherwise might have happened, it can be enlightening. For example, a little while ago in Brussels there were two horrible bombings, terrorist attacks. That didn't happen where I live. You could say, "Well, that's so far away - that doesn't have anything to do with me - those things aren't going to happen here," but those things could happen here. It was unexpected when planes slammed into the Twin Towers in New York, too. It could happen here today, but it didn't. Today I am lucky because I didn't die; I wasn't shocked by a sudden deafening noise followed by smoke and screams and darkness; I didn't have to escape from an underground commuter train close to a station that was just bombed; I didn't have to wonder in anguish whether my loved one was on that train or in that airport terminal. That is a dramatic example of what didn't happen today. There are lots more mundane examples: I didn't fall down on that dry, uneven, steep, slippery slope I walked down when I was up in the hills with my dog; I didn't drive down a narrow alleyway only to find it blocked by someone in a truck who wouldn't move and ignored me resulting in me backing up my car into a fence (partly because I was angry) causing \$4,000 worth of damage (on another day recently, I'm sorry to say, this did happen); I wasn't unable to find a parking space close to my office (found one right in front!); and nobody cut me off when I was driving. There are so many things that could have gone wrong today that didn't. Sometimes, when you stop to think about it, you can find yourself genuinely grateful, not for what did happen today, but for what could have, but didn't.

Randomly Reinforced

By Emily Moore, MFT

I remind clients of something I learned when we studied behaviorism in graduate school: randomly reinforced behavior is the most difficult to extinguish. This comes into play when, for example, a person is trying to understand why they remain in a relationship with someone whose behavior is abusive at times, but not all the time. There are a thousand applications of the principle, but the abusive relationship scenario is one in which the victim is often heaping lots of shame and guilt upon herself (not always a "she," but often) because she can't seem to extricate herself from someone who treats her poorly. "I'm so stupid - why don't I leave?" One of the reasons is, I explain, that the partner isn't always bad and that randomly reinforced behavior is the most difficult to extinguish. It's like the mouse that's being taught to run a maze. The trainer puts a piece of cheese at the maze's exit. The mouse smells the cheese and runs around trying to find it, until it finally does. The trainer does this over and over until the mouse comes to expect that the cheese will be there. The mouse becomes so well trained that, even if there is no cheese there a time or two, it will continue to run the maze in the hopes that the cheese will be there as it has been so many times before. If the trainer stops leaving the cheese altogether, the mouse will eventually figure it out and stop running - the mouse's behavior of running to the end of the maze will then be extinguished. The way to keep the mouse in the game for the longest possible time, however, is to reinforce the behavior at random intervals. So, the mouse runs: cheese. The mouse runs: no cheese. The mouse runs again: no cheese. The mouse runs again, CHEESE! Just when you think there will be no more cheese... CHEESE! It's what makes gambling so compelling. It is very difficult to stop doing something that sometimes has (or appears to have) a big payoff.



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Get Curious. Gain Skills. Be More Effective.



DBT Center
Comprehensive DBT treatment programs as well as individual, couples and family therapy.

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Get curious. Gain skills. Be more effective. Classes for anyone at our social emotional Learning Center.

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Parenting Workshops for parents of School-Aged and Teenaged Children beginning May 2016!



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Continuing education to enhance skills and self-care for professionals who serve others.

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 - DBT for Substance Use Disorders
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 - Overview of DBT Skills
- Group rates available!**

We offer practical approaches and expert tools for healing and personal development. Our staff provides counseling, education, guidance and support through a continuum of services.

Our mission: We seek to serve the community by offering high quality programs for mental health and personal growth across the life span.

Patricia Gieselman, MFT is our Founder and Executive Director. She has been providing mental health services to the San Gabriel Valley community for over 25 years. Patty and her team have a combined 20 years of DBT experience and believe wholeheartedly in "doing what works."

DBT Intensive Outpatient Program

Village Counseling and Wellness's Intensive Outpatient Program (IOP) is designed specifically for adults experiencing difficulties which require a higher level of care than our standard DBT program.

Our IOP gives clients the chance to receive a higher level of care while still living at home and participating in daily activities, e.g., school, work, family. Our goal is to help individuals transition from our IOP into our standard outpatient DBT program.

The DBT Intensive Outpatient Program meets three times per week. Over the course of the week, participants attend:

- One 50-minute individual therapy session
- Nine hours of DBT skills training and intervention



4405 Riverside Dr. Suite 203 Burbank, CA 91505
www.lifeworthliving.solutions

@villagewellness

Classified Advertising

GROUPS

Men's Healthy Relationships Group

This group is for men seeking to develop healthy and satisfying relationships with their partners. Men in this group are dealing with intimacy issues and disorders, i.e., conflicted, compulsive, addictive, and hyper-sexuality. Complements concurrent individual and/or couples therapy. Thursday 7:00 – 8:30 P.M. Glendale. D. Lee Stoltzfus, Ph.D. PSY 8607, MFT 6746, CSAT 818-248-1140

Men's Dating Support Group

Topics include dating skills and knowledge, where and how to meet eligible women, screening for compatibility, trouble-shooting problem situations, and receiving candid positive feedback. Clarify what you really want, make the best of yourself, build confidence, and meet more of the right women. Alternate Fridays 6-7:30pm, Glendale. Jim De Santis, Ph.D., C.G.P., Lic. #PSY10315, (818) 551-1714, JJDeSantis@aol.com or JJDeSantis.com

Gay Men's Personal Development

Group. Insight-oriented group addresses dating and relationships, career issues, and life-enrichment. Uses here-and-now small group dynamics to increase self-awareness, understand one's impact on others, and practice self expression. Second and Fourth Thursdays, 7-9 pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic # PSY10315, (818)551-1714 jjdesantis@aol.com.

Moving Through Bereavement. On-going supportive and educational group uses here and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818)240-1355.

Thriving with Diabetes. Ongoing supportive and educational group uses here-and-now discussion, as well as cognitive, psychodynamic, and biopsychosocial perspectives to optimize self-care and coping. Complements concurrent individual or conjoint psychotherapy for your clients. Consultation about a case, call Bonnie Cesak, LCSW, RN, Lic # LCS18570. Glendale, (818) 240-1355.

Post Traumatic Stress Disorder / Trauma / Sexual Abuse Survivors Process Group for Women. This group will allow survivors to share their abuse and recovery experiences, while providing a safe space for healing and to try out new, healthy coping skills. This group is targeted to sexual abuse, incest, assault, and rape issues. This is held every other Wednesday morning in Pasadena, CA. Please contact Cristina Mardirossian, LMFT at (818) 434-6051 for more information.

Men's Separation and Divorce Support Group.

For men either contemplating separation or divorce, going through it, or recovering from it. Communication with an estranged spouse, co-parenting, building a new circle of friends, dating, maintaining productivity at work, and achieving personal satisfaction with life. Wednesdays, 7:45-9:15 p.m., Glendale. Jim De Santis, Ph.D., C.G.P.,

Teen Talk Support Group. This co-ed support group is a safe place for teens to talk about everyday challenges with school, parents, relationships, and to get support from other teens. Increase self-esteem, healthy decisionmaking and self-awareness. Weds, 6-7:30pm. Glendale. Susan Chakmakian, MA, MFT, MFC41817 contact by 818-839-0390 or susan@susanchakmakian.com.

Write Your Life to "Right" Your Life. Writing group in Toluca Lake. This group meets once per week for 10 weeks; anyone can join any week as this is not a "chronological" process. Help your clients augment their therapy process by journaling and writing, even fictionalizing the stories of their lives into publishable works. I am both a licensed MFT in California and a professional writer and teacher of creative writing. Vickie.saxon@gmail.com or 818-640-3789.

Men and Women's Interpersonal

Therapy Group - A safe environment for adults to explore their issues and gain the support and feedback of other men and women. Members learn how to connect past experiences with present circumstances, to gain self-awareness and find new ways to cope and relate to others and find overall well-being. Thurs, 6:30-8pm. Glendale. Susan Chakmakian, MA, MFT. MFC41817. For more information: susan@susanchakmakian.com or 818-839-0390.

Divorce Class. The Law Collaborative hosts free family law classes on the second Saturday and fourth Wednesday of every month, as a free service to the community. An attorney answers questions and concerns of attendees regarding divorce, child support, child custody, and alimony. It is extremely beneficial to people currently affected by divorce in any way. If you would like more information on this topic, please call Courtney at (818)348-6700 or send an email to courtney@thelawcollaborative.com.

GROUPS FOR PROFESSIONALS

Consultation Group.

For experienced licensed therapists who are interested in contemporary psychoanalytic theory. The goal of this small group (limited to 5) is to provide a place for open, creative discussion of case material with the objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's ability to apply theory to practice, and more effectively using one's self in the clinical encounter. Tuesdays 12:00 – 1:45. For more information contact Larry Brooks, Ph.D., Lic. #PSY8161 (818) 243-0839 or dlarrybrooks.com

Consultation Group for therapists starting out in private practice.

Targeted to clinicians with less than 5 years of post licensure experience. This small group (limited to 5) will provide a setting to strengthen clinical skills as well as deal with the personal/professional challenges of being in private practice. It will utilize a contemporary psychoanalytic framework to discuss clinical material with objectives of deepening one's therapeutic work, enhancing one's clinical understanding, refining one's application of theory to practice, and more effectively use in one's self in the clinical encounter. Fridays 3:15 – 5:00 For more information contact Larry Brooks, Ph.D., Lic. # PSY8161 (818) 243-0839 or dlarrybrooks.com.

SERVICES INTERN/TRAINEE Process Group

Being an intern/trainee can be emotionally stimulating at the least! And while it's important to work through your counter-transference with clients, and learn more about your own relationships, it may be an expensive prospect while you are interning. A group may be just what you need. Get support from your peers and guidance from someone whose been there. 300 hours in 100 hours! Led by Susan Chakmakian, MA, MFT MFC41817. For info: 818-839-0390. susan@susanchakmakian.com

Business Consultation. Private, individualized how-to for mental health professionals and students/interns wanting to start a private practice. Formulate goals, identify optimal niches and target markets, design ethical and effective marketing strategy, write effective advertising materials, and track results. Flexible format uses in-person meetings, telephone, and e-mail. Jim De Santis, Ph.D. At (818) 551-1714 or JJDeSantis@aol.com.

Private Practice Office Forms. Field tested, up-to-date fast-start kit of forms includes patient intake, financial agreements, HIPAA notice, consents and releases, and clinical screening forms. CD-ROM, paper copy, or via e-mail. For more information or to examine samples, visit JJDeSantis.com.

The Therapist's Journey formerly known as Professional Development Programs is certified by the MCEPAA and BBS to provide continuing education to Psychologists, Social Workers, and Marriage and Family Therapists. The Therapist's Journey works with small groups of clinicians and agencies to design programs to meet your specific training needs. Call Dr. Larry Brooks at (818) 243-0839 or check out the website at dlarrybrooks.com.

PUBLICATIONS

Child Psychiatrist Directory. Concise list of 440 physicians who provide psychiatric services to children and adolescents throughout Los Angeles County available on the internet at JJDeSantis.com.

Subscribe to The Therapist's Journey, an E-newsletter that focuses on the subjective experience of doing psychotherapy in these changing times. Go to drlarybrooks.com.

Diagnostic Testing Directory. Free directory of 300 licensed psychologists throughout Los Angeles County who offer psychological assessment services: educational, neuropsychological, forensic vocational, custody, and general psychiatric differential diagnosis. View or download from www.JJDeSantis.com.

East San Gabriel Valley Directory. Free directory of 141 mental health professionals from Pasadena to Claremont, cross-indexed by specialties, services, second languages, and insurance accepted. View or download at www.JJDeSantis.com.

GAMHPA Members Directory. 120 licensed mental health professionals in the Glendale area, cross-indexed by specialties, services, second languages, and insurance accepted. This 65-page is available free at the GAMHPA website: gamhpa.org.

Group Therapy Directory. Free directory of outpatient psychotherapy groups in Los Angeles County. 650 facilitators and 1,600 groups. Directory has received over 30,000 views on the internet. View or download from www.TheGroupList.org.

Home Schooling. "Finding Your Way: Exploring Your Family's Educational Journey," a workbook of discussion topics and thought provoking exercises by GAMHPA member Michelle Barone, MFT. Learn more at michellebarone.com.

OFFICE SPACE FOR RENT

MIRACLE MILE Established Psychotherapy group sub-leasing office space. 3 furnished offices with views, waiting room, off-street parking and 24-hr security. Amenities included. Close to eateries and public transportation. Please email to info@cauleyassociates.com to inquire about availability and fees.

LA CANADA. Just completed office space in La Canada with private waiting area, therapist signal system, sound proofing, plus separate entrance and exit. There are a total of 4 offices within the suite, the building is very well maintained with security for both the building and suite. Similar to 595 Colorado in Pasadena but it's in La Canada! Learn more about from Debra Kessler, Psy.D at www.drdebrakessler.com

Eagle Rock Large, (16.5' x 12.5'), sunny, 2nd-floor, furnished corner office in Eagle Rock available all day Wednesday, Saturday, Sunday. Looking to sublease for full days. Available immediately, renting month-to-month. Includes utilities, shared waiting room, wi-fi,

copier, kitchen, free street parking. For more information, please call Emily Moore at 213-503-5553.

Glendale PT office space available for mental health professional. Comfortable, welcoming space located in Beautiful Landmark Bldg., corner of Brand and Broadway. Receptionist, waiting area, full kitchen. Great work environment. Call Laurie McDonough, LMFT 818/661-7147.

GLENDALE. Office space available five mornings a week plus Monday and Friday all day. Beautifully decorated with view toward mountains and Pasadena. Receptionist, copier, and full kitchen. Landmark building, corner of Brand and Broadway. Call Tina Clarfield, Ph.D., (818) 507-1550.

GLENDALE. PT space available for mental health professional. Attractive, upscale and professional building. Highly secured. Beautiful waiting area with refreshments available. Separate exit. Handicap accessible. Great networking opportunities. Newly painted and furnished tastefully. Floor to ceiling window with a view. Nearby freeway. Reasonable rates. Café within the building. Call Anita Avedian at (818) 426-2495 for more information or email her at avediana@aol.com.

PASADENA. Window office in attractive, cozy building. Shared waiting room in friendly suite. Office set up for kids or adults. Available all day Mondays, Fridays and on weekends. \$215/day/month or by the hour. Contact Bruce Hirsch (626) 395-7833 or drbruce@brucehirschphd.com

PASADENA. Office space available at 309 office at 711 East Walnut Street in Pasadena for reasonable rates. Includes free mentoring in helping you get started in your practice. Lovely office and free parking. Great location in the Playhouse district. Contact Debbie Hedgecock at 626-821-4028 for info.

SILVERLAKE. Spacious and sunny 2nd floor office available Fridays after 12 PM and Saturdays after 11 AM. The Silverlake Avenue location is ideal for therapists wishing to serve the East side communities of Echo Park, Silverlake, and Los Feliz. We are "freeway close" -- just a few minutes from the 2, the 5, and the 101. Please call Anita Frankel MA MFT at 323-661-0297.

BURBANK. Office space to share. Available Monday-Friday all day, plus some evening and weekend hours if needed. Located in the heart of Toluca Lake at 10000 Riverside Drive (across from Paty's). Rent is less than \$400/month depending on time needed. Waiting room, plus comfortable, bright corner therapy office. Vickie Saxon: 818-640-3789 or Vickie.saxon@gmail.com

BURBANK. Comfortable, warmly decorated office space available in therapy suite. Medical building close to Toluca Village, St. Josephs Hospital, NBC, Disney and freeways. All amenities supplied, including call light. Available on hourly, daily or monthly basis Contact: Miriam Davis, MFT at (818) 848-3022 or

miriamdavis@verizon.net

GLENDALE. Competitive rent for furnished office (with waiting and common room) on Brand. Available in half and full day blocks with best rates for multiple days; includes internet, call light, printing, etc. Accessible by all freeways (134, 5, 2). Covered parking included for Therapist and guest parking. Contact Susan Chakmakian, MFT at 818-839-0390 or email at susanchak.mft@gmail.com.

BURBANK. Inviting office space available for sublease at 4444 Riverside Drive. Located between Bob's Big Boy and Paty's Restaurant. Convenient parking. Reasonable rent. Available weekday mornings, all day Saturdays, and all day Sundays. Free group consultation with experienced and supportive officemates on Thursdays at noon. Contact Wendi Svoboda, LCSW at (818)288-6711 or wsvobodalcsw@yahoo.com.

BURBANK. Fully furnished office with a cozy, yet professional style. It is centrally located in a quiet area in Burbank close to the studios and near the Golden State Freeway. Parking is ample and free. If interested, please call (818) 848-5653.

Call for Submissions
We want to hear from YOU!
GAMHPA is looking for mental health articles, essays, or case studies (under 1000 words) for our upcoming issues.
Submit to Suzette Bray at suzette@villagecounselingandwellness.com

GAMHPA

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(818) 771-7680
www.gamhpa.org

MISSION

GAMHPA was founded in 1992 by a few local area mental health professionals in private practice. Within several years, it grew to over 100 members. Our mission is to advance professional development through networking, continuing education, and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline, reflecting real patterns of professional referral. We are an interest group only and do not provide referrals to the community. We are not a profit making organization.

MEMBERSHIP

Download an application form from our website. Full member dues for licensed mental health professionals, \$60 per year. Associate Member dues for students, interns and others, \$35 per year. Organizations, \$125 per year. Dues may be deducted as an ordinary and necessary business expense but not as a charitable contribution.

BENEFITS

Members receive a number of exclusive benefits. Members can present a talk or publish an article on a professional topic. They are listed in the annual membership directory, distributed to the local professional mental health community and posted on our website. They have access to our internet discussion group.

Members can place free classified ads and receive discounted rates for display ads and inserts, and mailing list labels. Members are automatically entered for free newsletter advertising. They receive reduced rates for continuing education. New members can submit a brief professional biography for publication in the newsletter.

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NEWSLETTER

The GAMHPA Newsletter is published quarterly on our website. Notices of publishing are distributed to the local mental health community, including Glendale, Burbank, Pasadena, La Crescenta, La Canada Flintridge, Los Feliz, and Silverlake. Contact us to be added to our mailing list. If you have changed your email address, or mailing address, or wish to discontinue delivery please notify us.

EDITORIAL POLICIES

GAMHPA encourages members to contribute articles of scholarly or clinical interest for publication. Submissions should be forwarded to Editor Suzette Bray at suzettebraymft@sbcglobal.net.

Opinions expressed in this newsletter are not necessarily those of the Association or its members. GAMHPA does not endorse any of the products or services advertised.

Newsletter Deadlines:

July/Aug/Sept 2016 Issue June 1
Oct/Nov/Dec 2016 Issue Sept 1
Jan/Feb/Mar 2017 Issue Dec 1
Apr/May/June 2017 Issue Mar 1

ADVERTISING

All advertising questions should be directed to Suzette Bray at suzettebraymft@sbcglobal.net. Classified and display ads run for one issue. Advertising for services by psychologists or psychological assistants must include the license number of the psychologist. Advertising is accepted up to one week before publication.

Advertising Rates:

Item	Member	Non-Member
Classified Ad	Free	\$25
1/8-page display ad	\$25	\$50
1/4-page display ad	\$50	\$75
1/2-page display ad	\$65	\$90
Full-page display ad	\$100	\$150

Mailing lists are available. Contact Jim De Santis at: jjdesantis@aol.com.

Rates:	Member	Non-Mem
Mailing list, printed	\$25	\$25
Mailing list on labels	\$30	\$40
Mailing list on disk	\$70	\$80
Member e-mail list	\$20	\$30